



Erasmus+



Agrupamento de Escolas do Fundão

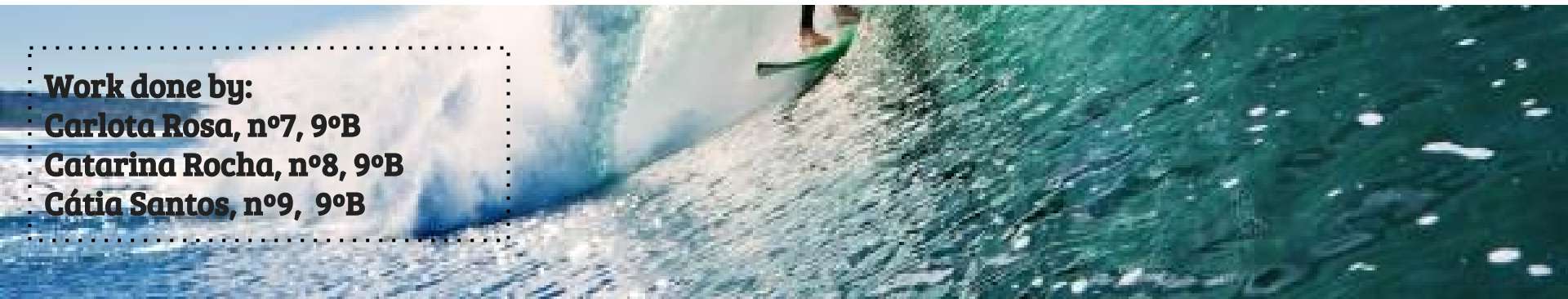
SURF IN PORTUGAL

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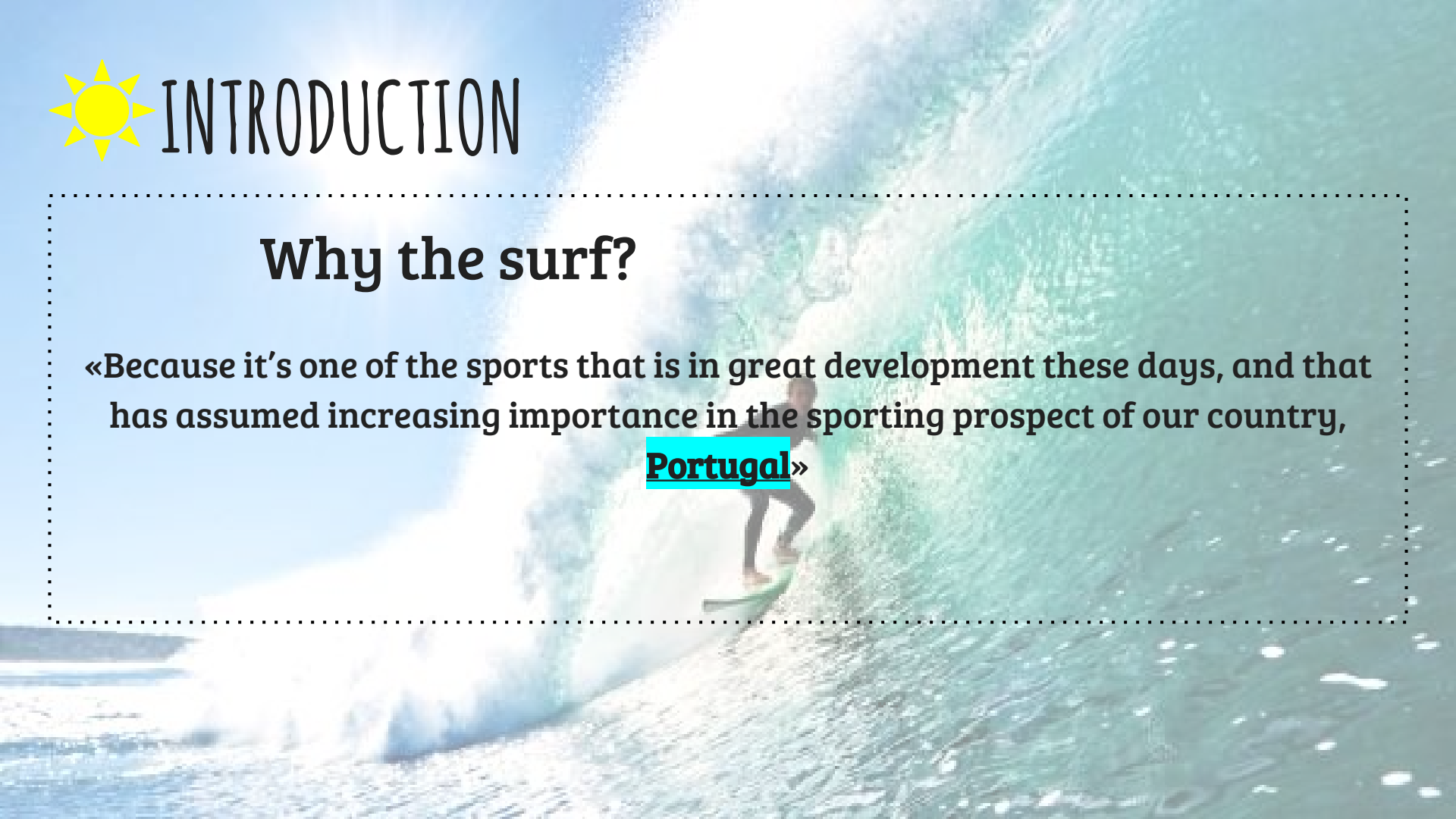




