



THE BEST WAY TO LIVE WITH CHOCOLATE

1. EAT MORE DARK CHOCOLATE
2. EXERCISE REGULARLY
3. CHOCOLATE IS THE BEST WAY TO MAKE SOMEONE HAPPY
4. DON'T FORGET TO BRUSH YOUR TEETH!
5. KEEP PETS FAR AWAY FROM CHOCOLATE!

KEEP CALM AND EAT CHOCOLATE

1. DISCOVER WHERE THE CHOCOLATE YOU EAT COMES FROM
2. LEARN ABOUT THE COMPONENTS THE FOOD YOU EAT HAS
3. DON'T EAT CHOCOLATE IN EXCESS
4. TRY EATING CHOCOLATE IN MANY DIFFERENT FORMS
5. START EATING VEGAN CHOCOLATE

