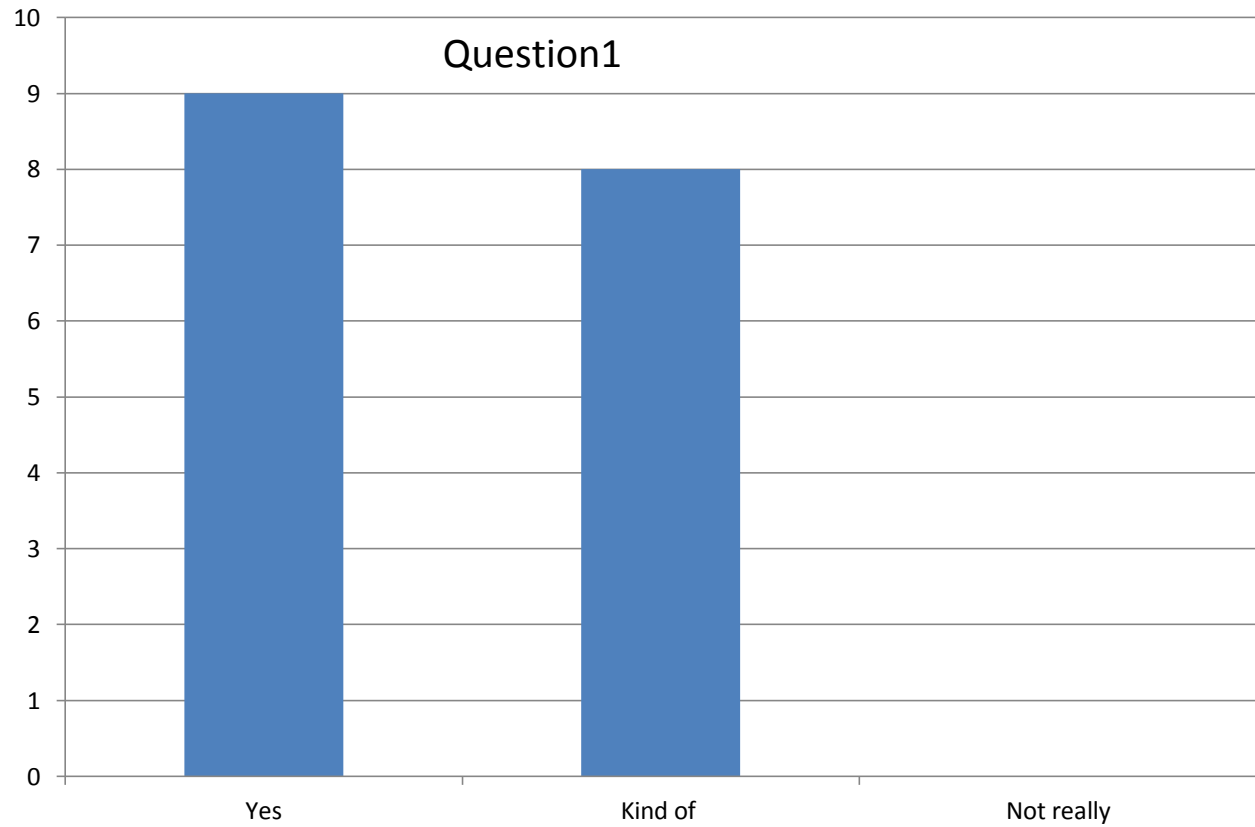
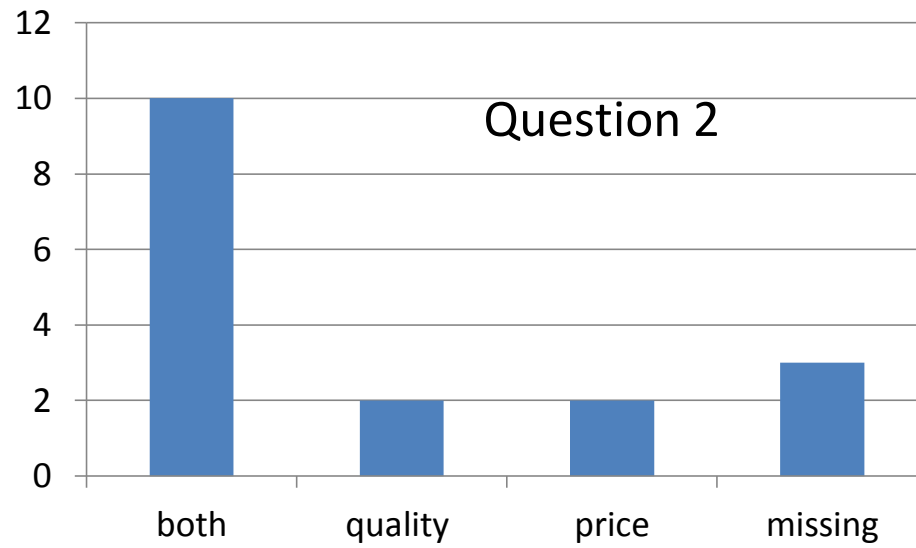


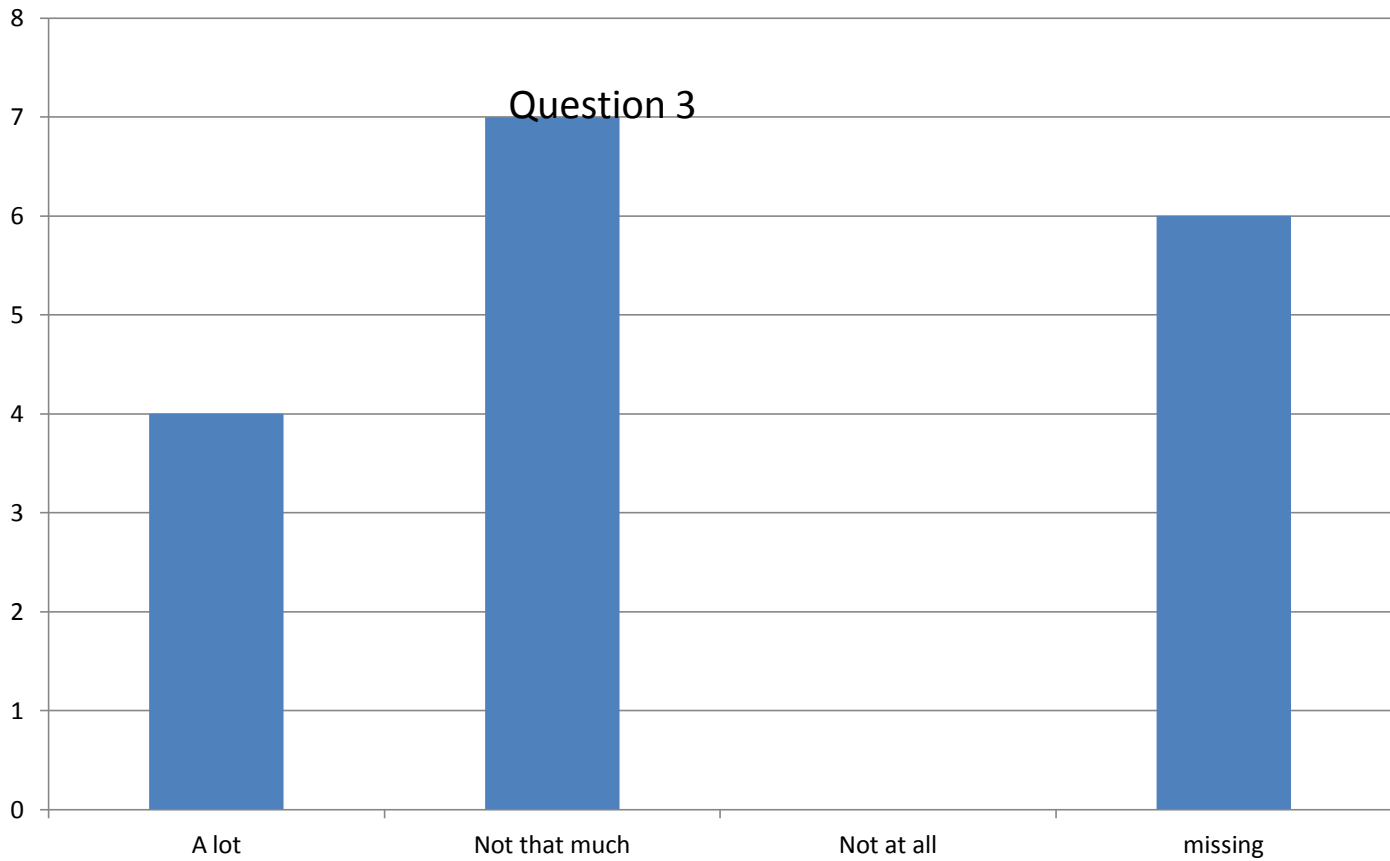
Do you consider an healthy person?



