

VÄLKKÄRI- PROGRAMME



What or who is Välkkäri-tutor?



- Välkkäri is a 5-9th grade student who is interested in sports and tutoring others.
- Välkkäri operates as a activity tutor for others pupils during the breaks.
- Välkkäri can work as a peer tutor for their own age group or for younger pupils at their own school.

Välkkäri-tutor guides breaks between lessons where there is:

ALL FORMS OF PHYSICAL
ACTIVITY AND PLAY 😊

How do you become a Välkkäri-tutor?

- Välkkäri-tutors are trained at their own school either by their own Välkkäri-teacher or by special Välkkäri instructor.



Goals for Välkkäri-programme

- Breaks between lessons are active and full of movement.
- Breaks offer pupils a chance to be and do things together.
- Different grades and age groups meet each other during the games and play.
 - A chance of making new friends!
- Older pupils learn to take responsibility for younger students and give them a feeling of a safe environment in school.

How does it work?

- One teacher takes care of Välkkäri-programme in school.
- Teacher makes a list where Välkkäri-tutors can reserve turns for Välkkäri-breaks.
- Välkkäri-tutors present the plan for the break to the teacher day before they have the Välkkäri turn.

Pupils are excited to work as a tutor!

- After the training they get their own whistle and safety vest.
- They are encouraged to take responsibility.
- The training gives them tools and tips that certainly help them in later life.

