When you choose to do volunteer work with a sincere motivation, it means sharing and agreeing with values ​​of solidarity, commitment, responsibility towards the less fortunate. Offering your time and your availability for free, because you want to care for others, is the most beautiful quality that each person should offer. Around the world there is a variety of associations that deal with volunteering, for some people, dealing with it, is a way of experiencing help towards people who are in need; for other people, instead, it is a way to carry out a job in a different more rewarding manner.

If we have a look around, we can see that in their daily life a lot of people practice a form of volunteer work, from the parishes, where they collect clothes, shoes, food, medicines and anything else needed by those around them, to school when they take part in projects through fundraising for charities helping financially people who are in difficulty.

As for my personal experience, I was involved in two different situations. My mother is a member of an association called "Woman Direction." Over the years they have been organizing a variety of events in order to support several charities. I especially remember a year when we took part in a food collection for families in need; we spent a full day in a supermarket distributing leaflets and providing information.

This experience has made me more sensitive towards people in need, aware of serious problems and grateful because I'm so lucky. It has made me realize how lucky I am because I'm surrounded by people who love me and I've got all I need to live peacefully and without problems everyday.

Giuseppe Di Nallo