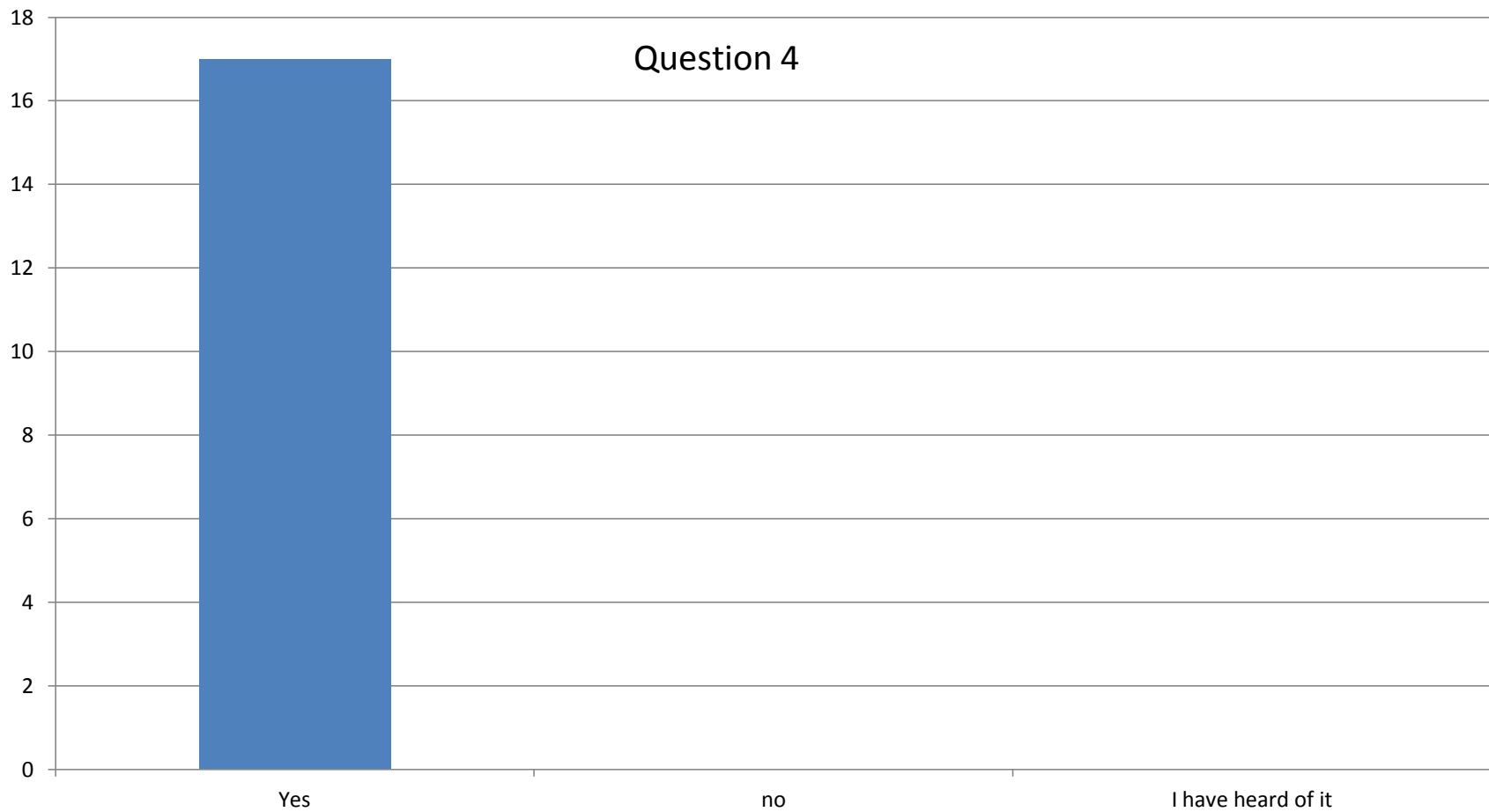
Do you look of the price or of the quality when buying the food?



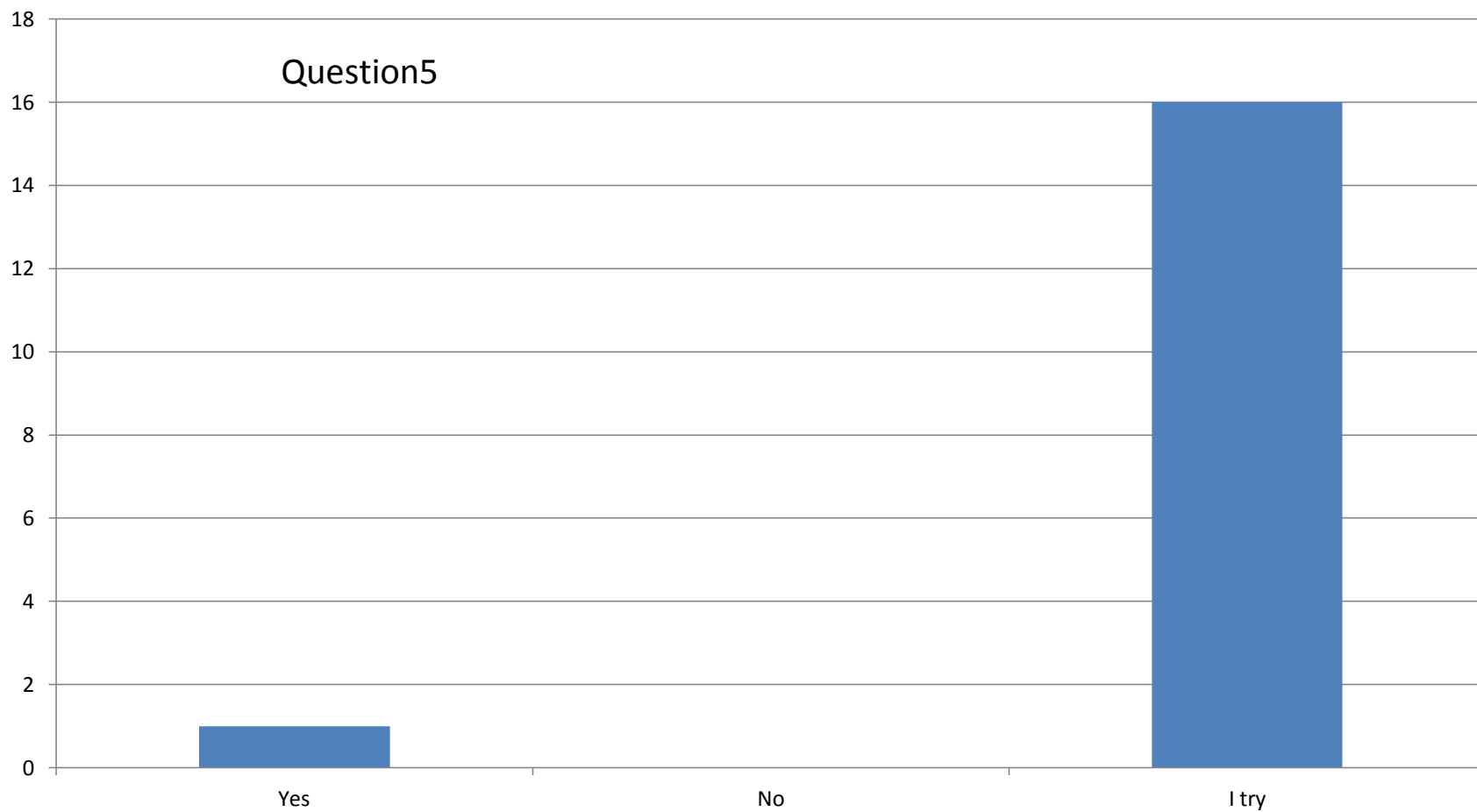
How much do you care about healthy eating ?



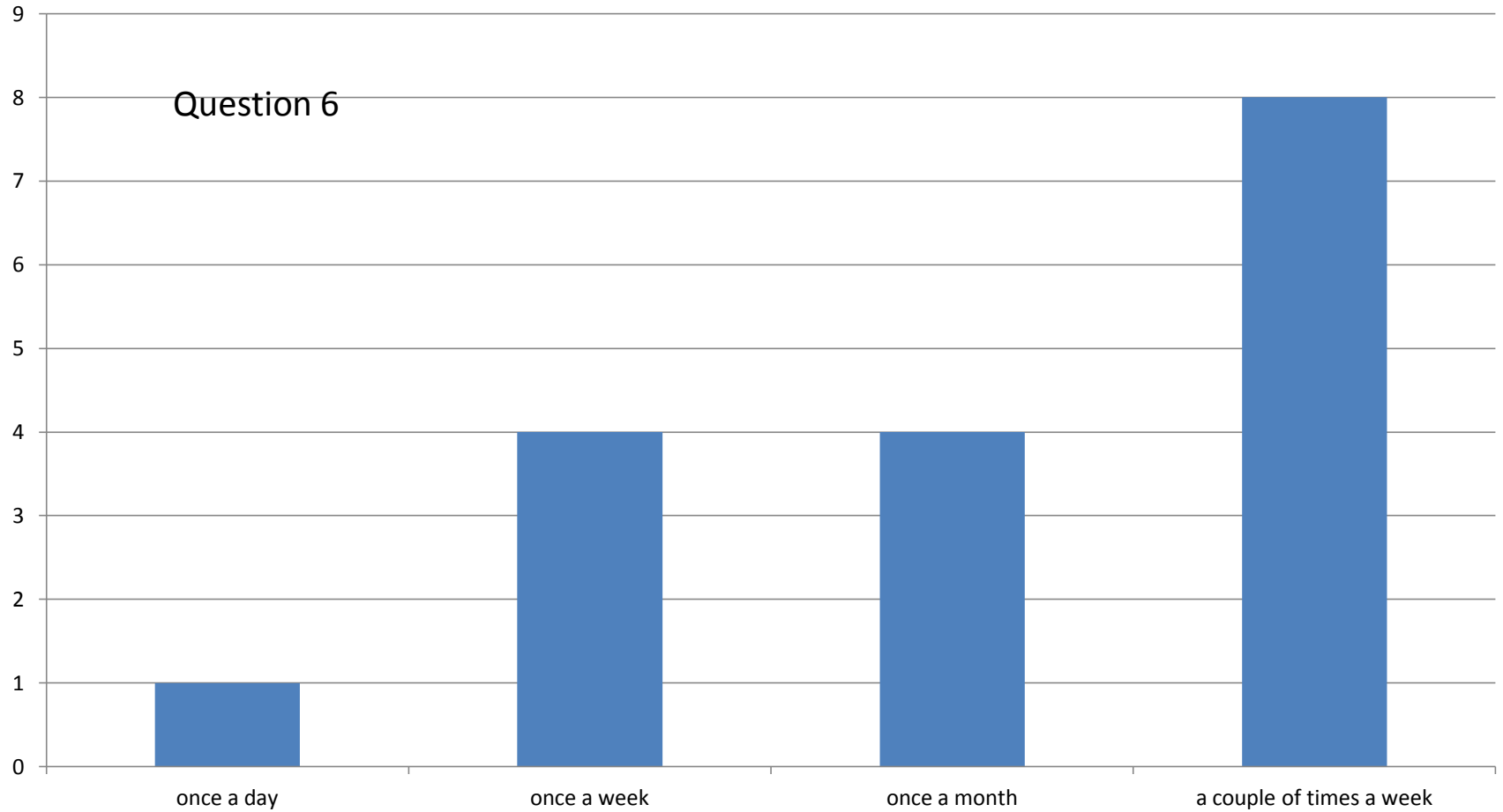
Do you know what the food plate is or the food pyramid is?



