

A wicker basket filled with colorful Easter eggs (green, yellow, and blue) and white daisies, set against a soft, blurred background.

# Easter traditions in Poland

# Palm Sunday

Palm Sunday is a Sunday before Easter when people go to church with their palms to commemorate Jesus' triumphal entry into Jerusalem. There are often competitions among children to make the tallest and most colourful palm



# Holy Week

Before Easter we celebrate Holy Week. We not only prepare our houses and dishes but we also take part in religious preparations for the resurrection of Jesus Christ.



# Easter eggs

In Poland there is a tradition of preparing colourful Easter eggs.



# Easter basket

Easter basket is also a very important part of Easter. We put there different types of food which symbolise new life and hope. There must be ham, eggs, bread and salt in every basket.



# Grave guard

In different parts of Poland there is a Jesus' grave guard. A group of men wearing traditional clothes and hats save Jesus symbolic grave in church. They also learn how to march and make impressive parades before or after the resurrection mass.



# Easter Monday

A long lasting tradition on Easter Monday is pouring water on young girls. It is also common for children to use water guns to soak each other with water.



Thank you for watching



SP Przychojec