



## NEWSLETTER #2



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# What's new with YOGIES?

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Well, most importantly, the **C1 mobility in Antalya, Turkey**, took place in May. The teams enjoyed a week full of activities, lectures, talking, fun, and getting to know each other and the culture of Turkey.

The meeting was held by **Has Okulları**, its organisers being Ms. Ayşe Seçil Çimen, the school's headmistress, Miss Özge Özçopur, Miss Seda Zeybekoğlu and Mr. Gökhan Kamış. They all had prepared for us a week of opportunities, nice experiences and surprises.

## **2 May (Tuesday)**

Arrival of the teams:

17:25 Lithuanian team arrival

19:10 Czech team arrival

20:10 UK team arrival

22:55 Italian team arrival

## **3 May (Wednesday)**

08:30 breakfast at school all together

09:10 warm-up activities

10:00 meeting at the conference hall – introduction of Erasmus+, the YOGIES project and the content of the Turkish mobility

11:00 coffee break

11:30 second part

12:45 lunch at school

14:00 departure for beach volleyball

18:00 award ceremony

19:00 departure for hotel and homes

## **4 May (Thursday)**

08:30 breakfast at school all together

09:10 attending English lessons with Turkish students

10:00 coffee break

10:30 meeting at the conference hall: presentation of the survey results on multilingualism and human rights

12:00 coffee break

12:45 lunch at school

14:00 yoga activity with Özge

16:30 departure to the Old Town

19:00 dinner all together

**5 May (Friday)**

08:30 breakfast at school

09:10 meeting at school: students attend English lessons with Turkish students

12:45 lunch at school

14:00 meeting at Conference Hall: Seminar on doping awareness, violence and racism in sport, slogan, sports friendship, alcohol and drugs

15:00 break time

15:15 second part of the seminar

16:00 coffee break

18:00 departure to Aspendos (Fire Of Anatolia)

23:00 return back to the hotel/homes

**6 May (Saturday)**

10:00 meeting at Has School: trip to Çakırlar to have Turkish breakfast

12:00 trip to Has Farm

13:00 departure to the Antalya Museum

17:00 return and free time

**7 May (Sunday)**

10:00 trekking in the forest

(breakfast at the hotel/homes and bring sandwich or snacks for lunch during this trekking)

17:00 return

**8 May (Monday)**

08:30 breakfast all together at school

10:00 meeting at conference hall: explaining and starting "Europass"

12:45 lunch at school

14:00 evaluation and closing ceremony

17:00 return

**9 May (Tuesday)****Departure**

Lithuanian team: 03:20

Czech team: 07:15

Italian team: 09:05

British team: 15:15

The teams consisted of:

**Regent Independent College, UK** – Ms. Fariha Quddus and Mr. William Salisbury, teachers; Miss Aisha Ali and Miss Santhuvi Srikandakannanathan, students;

**IIS Raffaello, Urbino, Italy** – Mr. Giuseppe Puntarello and Mr. Nino Finauri, teachers; Mr. Jacopo Bruno Spaccazocchi and Mr. Danilo Di Berardino, students;

**Stakliškių Gimnazija, Lithuania** – Ms. Jolanta Ručienė and Mr. Vidas Davičikas, teachers; Miss Lina Jurkonytė and Mr. Martynas Dubovikas, students;

**Gymnázium Karviná, Czechia** – Ms. Gabriela Marcheková and Mr. Michal Ledwoń, teachers; Miss Natálie Tkáčová and Mr. Jakub Dobeš, students.

The team of Turkish students, who accommodated our students and took care of us all week, consisted of Rabia Dilara Yasak, Fatima Yasak, Mert Akkurt, Aziz Okhan, İbrahim Buğra, Sinem Ayton and Efe Uyanık.

## Arrival day

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The teams travelled separately via Istanbul. They got to Antalya on Tuesday evening after a long and exhausting journey, ready for the project week. The teachers were accommodated at the wonderful Blue Garden Hotel, a place at the Konyaalti beach, recommended by Mr. Tuncay Savtak, the project's founder. The students, except for the British ones, were accommodated with host families.

*“The mobility in Antalya within YOGIES project was a great experience for me. I was happy to live in a friendly and caring family. Close relationship among family members fascinated me. I was very happy to get some knowledge of Turkish everyday life issues and traditions. All family members spoke good English and wanted to share their culture with me.” (Lina, Lithuania)*

## Day #1

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On Wednesday morning, we were welcomed at Has Okulları by its headmistress Ayşe Seçil Çimen. We took a short tour of the school and had breakfast. After that, the official part of the programme started. The Turkish staff explained to us what the project is about and we did some warm-up activities. The students delivered presentations about their countries and schools.