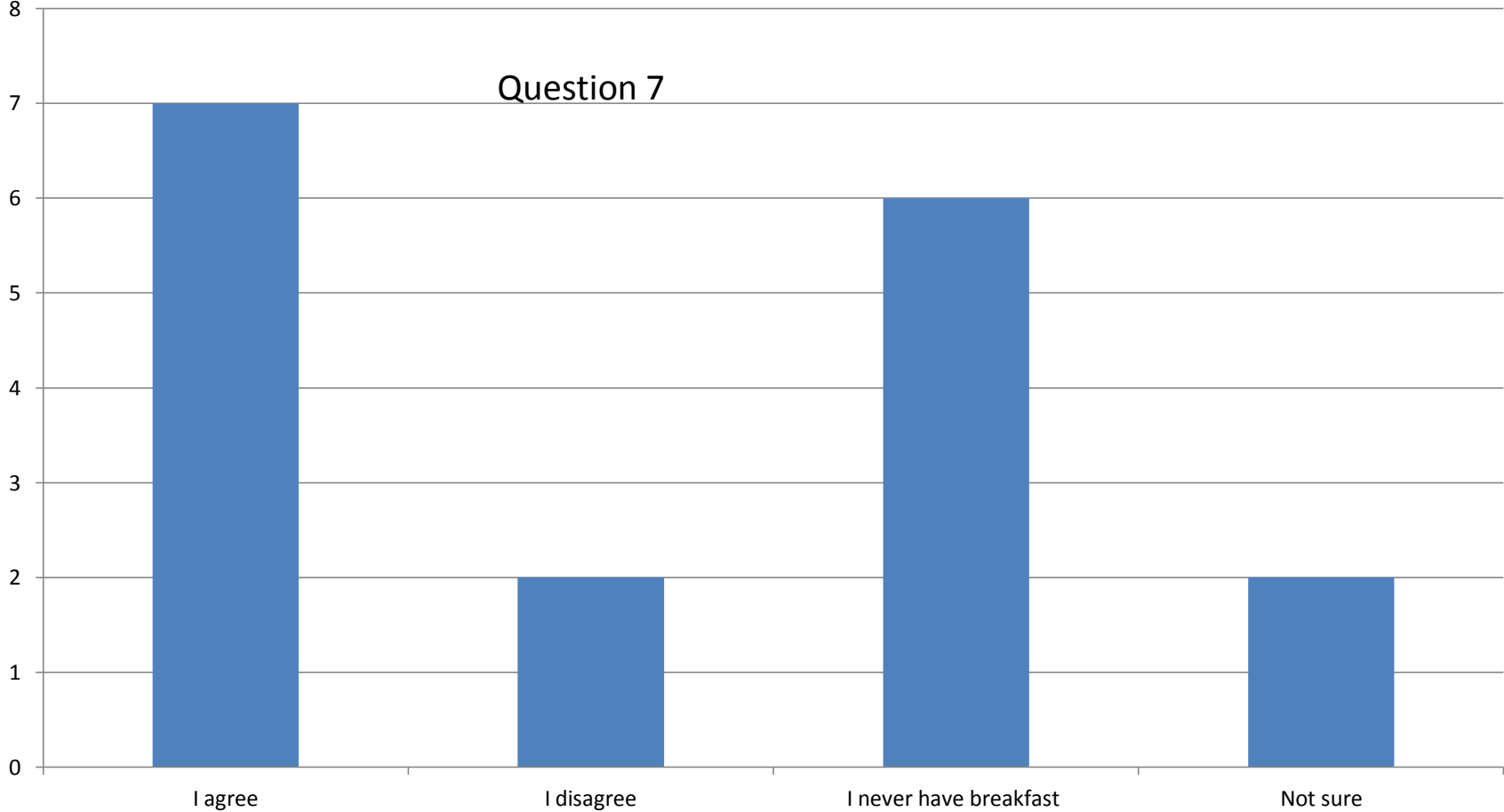
If so, do you eat accordingly to the food pyramid of the food plate?



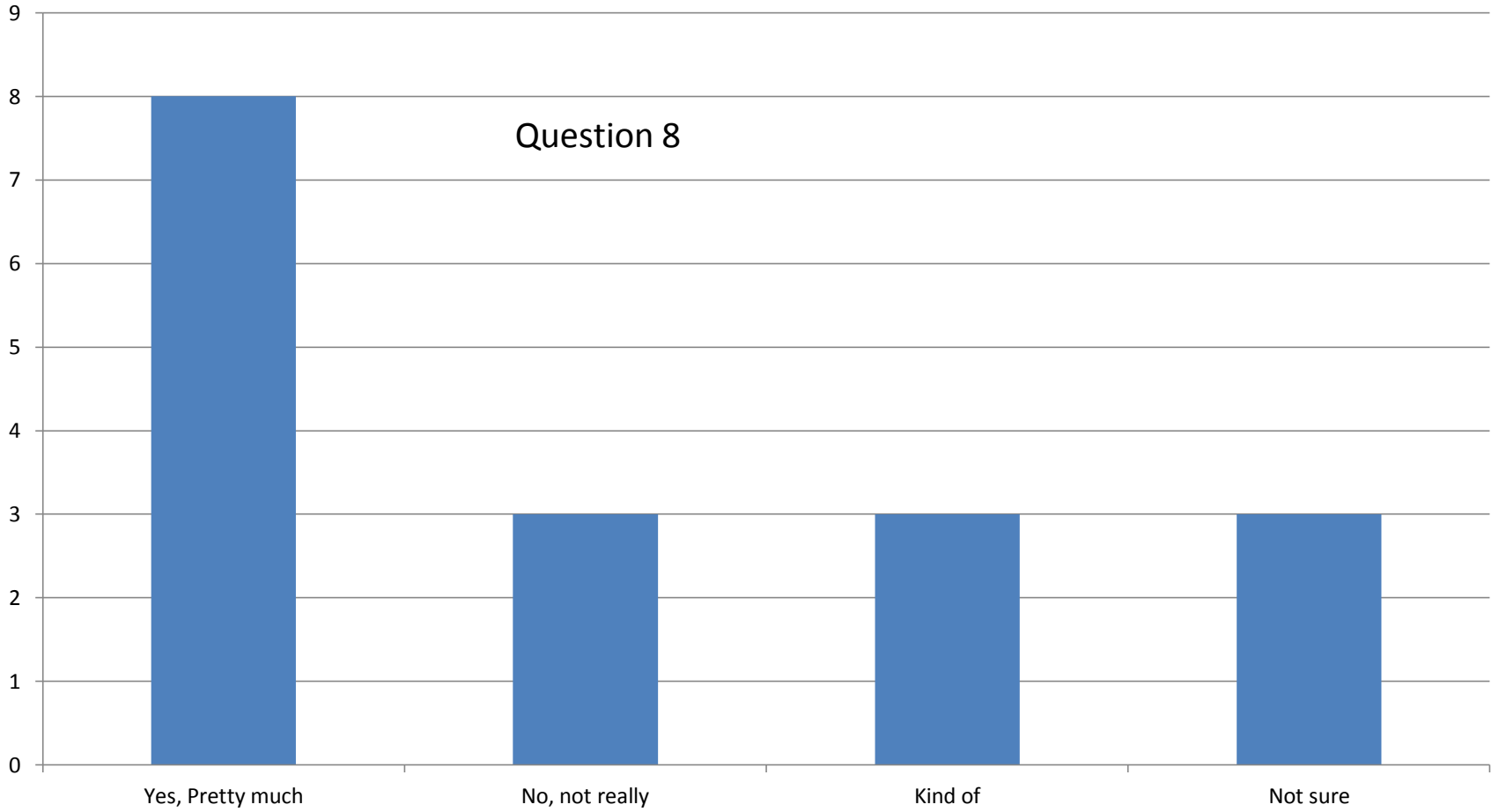
How often do you eat junk food (chips , crips, burgers..)?



