

Christmas in Italy



Our Christmas period starts on 8th December (Immacolata Day) when we decorate our trees and make the crib. It finishes with the well know Befana Day.

At Christmas there are a lot street markets with various stalls with typical food, gifts and decorations.

On Christmas Day we exchange our presents.



Christmas Eve food

On Christmas Eve we usually have fish and a lot of people attend Christmas mass.



Christmas food

We usually eat Cardoons Broth and the Lasagna. Then we have roast meat and vegetables.



Italian typical desserts

• The most common desserts are Panettone and Pandoro, both examples of sweet bread; they are popular across the country and enjoyed by all.



BEFANA DAY



It represents the end of the Christmas season. Befana is a “*Good witch*” who flies from house to house, slides down the chimney and fills children’s stockings with candies, sweets and small gifts

**Naughty children
have lumps of
black sugar sweets
similar to coal and
a few sweets in
their stockings.**



Christmas in our region



One of the most known and famous events of Abruzzo is the Presepe Vivente (the living nativity scene) in Rivisondoli , a famous sky resort.



In our region bagpipers, so called '*zampognari*' come into the towns and play their flutes and bagpipes for the people. They symbolize the shepherds who come in search of the new born Jesus baby. They dress as shepherds



Games in Abruzzo

In our region in the period of Christmas we play cards and table games. Some examples of game with cards are “Zompacavallo” and “Sette e mezzo”, an example of table game is Tombola, the italian version of “Bingo”.



Local typical desserts

The two most
common desserts are:
caggionetti and
Parrozzo.



Feliz navidad y prospero ano nuevo!

Buon Natale!

Merry Christmas!

<https://www.youtube.com/watch?v=3qTDEpO7k8s>vo