**Helping the others at school – my personal experience**

Throughout the classes I have worked with Catarina Corado at helping her write a script, create a PowerPoint Presentation and prepare two different models of worksheets.

We did this work by dividing the different tasks evenly between ourselves, with me always completing each task first so that I could explain her the various important aspects to transmit ideas clearly and to organize and present our work in the most appropriate way.

I tried to transmit several concepts such as the integration of documents in the correct place and their insertion in the context of the assignment, the application of strategies for having a better focus on the topics and for using the most natural body language and gestures while doing the presentation, the ability to memorize ideas instead of reciting memorized phrases, ways of articulating ideas by using linkers, just to name some aspects.

Catarina was very receptive to the information regarding this kind of concepts and has tried hard to apply some of them. She has always shown a relaxed and ready to work attitude which easily interacted with me in such a way that made it easy for me to convey new ideas.

Unfortunately, I was unable to achieve all the goals I had in mind to improve Catarina’s presentation skills due to certain limitations such as the relatively short time available to fully carry out the work and to explain all of these concepts as well as her reduced memorization capacities.

In conclusion, this experience was not only enriching for Catarina, but also for me in terms of boosting the ability to communicate and dealing in a peaceful and organized way with other people, which in my opinion is going to be of enormous value in my future.

Catarina Corado, the student I helped, wrote the following comments:

«I think working with João Ramos was very productive. He helped me better understand the subject we would both address and helped me prepare the best way to deliver it! Working with him was very positive.»

Work done by: João Ramos