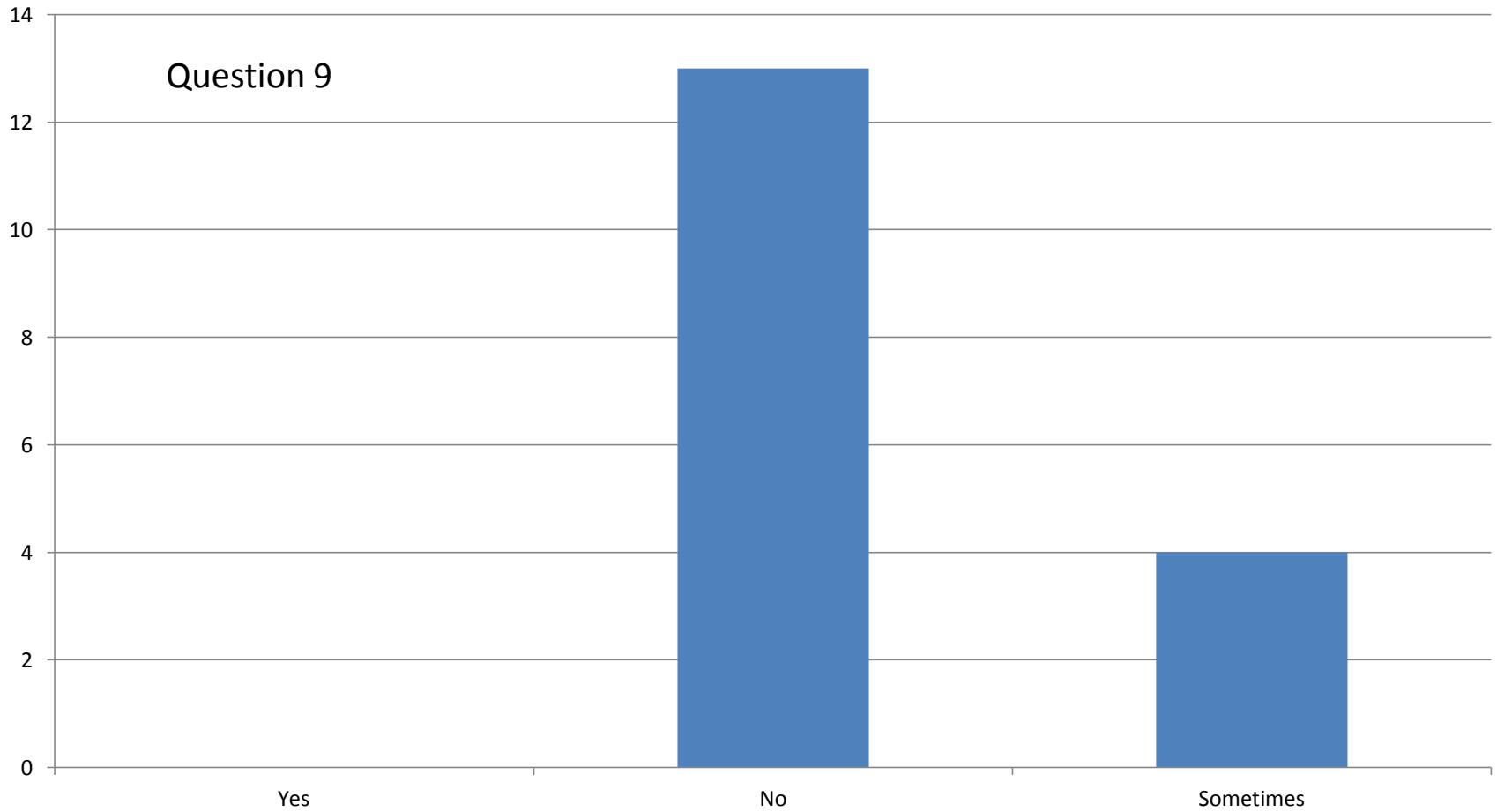
Do you agree with the quote: "Breakfast like a King, lunch like a prince, dinner like a pauper?"



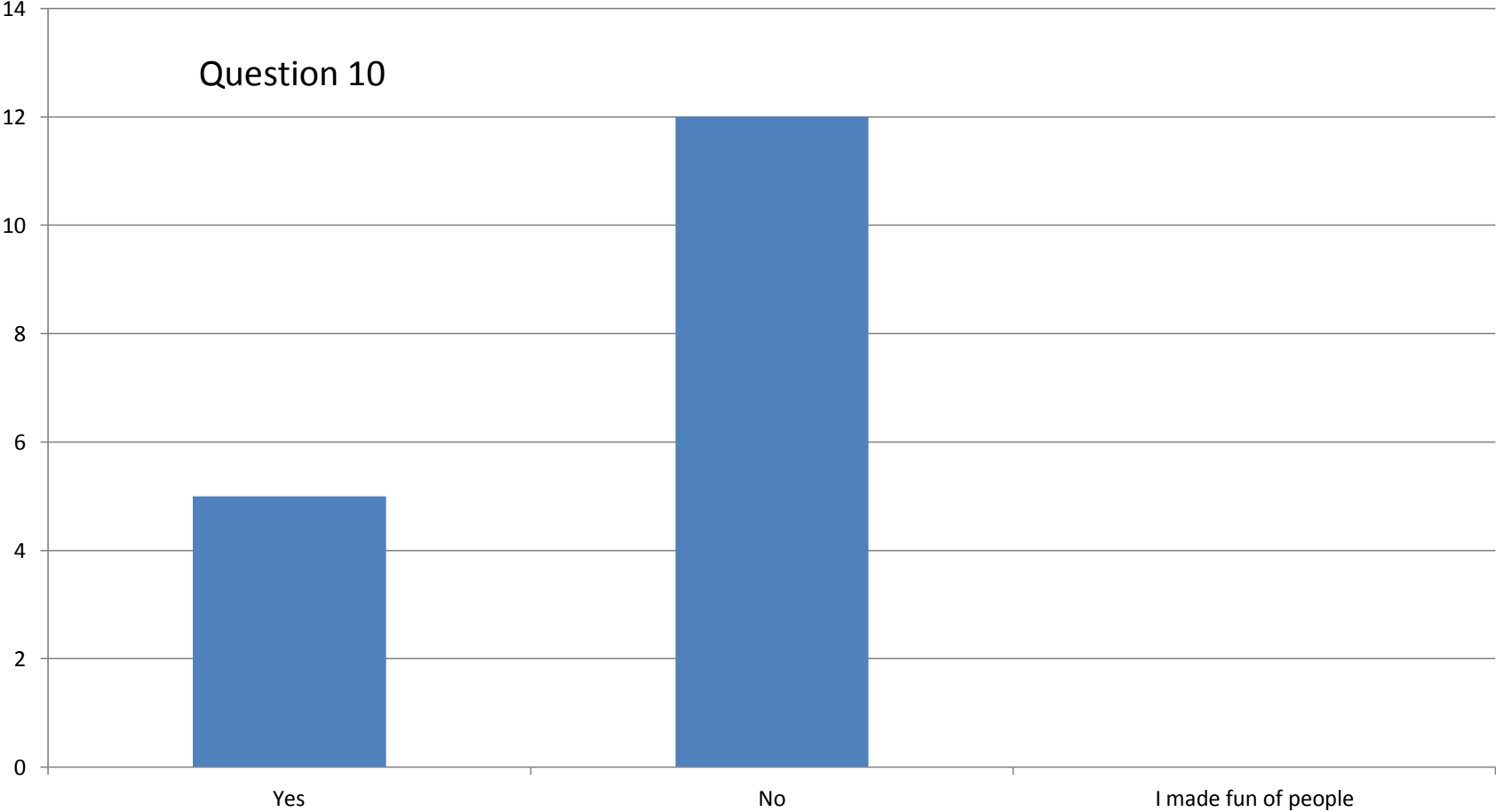
Are you happy with your body?