INTRODUCTION

Why the surf?

«Because it's one of the sports that is in great development these days, and that has assumed increasing importance in the sporting prospect of our country, **Portugal**»



WHAT IS THE SURF?



«Surfing is a water sport that consists of sliding on the waves with a surfboard, running simultaneously several maneuvers with varying degrees of difficulty.»

«Relieves stress»

«It helps to forget about problems»

«It's considered by many of its practitioners a philosophy of life»

WHO PRACTICES SURF?

Most practitioners are young teenagers, but there is increasingly greater interest in children for surfing.



Students at a surf school in Peniche.

WORLD BEST SURFER

KELLY SLATER - "THE LEGEND"

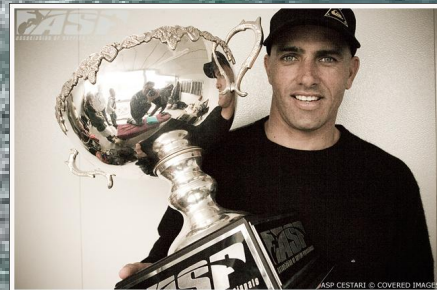
Robert Kelly Slater

most professional surfer in history

11 times world champion surf

Nationality: North American

43 years old



FAMOUS PORTUGUESE SURFERS

NIC VON RUPP



TIAGO PIRES "SACA"



FAMOUS PORTUGUESE SURFERS

VASCO RIBEIRO



FREDERICO MORAIS "KIKAS"



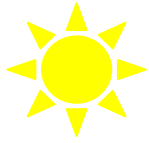
FAMOUS PORTUGUESE SURFERS

FRANCISCA PEREIRA



JOANA ROCHA





WHERE IT IS POSSIBLE TO GO SURFING IN PORTUGAL?



Portugal has a **temperate climate** with a lot of **sun**, and although the water is

cold the **waves** are regular along the coast throughout the year.

The combination of an irregular coastline with the flow of the Atlantic swell results in a

line more than **800 km long** which is worth exploring.

BEST BEACHES SURF IN PORTUGAL



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SURF ORIGIN IN PORTUGAL

Surfer Pedro Lima



The surf with surfboard and standing in Portugal, started in the early **60s**.

The pioneer and regarded as the father of Portuguese surfing, is the surfer **Pedro Lima**.

