## CHOCOLATE MANIFESTO

Chocolate accompanies you in your healthiest moments.

Take your time in eating some chocolate.



#1

KEEP YOUR BODY IN SHAPE, PRACTICE SOME EXERCISE.



#2

DO NOT ABUSE OF ITS CONSUMPTION.

#3

DO NOT INGEST
MORE THAN 30G.
OF CHOCOLATE
PER DAY.
(2 OUNCES)



# 4

MAKE DARK

CHOCOLATE YOUR

FAVOURITE FLAVOR.



# 5

DO NOT GIVE THIS SWEET TO ANY ANIMAL.





# 6 MAKE SURE TO EAT CHOCOLATE WITH MORE COCOA THAN SUGAR.