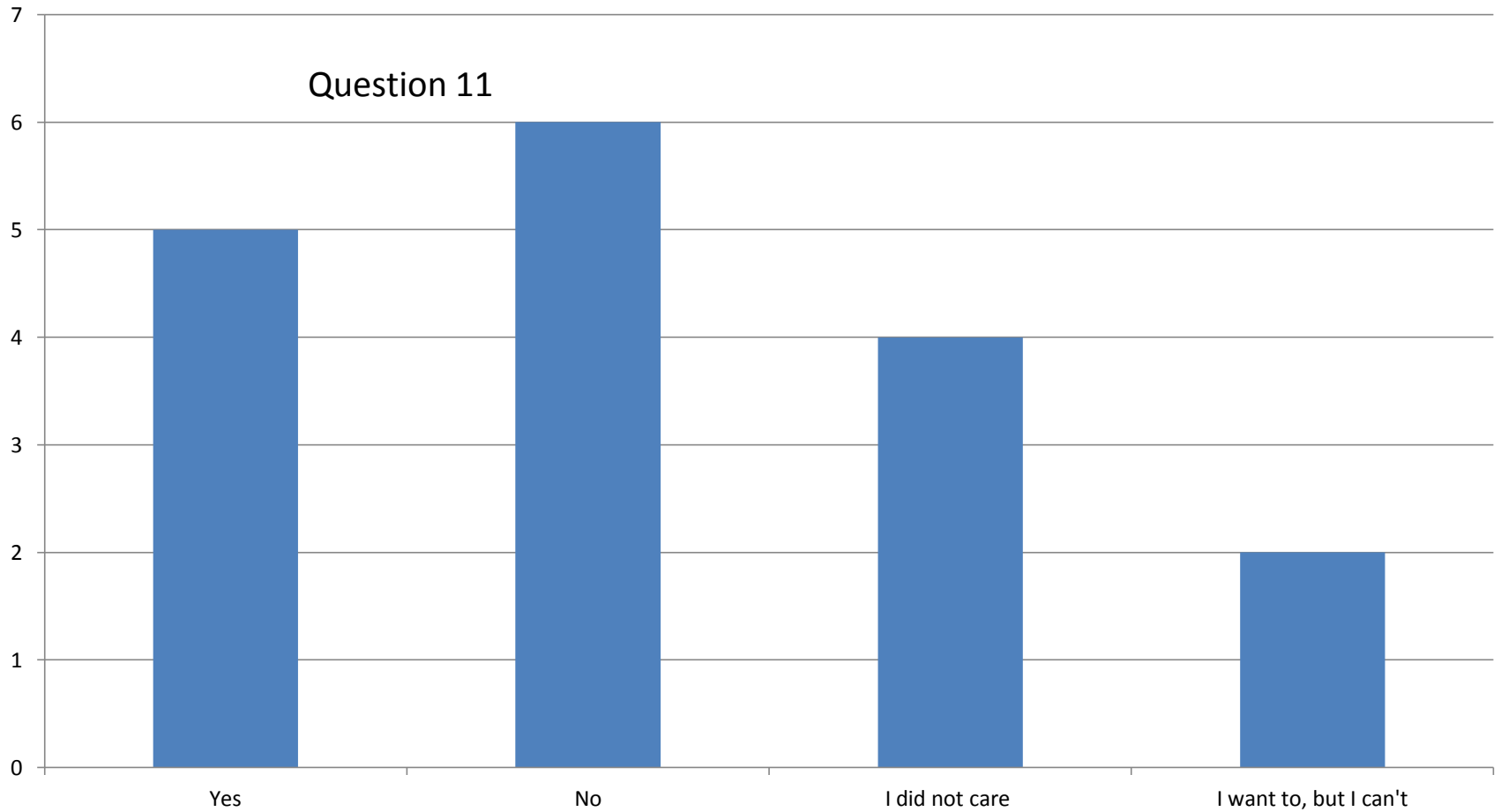
Does social media have an impact on how you see yourself?



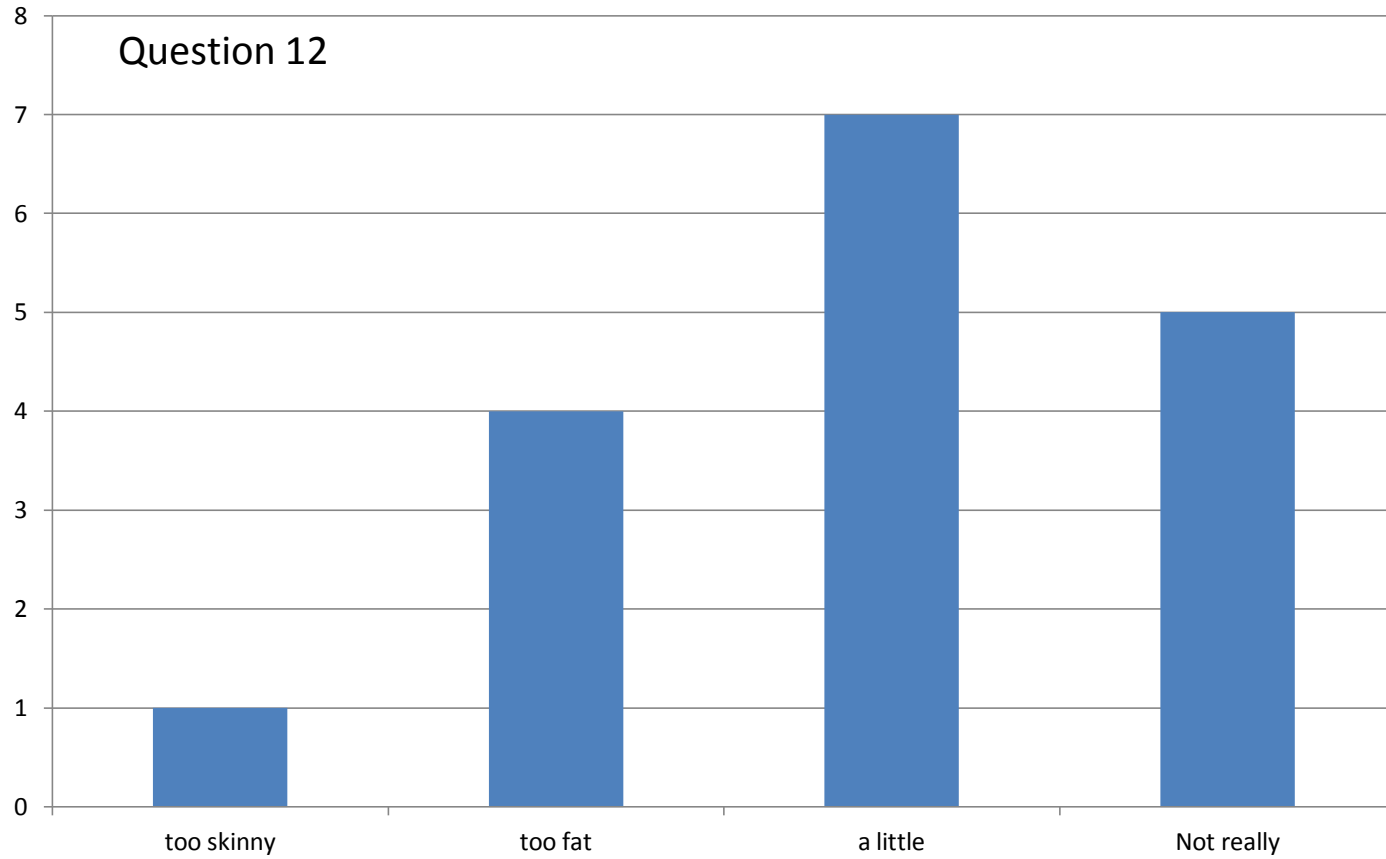
Have you ever been made fun of because of the way you look?



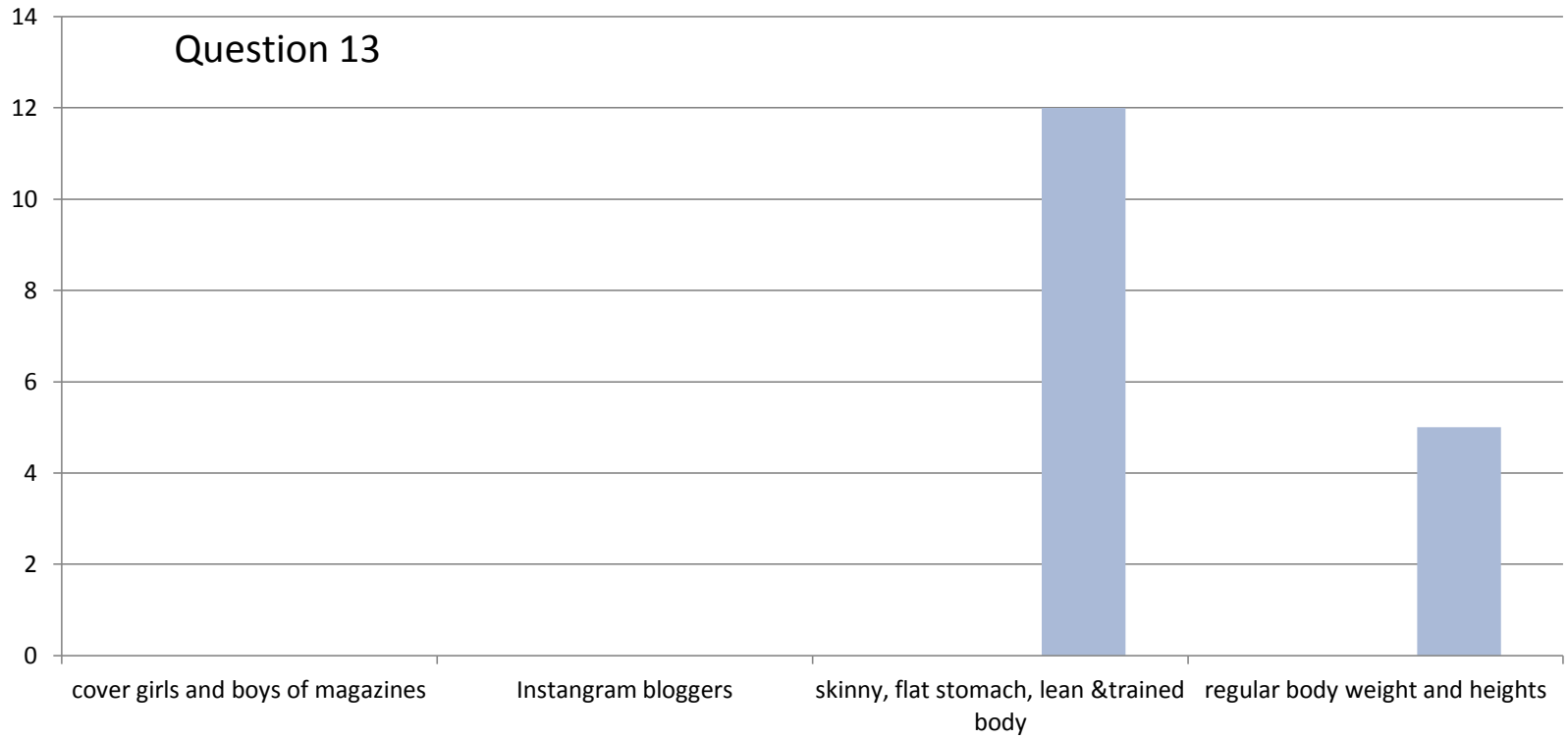
Did the way others commented your look make you change something about yourself?



