**The YEAH Game**

**Rules:**

4 players on each side

4 mats on each wall

Reserve players: 4 – 8 players depending on the number of people wishing to play

Reserve players are waiting on the sideline

Border: red line (middle line) is the half line for each side

You can either kick the ball or throw the ball

You can use up to 2 -3 balls for each side

* the ball can be kicked anywhere in the team’s field before the red half line.
* The ball can be thrown in the playing space up to the opposite team’s first blue marking line.

**How to start the game:**

The mats (used for goals) are placed in a row to the wall at the back on each side

There are 4 players on each side and each player defends one oft he mats.

Each player on both sides attempts to throw or kick his/her ball that it strikes a mat on the opposite side.

When a ball hits a mat then a goal is scored.

The player who has allowed the ball to pass through and hit the , this player has to leave the game and is replaced by one oft he reserve players …. and so it continues …

The first team that scores 16 goals is the winner.

**Additional rules:**

* If the defender catches a ball thrown at him, the player who threw the ball has to leave the game and the player cannot be replaced by a reserve player (**optional:** if you use this rule the game finishes really early)
* After one team/side has scored 4 goals, an additional 5th player can join this team for 40 seconds or 1 minute.

**Additional rules from Finland:**

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