

## SOME RESOURCES TO APPROACH THE ISSUE OF GENDER EQUALITY

Incorporating popular songs, films, reading books and poems that include content about sexual discrimination, feminism, the LGBTQ community and gender orientation is a strategy teachers can use to arouse students' interest and emotional resonance with the gender equity topic.

Source of some of the resources presented here: Wang, J. (2021). Popular Music and Gender Equity: Integrating Popular Music into Gender Studies in Grade 9-12.

Song/ singer or band/year	Description/ observation	Age/ Grade group
Boys don't Cry, The Cure, 1980 <a href="https://www.youtube.com/watch?v=9GkVhgIeGJQ">https://www.youtube.com/watch?v=9GkVhgIeGJQ</a>	About boys having to hide their feelings. In this songs a boy wishes to show his emotion, but he feels it hard to do so because of he's been taught that boy's don't cry:	
Behind The Wall, Tracy Chapman, 1988 <a href="https://youtu.be/huez5QyZ5l">https://youtu.be/huez5QyZ5l</a>	The song paints a vivid picture of several incidents between a man and his wife where it is inferred that in the end, the woman ended up being fatally wounded. It also exemplifies how many reported cases of domestic violence played out: women being hurt and men not facing their consequences and how police at the time used to face Domestic violence.	
Beautiful Red Dress - Laurie Anderson, 1989	About gender inequality in the workplace and unequal paid work	
Just a Girl - No Doubt, 1995 <a href="https://youtu.be/PHzOOQfhPFg">https://youtu.be/PHzOOQfhPFg</a>	The songs shows how life as a woman is and her struggles with having strict parents	
Can't Hold Us Down- Christina Aguilera (feat. Lil' Kim), 2004 <a href="https://youtu.be/dg8QgUIKXHw">https://youtu.be/dg8QgUIKXHw</a>	The lyrics of the song confront and criticize double standards of female sexuality (Heller et al., 2010), and doubt a common phenomenon that men are praised for their sexuality while women who behave similarly are despised. The presence of words like "whore" and "bitch", are an occasion for teachers to tell the students that the words are discriminatory and remind them the degrading power of verbal abuse, so they do not use these words causally.	Grade 9-12/ age 15 to 18+

<p>Independent Women – Destiny’s Child, 2001  <a href="https://youtu.be/0IPQZni7118">https://youtu.be/0IPQZni7118</a></p>	<p>About a woman who is proud to be able to support herself on her own and keep her self-confidence without men’s influence. The song also encourages women to be strong and independent out of self-esteem, rather than making a good impression on men:</p>	<p>Grade 9-12/ age 15 to 18+</p>
<p>Flawless – Beyoncé, 2013  <a href="https://youtu.be/lyuUWOnS9BY">https://youtu.be/lyuUWOnS9BY</a></p>	<p>The song portrays the pressure society puts on women to be perfect and how society views marriage as a major goal in life. Beyoncé encourages girls to not forget their own dreams and do not live life just as someone's wife.</p>	<p>Grade 9-12/ age 15 to 18+</p>
<p>Born This Way – Lady Gaga, 2011  <a href="https://youtu.be/wV1FrqwZyKw">https://youtu.be/wV1FrqwZyKw</a></p>	<p>The lyrics directly and overtly discuss sexual orientation minorities’ self-identity and self-empowerment:</p>	<p>Grade 9-12/ age 15 to 18+</p>
<p>Same Love – Macklemore &amp; Ryan Lewis, 2012  <a href="https://youtu.be/hIVBg7_08n0">https://youtu.be/hIVBg7_08n0</a></p>	<p>The core of the song is about LGBTQ issues, and it was released around the time that same-sex marriage was legalized in Washington. It is a song that speaks out for the equal rights of sexual orientation minorities</p>	<p>Grade 9-12/ age 15 to 18+</p>
<p>Love the Way You Lie- Eminem ft. Rihanna, 2010  <a href="https://youtu.be/uellHwf8o7_U">https://youtu.be/uellHwf8o7_U</a></p>	<p>The song and video depict abusive relationships and domestic violence.</p>	
<p>1-800-273-8255 – Logic, 2017  <a href="https://youtu.be/Kb24RrHlbFk">https://youtu.be/Kb24RrHlbFk</a></p>	<p>“1-800-273-8255” is the phone number of the National Suicide Prevention Lifeline in the United States. the song depicts a successful young man’s struggle to accept his sexual orientation and his father’s reaction to his son’s sexuality.</p>	<p>Grade 9-12/ age 15 to 18+</p>