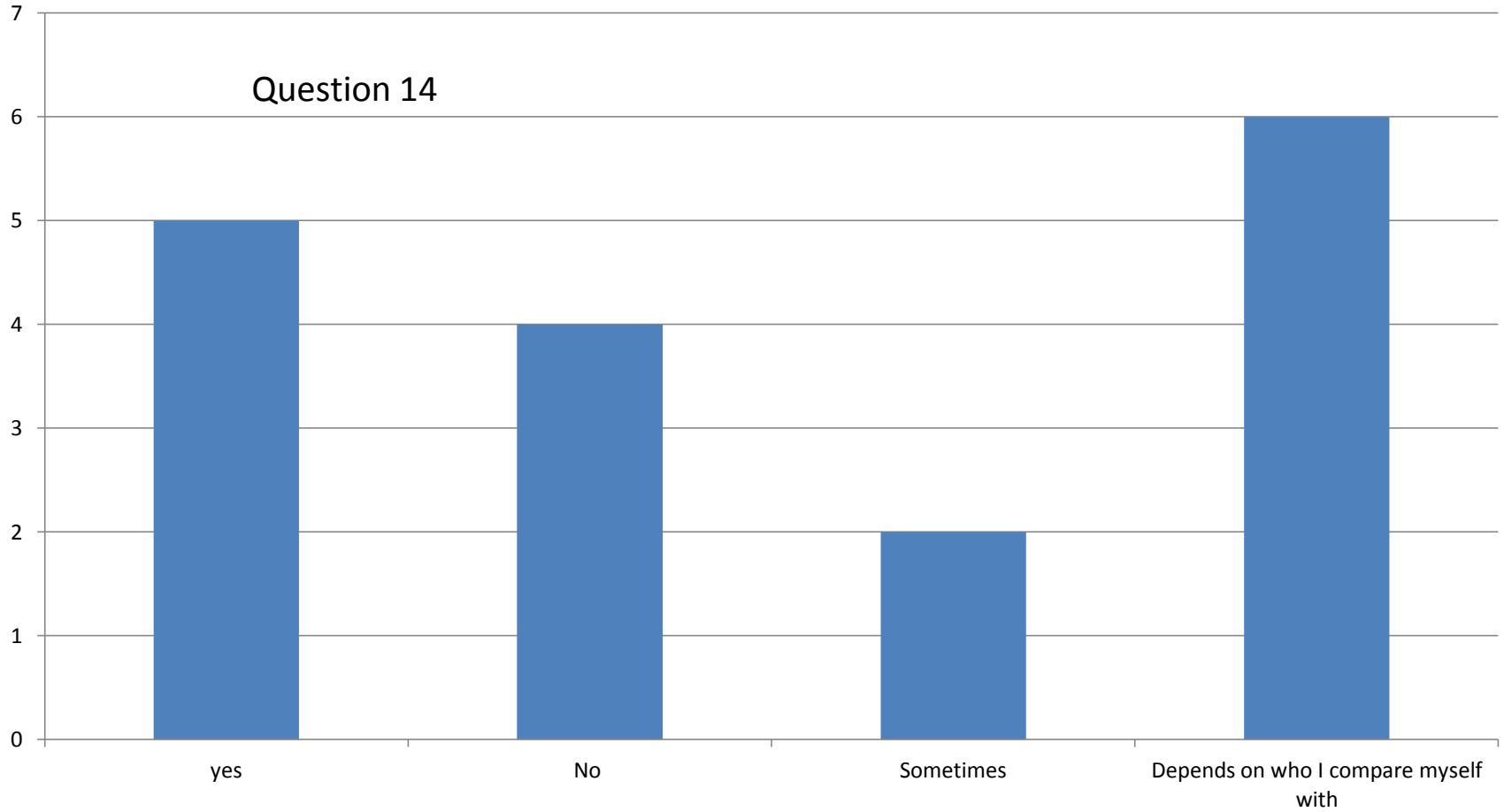
Do you think you are too skinny or too fat?



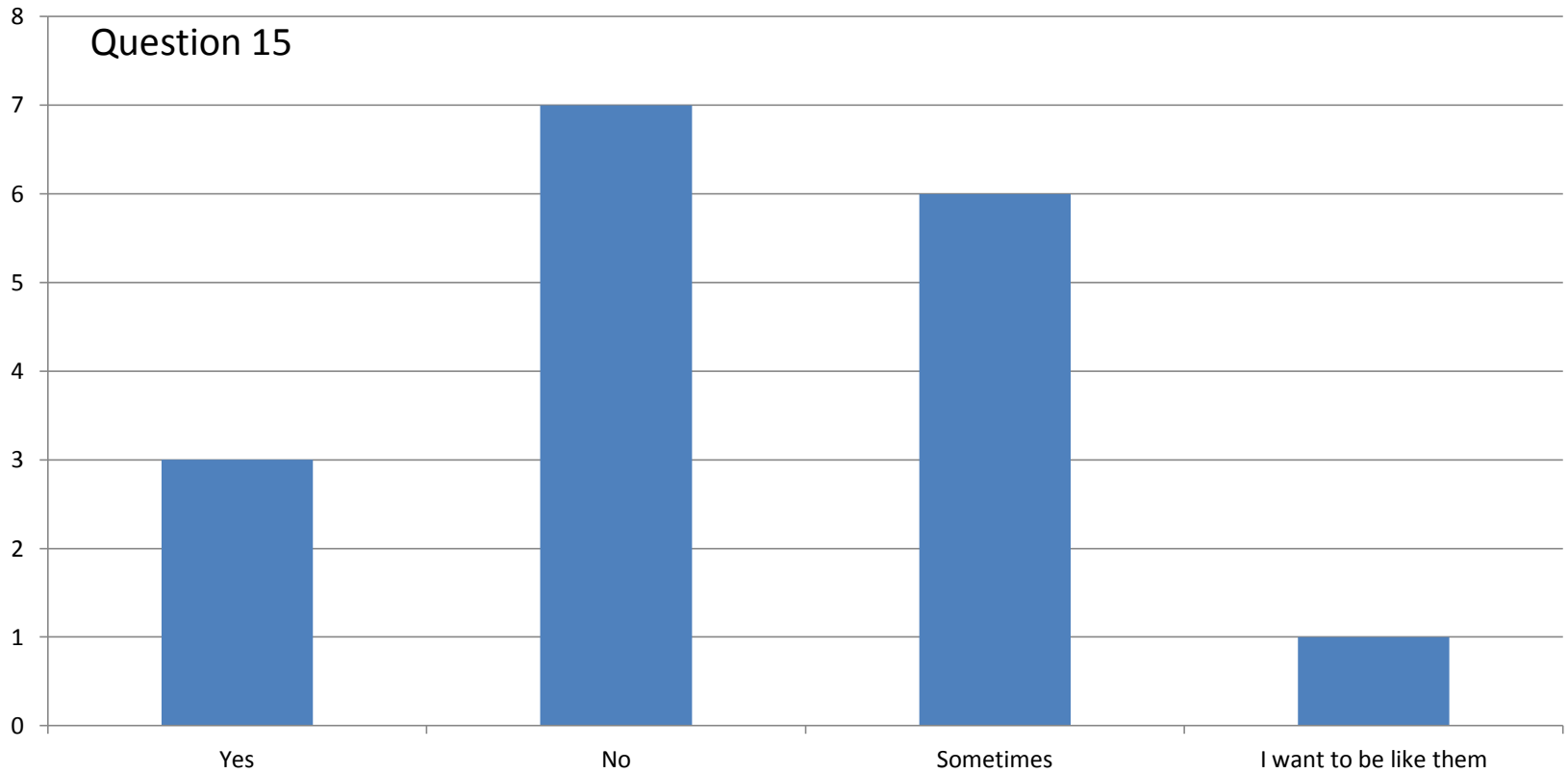
What do you think of when hearing healthy body ?



