

Easter traditions in Poland

**PRACĘ WYKONAŁA LAURA I
NATALKA.**





Easter in Poland

Easter in Poland is the oldest and most important Christian holiday celebrates the paschal mystery of Jesus Christ, his torment death and resurrection



Palm Sunday begins the period of the great week, it falls seven days before Easter. On this day, Christians participate in a procession with palm trees in the church .

Good Friday



Good Friday in Poland is a day of concentration and attention. On this day, strict fasting applies. The Holy Sepulcher is being prepared in the church.

EASTER SATURDAY



EASTER BASKET





Food is sanctified on Holy Saturday. There are eggs in the basket - a symbol of new life in the form of colorful Easter eggs. The basket contains bread, cold cuts, salt and horseradish. There is also a lamb symbolizing the Resurrection of Jesus Christ. The baskets are decorated with boxwood leaves.

On Easter Sunday, we meet with the whole families for a festive breakfast, where we eat, among other things, the previously consecrated food the day before. It is a very joyful day as we celebrate the life of Jesus.



On Easter Monday, which is called monday or dyngus, we pour water on ourselves, it is an old Slavic tradition. As a rule, it's the boys who water the girls .



**We really like the period of
Easter and all Easter
traditions.**