Lived at the time a real adventure, because there were no surfers and virtually no documented material on surf in Portugal which forced him to be a **self-taught**.

SURF ORIGIN IN PORTUGAL

After **25 April** the surf was gaining adherents, and in the **80s**, surfing took a huge leap in the practitioner number, finally settled up from north to south of the country to the point of today be the sport wins the most fans per year .



SURF ORIGIN IN PORTUGAL

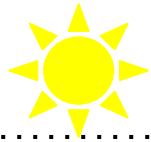
1988

Portuguese Federation of Surf was created.



National selection- 2015

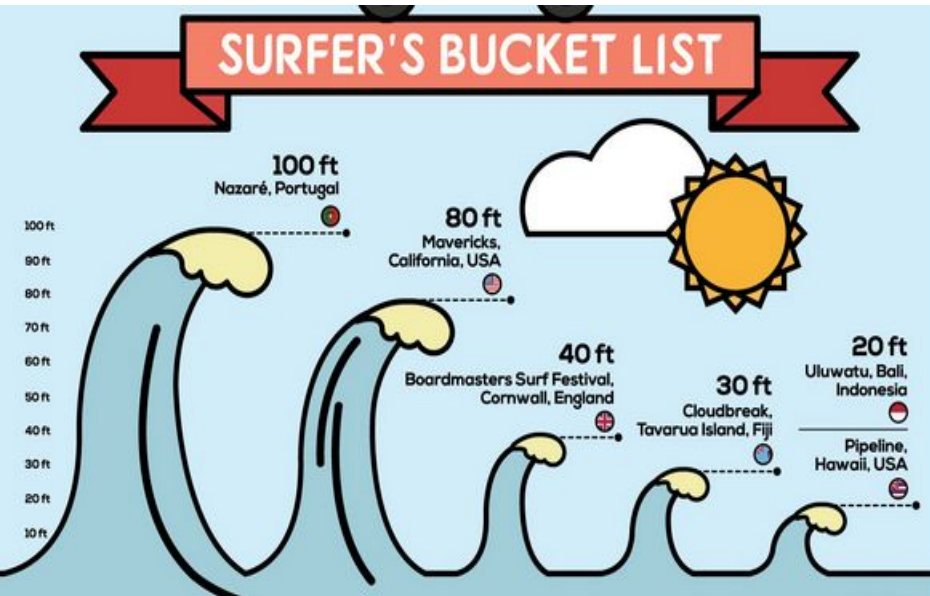




CURIOSITIES- DO YOU KNOW THE WORLD'S LARGEST WAVE?

November 2011- Portugal came into the **Guinness Book of Records.**

Na **Praia Norte da Nazaré**, the American surfer / Hawaiian **Garrett McNamara** reached the Guinness World Record of the largest wave surfed.



CURIOSITIES- DO YOU KNOW THE WORLD'S LARGEST WAVE?

This was the event with greater disclosure ever worldwide over the Surf in Portugal.