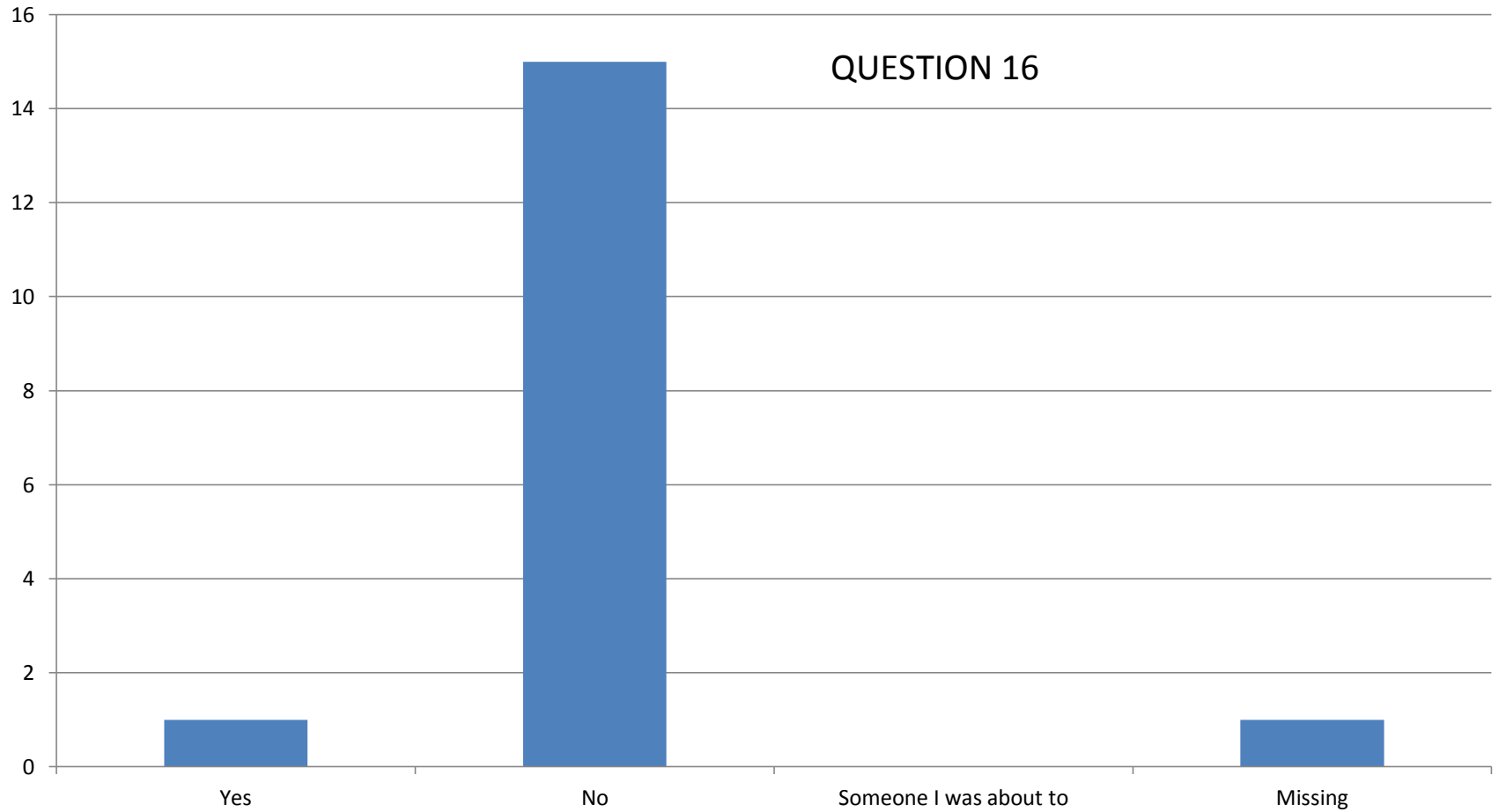
Do you think you are beautiful the way you are?



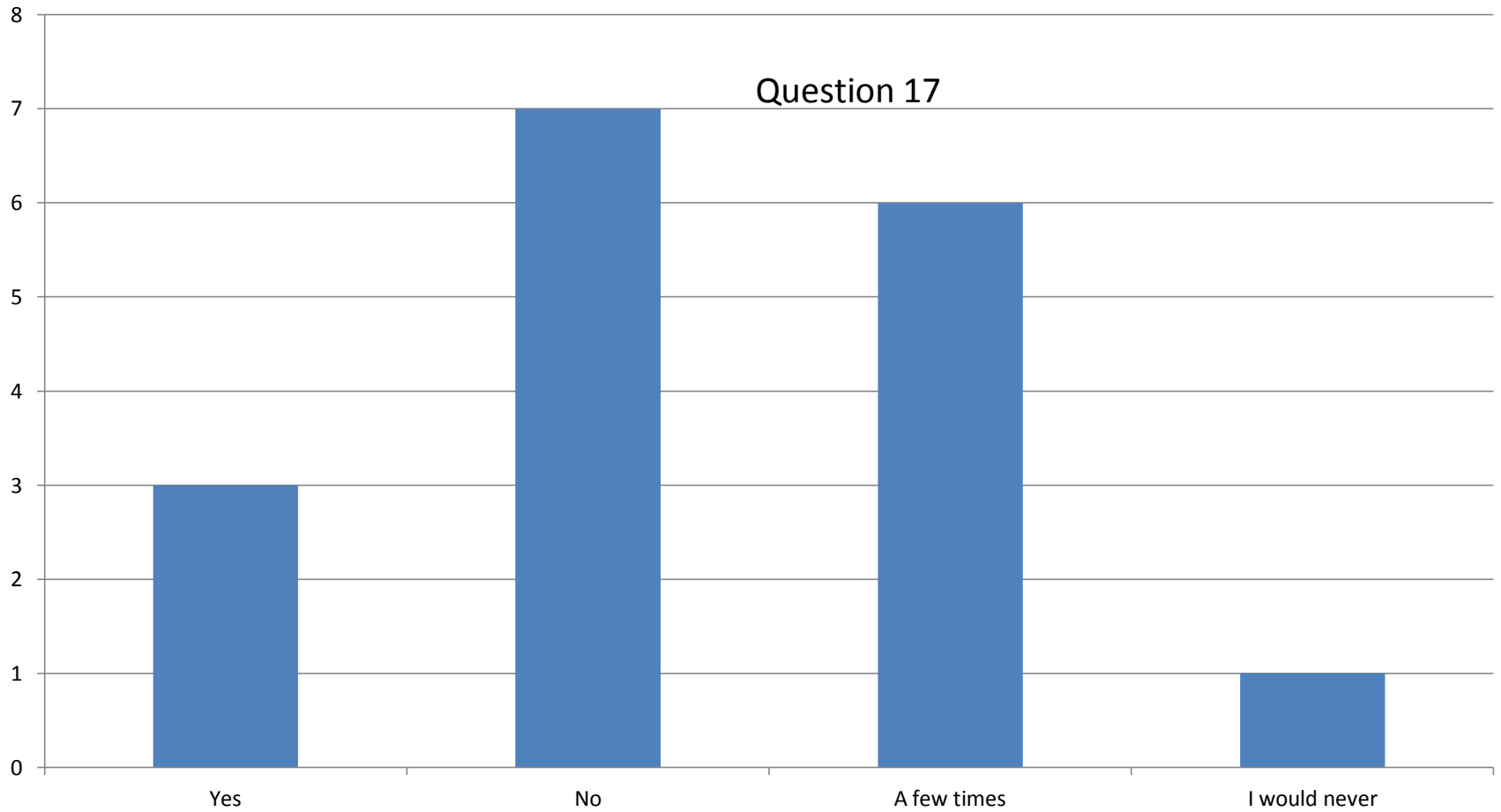
Do you compare yourself to the look of social media influencers and bloggers (or others)?



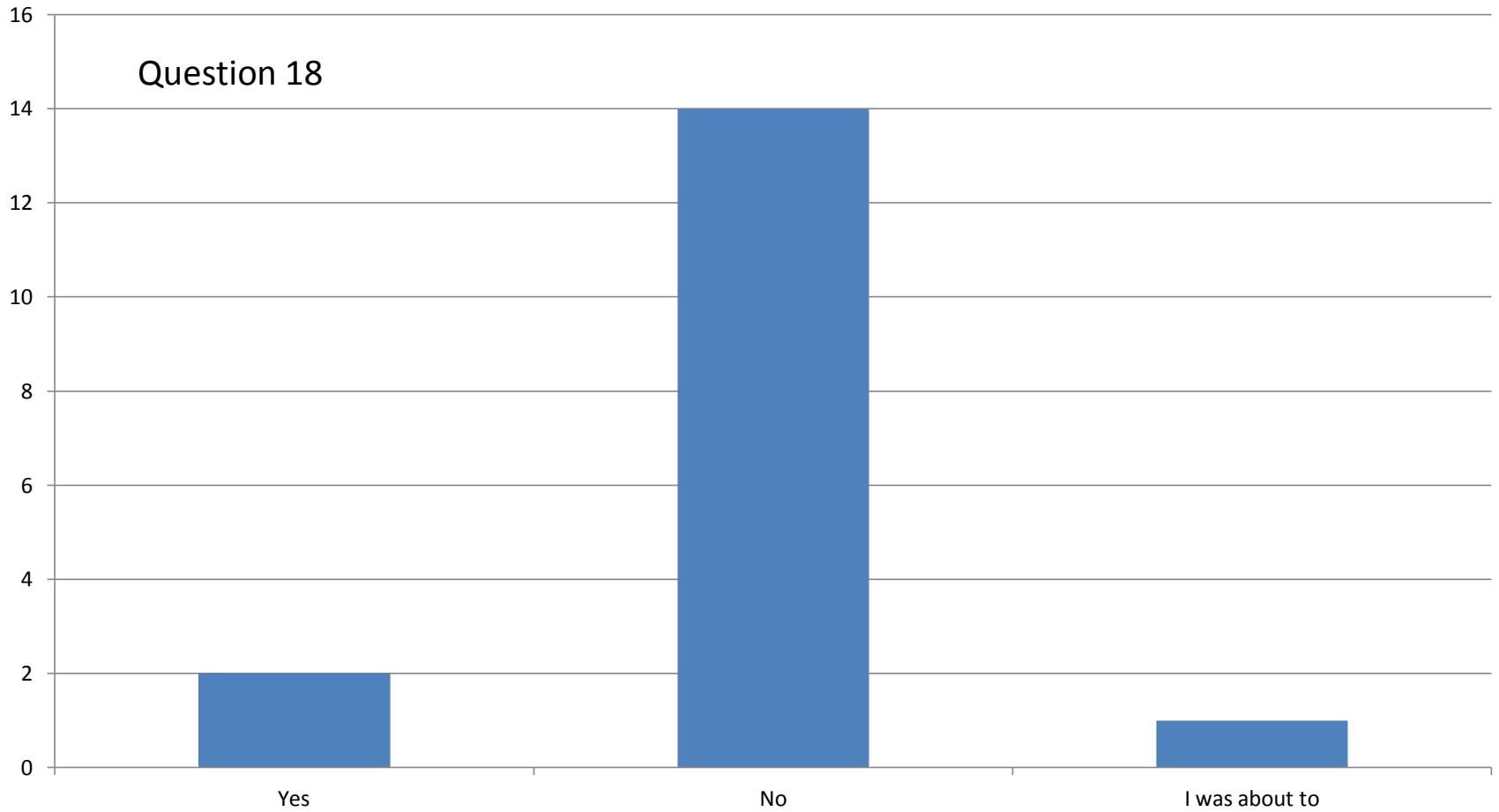
Do you know someone who has or had an eating disorder ?



