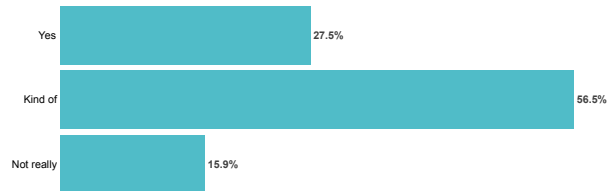




Die Fragen im Einzelnen

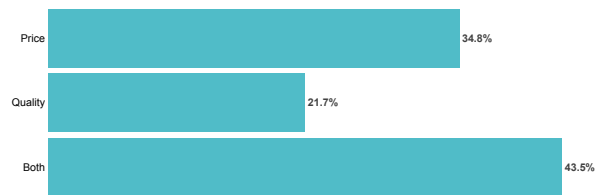
Do you consider yourself a healthy person?

Antworten: 69 Missings: 1



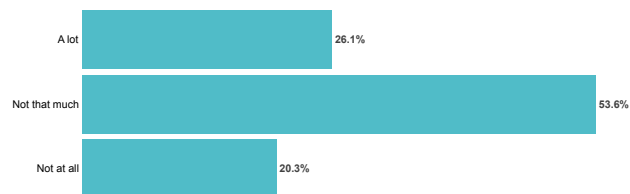
Do you look at the price or at the quality when buying food?

Antworten: 69 Missings: 1



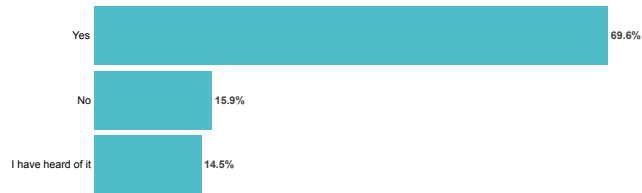
How much do you care about healthy eating?

Antworten: 69 Missings: 1



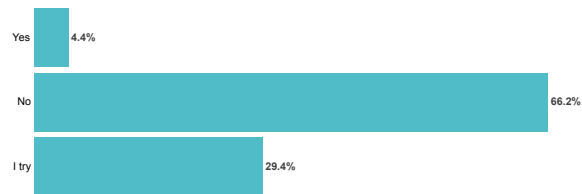
Do you know what the "food plate" or "food pyramid" is?

Antworten: 69 Missings: 1



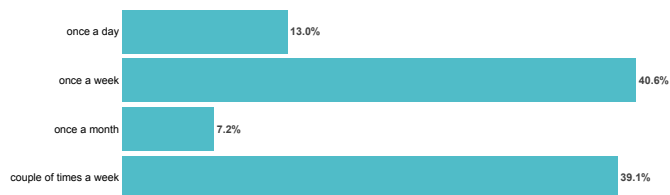
If so, do you eat accordingly to the food pyramid/food plate?

Antworten: 68 Missings: 2



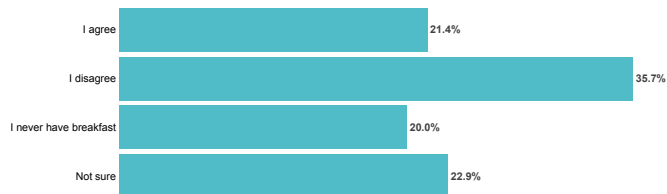
How often do you eat junk food (chips, candy, crisps, burgers...) on average (im Durchschnitt)?

Antworten: 69 Missings: 1



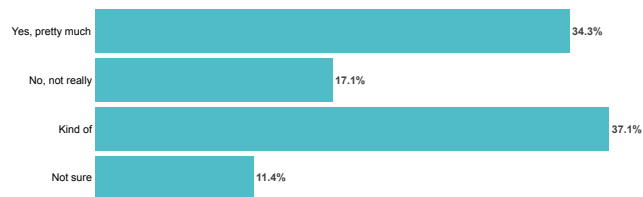
Do you agree with the quote: "Breakfast like a king, lunch like a prince, dinner like a pauper (Armer)?"

Antworten: 70 Missings: 0



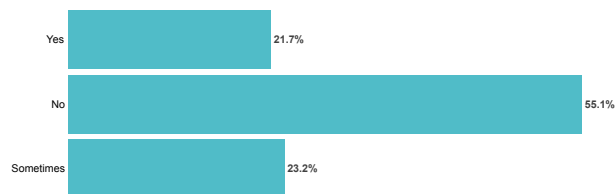
Are you happy with your body?

Antworten: 70 Missings: 0



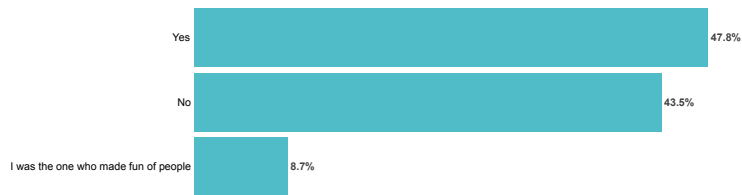
Does social media have an impact on how you see yourself?

Antworten: 69 Missings: 1



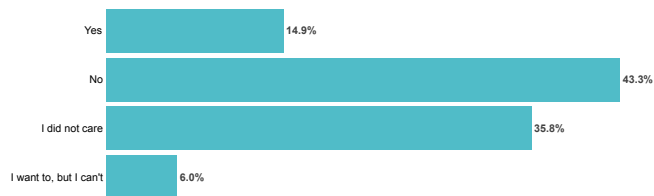
Have you ever been made fun (lustig gemacht) of because of the way you look?

