## Healthy eating

## QUESTIONS

RESPONSES
80

## 80 responses

Message for respondents
This form is no longer accepting responses


## Country

80 responses


## Gender

80 responses


## Age

80 responses


## Eating at school



In your opinion...


## Eating habits

## How many meals do you eat a day?

80 responses


What do you usually eat for breakfast?
80 responses


What do you usually bring to school for lunch?
80 responses


## How much time does it take to have lunch, daily?

80 responses


## What's your favourite drink?





## Do you follow a different diet at the weekend?

80 responses


Yes, I eat worse

- Yes, I eat better

No, I eat the same

## Is there any kind of food that you did not eat as a child but you eat now?

80 responses


- Yes
- No

If your answer in last question was "YES", write below what kind of food.
32 responses


## How many calories do you think you eat in a day?

80 responses


Usually, how much food is left in the dish at the end of the meal?
80 responses


## What's your favourite type of restaurant?

80 responses

\author{

- Italian <br> Fast food <br> Chinese
}


## About health

## How many days do you practise a sport?

80 responses


How much time do you practise sport per day?
80 responses


Less than 1 hour
1 hour
More than 1 hour
Nothing

## In your opinion what are "healthy habits"?

80 responses


Have you ever had eating disorder problems?
80 responses


If your answer above was YES, mention the eating disorder problem.
2 responses

Colesterol and anemia

In the past I ate almost everyday fast food