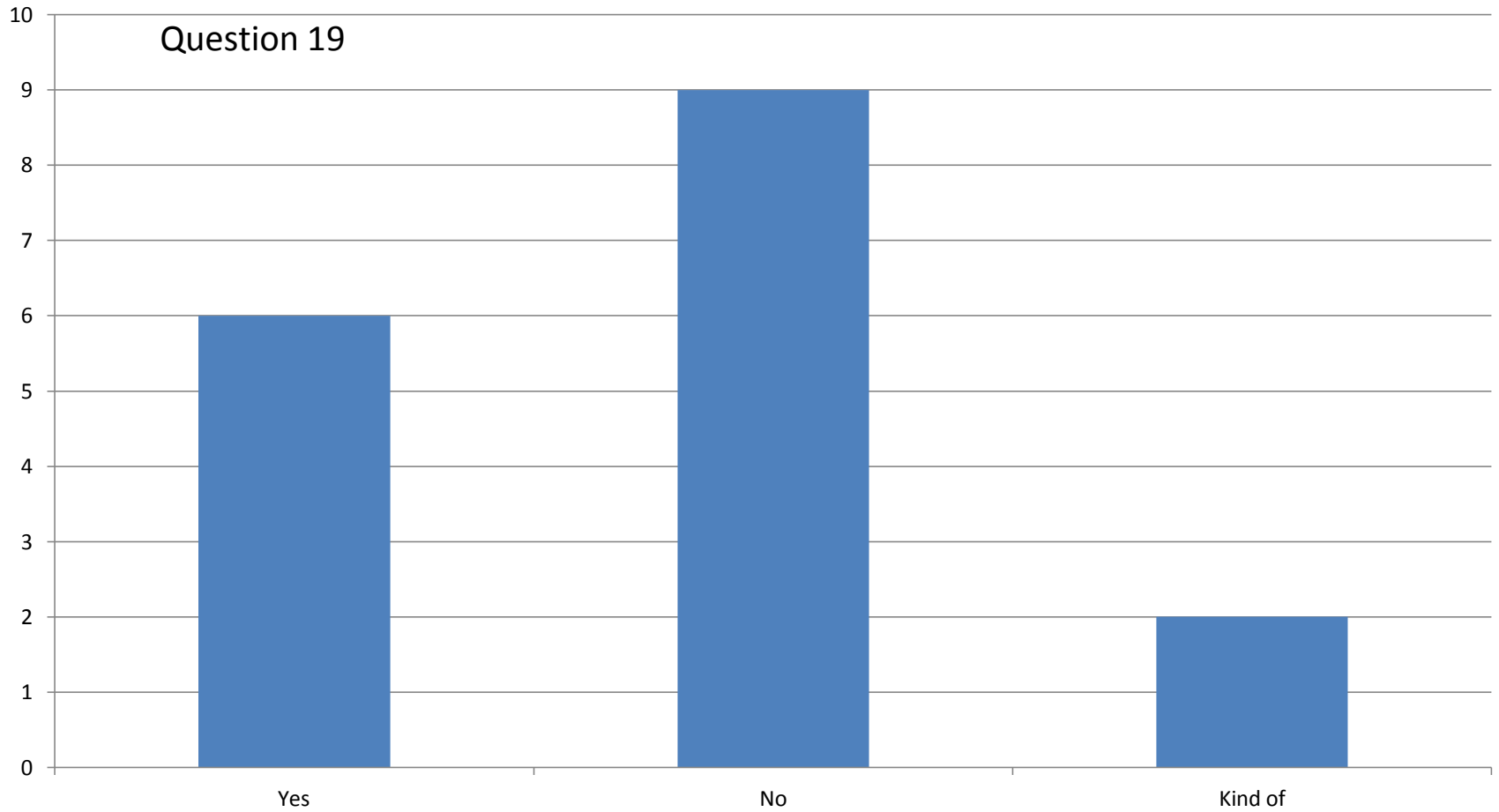
Have you ever done a diet, counting calories or something similar?



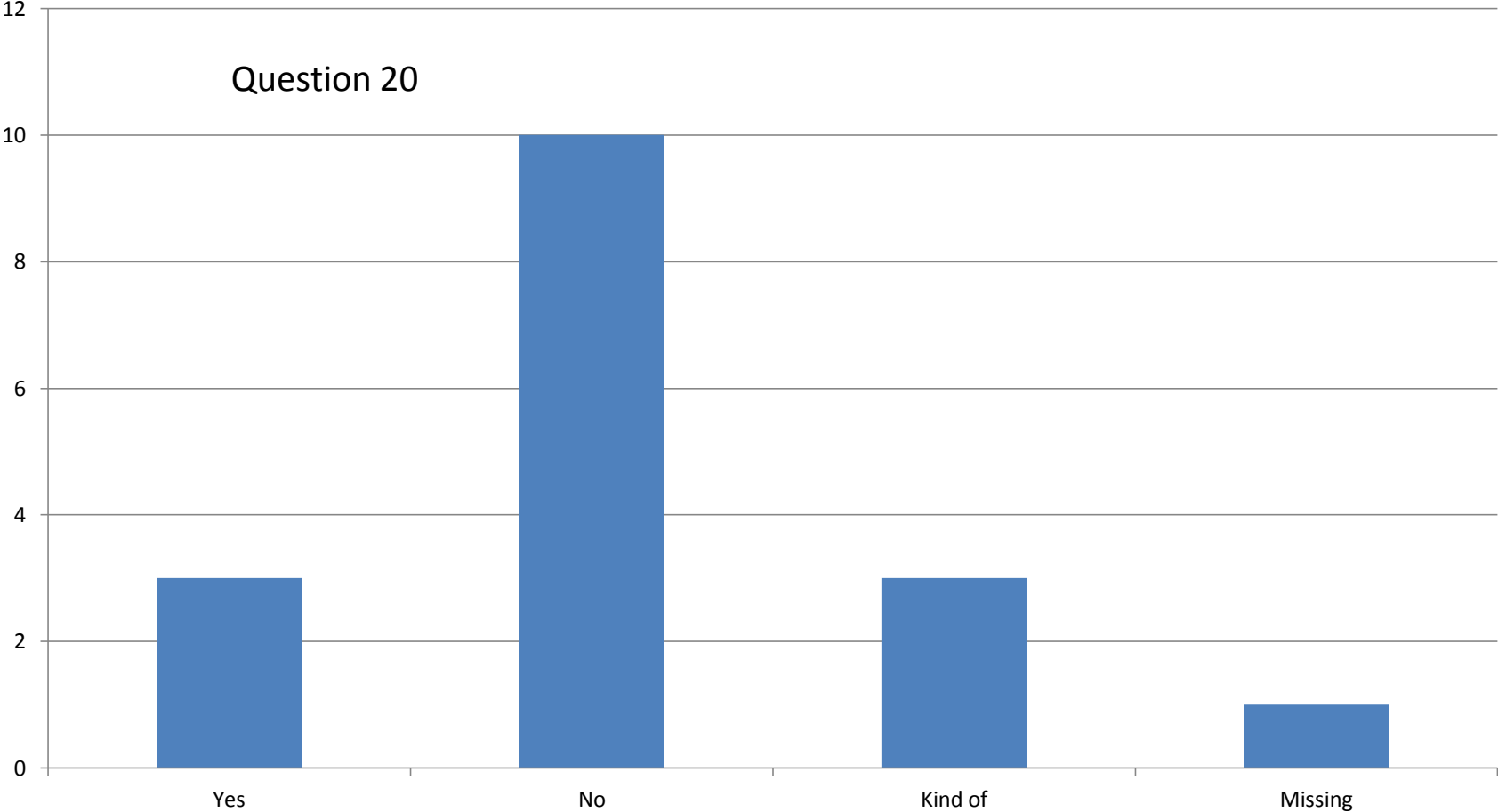
Have you ever had an eating disorder yourself?



Do you think healthier if you don't eat a lot?



Has a negative comment ever effected the way you treated yourself/your body?



Does what you consider “beautiful” depend on your image or the image created by media?