The biggest wave in the world video link

<https://www.youtube.com/watch?v=q6ubctGE3Vc>

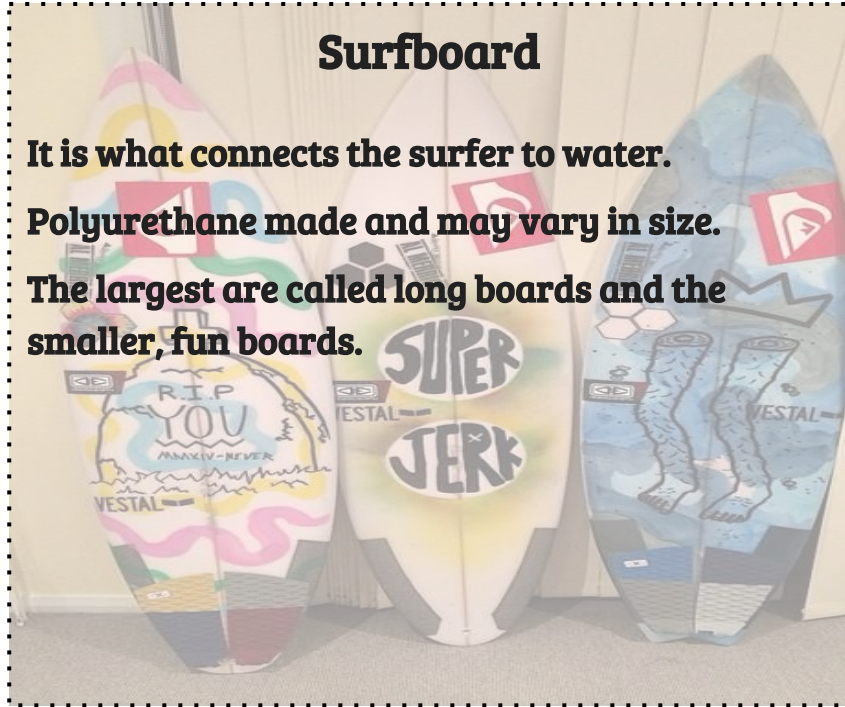
SURF EQUIPMENT

Surfboard

It is what connects the surfer to water.

Polyurethane made and may vary in size.

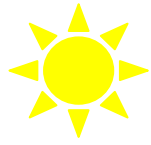
The largest are called long boards and the smaller, fun boards.



Paraffin

Material used to ensure adherence of surfer soles of feet on the surfboard, thus avoiding slips and falls.

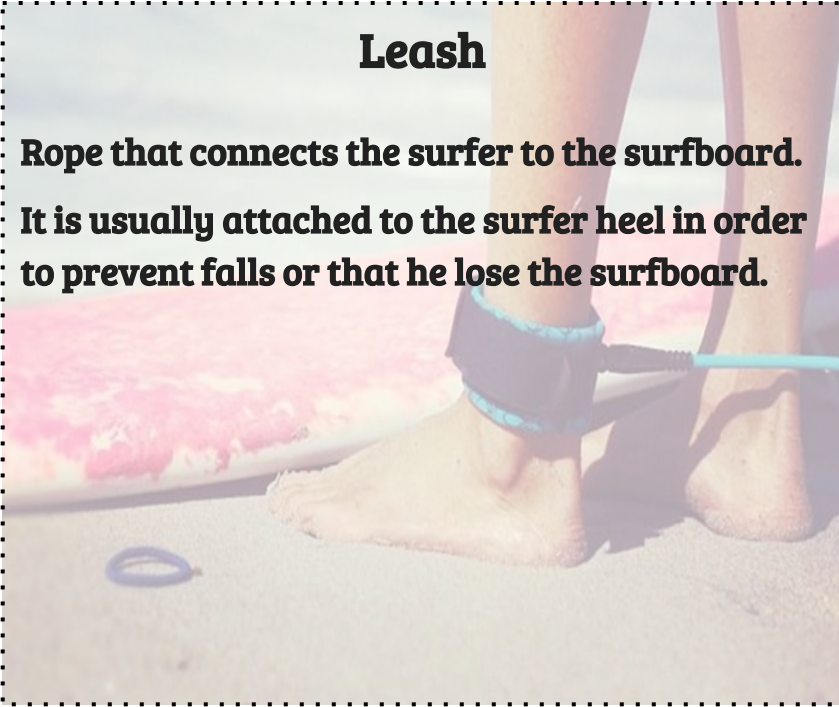




SURF EQUIPMENT

Leash

Rope that connects the surfer to the surfboard. It is usually attached to the surfer heel in order to prevent falls or that he lose the surfboard.



Neoprene

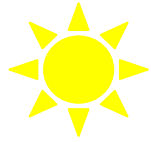
Rubber suit mainly utilized in winter or in cold seas.





You
can't
stop the
waves,

but you
can learn
to surf.



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