Then, after lunch, we were taken to the beach to compete in a beach volleyball tournament. The results were:

1. Has Okulları – Turkey,
2. Gymnázium Karviná – Czechia,
3. Stakliškių Gimnazija – Lithuania.



*"The first day was really exhausting, because I was a little bit ill, but actually it was a very good experience." (Jakub, Czechia)*

After an award ceremony, we headed to the host families' homes and the hotel.

## Day #2

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On Thursday, the students visited English lessons at Has Okulları. After lunch, we were given a lecture by Ms. Tuba Melekoğlu on doping and healthy lifestyle. The students

were presented some facts about the use of drugs in sport and watched a short film about Usain Bolt.



*“Listening to an expert in doping really blew my mind. The levels professional sportsmen and women will go to in order to win was astounding.” (Santhuvi, Britain)*

After lunch, Özge took the students for a yoga session and then we departed for the Old Town. Antalya is a beautiful, vibrant, Mediterranean city with rich history and culture. In the narrow streets of the city centre, we had a chance to try bargaining at the local shops and some of us entered a mosque for the first time. In the evening, we were taken for dinner at a restaurant with a view of the central shipyard and enjoyed delicious food.



*“We tried different kinds of food and all of them were delicious. Being part of a new culture and new traditions is always a good experience and makes you understand that despite the different language, the different country and the difference in the people, it's always possible to make new friends and know a lot of new people. We discovered that sports help develop friendship quite quickly.” (Jacopo, Italy)*



## Day #3

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Friday was the day when we exchanged gifts and had a chance to taste each other's cuisines. The students and teachers had brought cakes and gingerbread to show their partners what they eat in their home countries. During a seminar, we presented our results of the questionnaire on human rights and multilingualism that the host school had sent us.



*"I liked the new, modern, bright and colourful school, its surroundings and atmosphere, the relationship among teachers and students. I enjoyed doing lots of sports, but playing beach volleyball made the greatest impression on me. The presentations and discussions on human rights and multilingualism were quite a new experience for me. Never caring about it before, I started to perceive the importance of those issues. The lecture on drug use and other unfair means in sports was a considerable amount of information worth a discussion." (Lina, Lithuania)*

After dinner in the evening, we departed for the Fire of Anatolia show, which took place in the new Aspendos open theatre, and experienced pieces of Turkish history, traditions and culture.



*“The dance performed was like a story being told and it was a lot of fun watching it.” (Aisha, Britain)*

## Day #4

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On Saturday morning, we departed for Çakırlar, where we had brunch. We were served traditional Turkish food comprising olives, cheese, pastries and bread, sauces and, of course, tea and coffee. We were surprised at the fact that the Turks drink so much tea at all occasions. After brunch, we were transported to the Has Farm owned by the host school, which its students use as countryside educational facility. We saw there their crops and animals, including donkeys and sheep (some of the students had never seen a donkey before). We also organised an improvised football match, which both students and teachers took part in.



In the afternoon, we visited the Antalya Museum to feel and see the history of Turkey. We marvelled at finds dating back thousands of years. We looked at statues of ancient gods and possessions of people who died centuries ago, and saw how they lived.

*“The people and Turkish culture made a very strong impression on me. I admired the hospitality and kindness of my host family. I loved the openness and sincerity the Turkish spread communicating to people around. Although Turkish food was not usual for me, I*



*liked most of it and I enjoyed all those nice places we had our meals at, including the Has Okulları canteen.” (Martynas, Lithuania)*

In the evening, the students spent time with their host families while the teachers were taken to the city centre to have dinner together and listen to live traditional Turkish music.

## Day #5

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Sunday was an outdoor day. We went trekking on the coast near Antalya and reached the famous Gelidonya lighthouse, where we took a lot of photos. Then we went to a beach hidden between rocks and had a swim in the sea, quite warm for this time of the year. Again, for some of us this was the first swim in the sea ever.



## Day #6

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Back in school on Monday, we finished the mobility programme. Seda explained to us what Europass is and we delivered the remaining presentations. After lunch, we departed for the Antalya city hall, where we were welcomed by the city officials. After return-

ing to school, we wrote the mobility final report and discussed our plans for the upcoming mobility in Lithuania, which takes place from 20<sup>th</sup> to 25<sup>th</sup> November 2017.

## Departure day

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The teams departed for their homes on Tuesday 9<sup>th</sup> May at various times. In Istanbul, the Czech team were shocked at the queues at the Sabiha Gökçen airport and they almost didn't catch their plane, but everything turned out well.

*"When I left the family in Antalya, it was very difficult because I had fallen in love with them and the place overall." (Natálie, Czechia)*

## Evaluation of the mobility

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During the six days, both the students and teachers spent a groovy time together and formed strong bonds. We are sure we will never forget what we saw and experienced in the lovely city of Antalya thanks to the mobility organisers. The students proved themselves to be team players, religion and ethnicity being of no importance. This is double as important in the strange times we're living in.



