

GYMNASTICS

Gymnastics is a sport of exercises requiring strength, flexibility, balance and control. Gymnastics evolved from exercises used by the ancient Greeks.

Artistic Gymnastics is usually divided into Men's and Women's Gymnastics.

Men compete on six events: Floor Exercise, Pommel Horse, Still Rings, Vault, Parallel Bars, and High Bar, while women compete on four: Vault, Uneven Bars, Balance Beam, and Floor Exercise.

Gymnastics is a very popular sport at our school. The students of our school are very successful on the national level. There is a gymnastics club near our school, which cooperates with our.

I like gymnastics and I am good at it.