Antworten: 69 Missings: 1



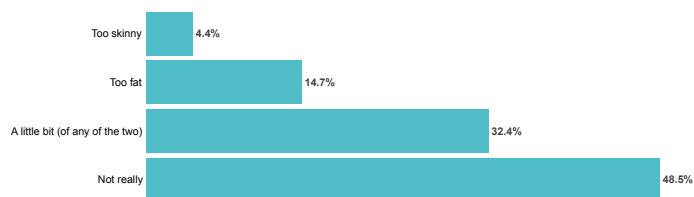
Did the way others commented your look make you change something about yourself?

Antworten: 67 Missings: 3



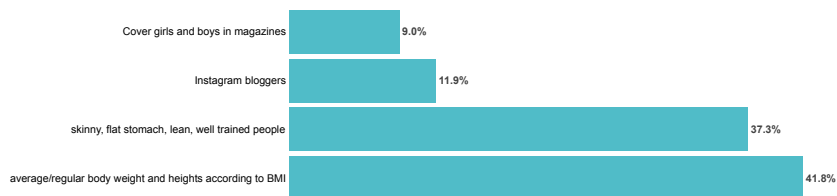
Do you think you are too skinny or too fat?

Antworten: 68 Missings: 2



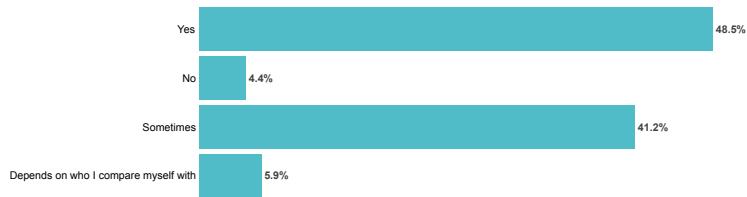
What do you think of when hearing "healthy body"?

Antworten: 67 Missings: 3



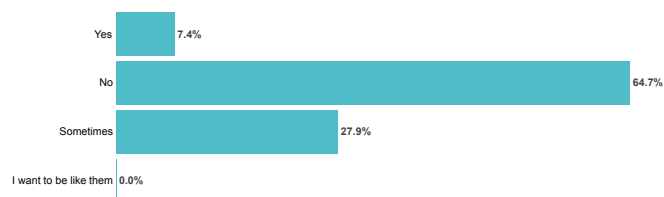
Do you think you are beautiful the way you are?

Antworten: 68 Missings: 2



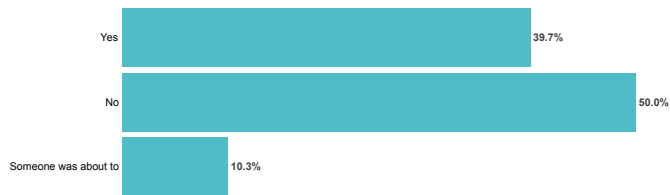
Do you compare yourself with the look of social media influencers and bloggers (or others)?

Antworten: 68 Missings: 2



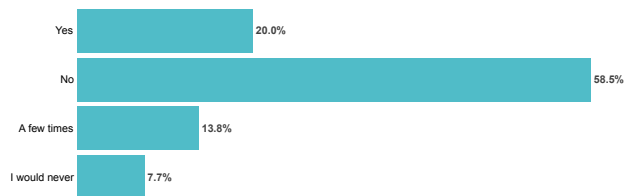
Do you know someone who has or had an eating disorder?

Antworten: 68 Missings: 2



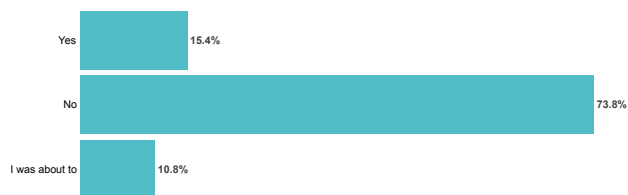
Have you ever done a diet, counted calories or something similar?

Antworten: 65 Missings: 5



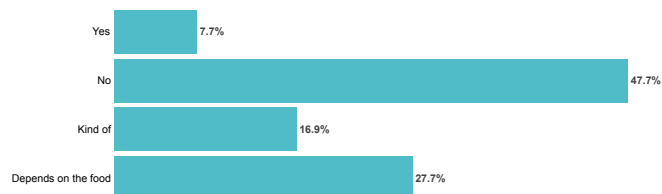
Have you ever had an eating disorder yourself?

Antworten: 65 Missings: 5



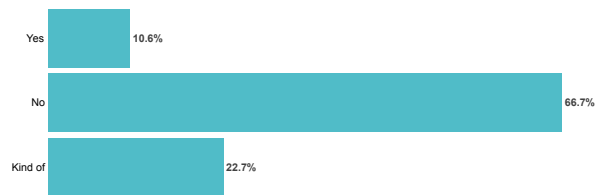
Do you think it's healthier if you don't eat a lot?

Antworten: 65 Missings: 5



Has a negative comment ever effected the way you treated yourself/your body?

Antworten: 66 Missings: 4



Does what you consider "beautiful" (was du als schön erachtest) depend on your image or the image created by media?

Antworten: 64 Missings: 6

