

ERASMUS PROJECT
“MIRROR, MIRROR ON THE WALL”

FINLAND MEETING
MARCH 2018

GREEK PRESENTATION
TOPIC: ACTIVE CITIZENSHIP

“VOLUNTEERISM”

**"Volunteering is the ultimate exercise in democracy.
You vote in elections once a year, but when you volunteer,
you vote every day about the kind of community you want to live in."**



“Successful Democracies need active Citizens”

Before you become a volunteer think:

What can I offer to my community? What am I good at?

Sports Animals
Gardening Decorating
Cooking Painting
Writing Speaking
Travelling Playing a musical instrument
?

IDEAS IDEAS IDEAS FROM SERRES-GREECE

ECO FESTIVAL actions for the Environment

The wall of Kindness where people hang food, clothes, toys etc.

Restaurants offer left over food

School councils organize volunteering actions

Volunteers in Sports Events-Olympic games

Help Refugees

Kindness boomerang actions-you do good for each other and kindness returns back to you

Example: offer your grown-up kids' books to town library
- school children borrow books from library

Time Bank

An idea of volunteerism

You don't give money or things
you give your time

What can these people offer?

A doctor volunteer

A nurse volunteer

A teacher volunteer

A restaurant owner

A cook

A builder

A hairdresser

A shoemaker

A lorry driver

A clothes maker

**Serrealistas: a group of
volunteers in Serres**

Do you want to be Jaalistas?

What can a child volunteer do?

A child volunteer can :

water the trees and plants of the schoolyard or park of his/her neighbourhood

mow an elderly neighbour's grass or carry their grocery,

read books to little children or people with eye problems,

keep company to elderly relatives

clean the schoolyard, streets, parks, beaches in his/her area

recycle



volunteer
do good, feel good

A real volunteer in Action

- **Wants to offer without expecting to take back**
- **Helps people in need**
- **Tries to make the community better**
- **Belongs to a group**
- **Meets new people and makes friends**
- **Communicates**
- **Respects rights**
- **Feels useful**
- **Sympathizes**
- **Shares**
- **Supports**
- **Changes**
- **Never takes money for his/her offer**

“Everyday” Greek people are trained to fight fires in forests during the hot and dry summer period



Groups of volunteers plant trees on burnt mountain slides





Volunteerism has no age
Everybody's help is valuable

Volunteers clean beaches
and parks in Greece



There are many organisations which protect endangered animals in Greece:

ARCTUROS for wild bears and wolves

<http://www.arcturos.gr>

ARCHELON for caretta-caretta sea turtles

<http://www.archelon.gr>

MoM for the monachus monachus seal

<https://www.mom.gr>

MEDASSET for the Mediterranean Biodiversity

<http://www.medasset.org>



A Greek “Doctor without Frontiers” helps children in Africa





Elderly Greek women take care of refugee babies in Greek Aegean islands.

The Women from Lesbos islands have been proposed for the Nobel Prize of Peace