Films/ director/ year/ Link to trailer	Description/ observation	Age group
Boys don't Cry- Kimberly Peirce, 1999. <a href="https://youtu.be/KgNPkF4pdwE">https://youtu.be/KgNPkF4pdwE</a>	It is the story of a young transgender man explores his gender identity and searches for love in rural Nebraska, before falling victim to a brutal hate crime.	Grade 12/ age 18+
Billy Elliot-Stephen Daldry, 2001. Trailer: <a href="https://youtu.be/phCEwSmHpOE">https://youtu.be/phCEwSmHpOE</a>	It is the story of a boy finding a passion for ballet, fighting against social norms and roles and the traditional notions of gender or sexuality.	Grade 1 to 12 Sports
Whale Rider- Niki Caro, 2002. Trailer: <a href="https://www.youtube.com/watch?v=eSuBMJpPBB0">https://www.youtube.com/watch?v=eSuBMJpPBB0</a>	A small Maori village faces a crisis when the heir to the leadership of the Ngati Konohi dies at birth and is survived only by his twin sister, Pai. Although disregarded by her grandfather and shunned by the people of her village, twelve-year-old Pai remains certain of her calling and trains herself in the ways and customs of her people. With remarkable grace and courage, Pai summons the strength to both challenge and embrace a thousand years of tradition in order to fulfill her destiny.	
North Country-Niki Caro , 2005. Trailer: <a href="https://youtu.be/jXkVQm0QPyY">https://youtu.be/jXkVQm0QPyY</a>	This film is based on Lois Jenson's real story in 1975. She had to face~a range of abuse in the form of sexual harassment, sexual violence while working as a miner. She filed and won the landmark 1984 lawsuit	
Made in Dagenham- Nigel Cole, 2010 Trailer: <a href="https://youtu.be/UHvz5kBkD0U">https://youtu.be/UHvz5kBkD0U</a>	In 1968, 187 women factory workers at the Ford Motor Company's Dagenham plant in London led a law-reforming strike, demanding the eradication of sexual discrimination in the workplace. The strike garnered the kind of public attention that eventually led to the passing of the Equal Pay Act in 1970.	
He Named Me Malala- Davis Guggenheim, 2015 Trailer: <a href="https://youtu.be/vE5gSHJkusU">https://youtu.be/vE5gSHJkusU</a>	This is a documentary that portrays Nobel Peace Prize Laureate Malala Yousafzai, who was targeted by the Taliban and severely wounded by a gunshot when returning home on her school bus in Pakistan's Swat Valley. The then 15-year-old (she turns 18 this July) was singled out, along with her father, for advocating for girls' education, and the attack on her sparked an outcry from	

	supporters around the world.	
Suffragette- Sarah Gavron, 2015 Trailer: <a href="https://youtu.be/056FI2Pq9RY">https://youtu.be/056FI2Pq9RY</a>	This historical drama tells the inspirational story of the foot soldiers of the early feminist movement, in England, who risked everything in the fight for equality and their right to vote.	
Hidden Figures- Trailer:Theodore Melfi, 2016 <a href="https://youtu.be/RK8xHq6dfAo">https://youtu.be/RK8xHq6dfAo</a>	It tells the story of three Black women who worked in crucial roles at NASA during the Space Race in the '60s having to endure sexism, racism while segregation was still legal in the USA.	
Seahorse: The Dad Who Gave Birth- Jeanie Finlay , 2019 Trailer: <a href="https://youtu.be/0MUtJJDaDPk">https://youtu.be/0MUtJJDaDPk</a>	This is a documentary about a transgender man's three-year long journey to have a baby.	
Portrait of a Lady on Fire- Céline Sciamma, 2019 Trailer: <a href="https://youtu.be/R-fQPTwma9o">https://youtu.be/R-fQPTwma9o</a>	Women in the world of arts in the 18th century and all the obstacles they had to face that impeded women's quest for freedom, agency, and equality in an era when none of those were given.	

Book/ Poem.../ Author/ year	Description/ observation	Age group
Still I Rise, Maya Angelou	In this poem Maya Angelou encourages and inspires us to rise up and to fight against the injustices and overcome oppression.	Grade 10-12/ age 16-18+
Colour Purple, Alice walker, 1982	The story is a portray of the hardships like domestic violence, incest, pedophilia, rape, poverty, racism, and sexism, black women/ girls had to endure during the early 20th in rural Georgia .	Grade, 12/ age 18+