The Turkish team – Seçil, Özge, Seda and Gökhan – were extremely nice and helpful. For some of them it was their first project of this kind. We would like to thank them for their hospitality and everything they did for us.

To sum it up, here are some comments of our students evaluating the experience:

*"I've made a lot of friends. That's good. The most important thing." (Martynas, Lithuania)*

*"Now I can definitively say that participating in the first YOGIES mobility was a challenging opportunity to get to know both an apparently quite different environment as well as to reflect about sport and relationships that can be established through sport. (Danilo, Italy)*

*"It has been the best trip in 2017. I met new friends, had a lot of fun and of course tasted Turkey. I think this trip helped me with my English, and also, shooting the video on doping was fun. Turkey is really a different country from Czechia. For example: customs, food, schools, people... I was happy to be in Turkey." (Jakub, Czechia)*

## Coverage

Reports from the mobility have been appearing on the partners' webpages. The Turkish school has published an article written by Seda in their school magazine.



**HAS OKULLARI**  
Okul Öncesi - İlkokul - Ortaokul - Anadolu Lisesi  
142 238 24 24 - 0544 875 07 07

hashtag #erasmus

### HAS'TA ERASMUS BAŞKA

Seda ZEYBEKOĞLU

Erasmus+ KA2 (Key Action 2) projesi, Avrupa Birliği'ne üye ve aday ülkelerin okullarının katılabileceği Hayatboyu Öğrenme Programı olarak bilinen bir Avrupa Birliği projesidir. Program, Avrupa 2020 stratejisi hedeflerine göre eğitim, gençlik ve spor alanlarında gençlerimizin gelişimini desteklemektedir. Okul eğitiminde kaliteyi arttırmak ve program ülkelerindeki okullar ve eğitim personeli arasında işbirliğini güçlendirmek başlıca hedefler arasındadır. Her ülkede mevcut ulusal ajanslar okullara proje süresince destek olmaktadır.

Öğrenci değişim programı olan Erasmus+, onlara farklı kültürlerden arkadaşlarını evlerinde ağırlama, onlarla İngilizce konuşarak kısa süreli de olsa pratik yapma, kültürümüzü tanıtmaya, sorumluluklarının bilincinde olma ve takım bilincinin oluşmasında katkıda bulunmaktadır.

Projenizin konusu Avrupa Okullarında Olimpiyat

Oyunları (Youth Olympic Games in European Schools) olsa da içerik olarak oldukça zengin. Amaçımız onları spor, spor arkadaşlıklarını, doping farkındalığı ve erken okul terkleri hakkında bilgilendirmek. Biz Has Okulları olarak projemizin ilk toplantısını 2-9 Mayıs tarihleri arasında okulumuzda gerçekleştirdik.

Projeimizde ortak ülkeler Türkiye, İngiltere, İtalya, Litvanya ve Çek Cumhuriyeti'dir. Ben, Özge Özpoçur ve Gökhan Kamsı, hummalı bir çalışma ile bu bir haftalık programı ince detayları ile önceden planladık ve ülkelerle paylaştık. Öncelikle 2 Mayıs'ta her ülkeden 2 öğretmen ve 2 öğrenci olmak üzere toplam 16 misafirimizi karşıladık. Misafir okulumuzda projeye katılmaya gönüllü öğrencilerimizin evlerinde, öğretmenler de otelde kaldılar. Böylelikle gençler arasında sıcak bir dostluğun temelleri atılmış oldu. Ötele getdiklerinde aileler ve öğretmenler orada buluşular.

hashtag #erasmus



Pazar günü Gelidonya Feneri'ne doğru yola koyulduk. Feneri yürüyüş yolundan geçtik ve yine sporla dolu güzel bir maceraya başladık. Yanımıza aldığımız yiyeceklerle öğle yemeğimizi zirvede yedik ve her beraber fotoğraflar çekerek güzel anılarla aştığı indik. Hava çok güzel olduğu için öğrencilerimizi Korsan Adası'na götürdük ve eşsiz manzara eşliğinde tertemiz Akdeniz sularında yüzmeye fırsat buldular. 2019 yılına kadar devam edecek projemizde öğrencilerimizle o ülkelere gidip kültürlerini görme fırsatımız olacak. Ayrıca ev sahibi okulun verdiği sertifikaları gençlerimiz iş hayatlarında kullanmak üzere cv dosyalarına ekleyebilecekler. Bu süre içinde

hep İngilizce konuşmaları da onlar için güzel bir pratik oldu. Projemizde yer alan öğrencilerimiz İbrahim Buğra İnâl, İsmail Efe Uyank, Sinem Ayton, Rabia Dilara Yasak, Fatma Melisa Yasak, Mert Akkurt ve Aziz Okhan Kolancı'ya ev sahiplikleri ve projede yer alıp gönüllü oldukları için ayrıca teşekkür ediyorum.

Bizler Has Okulları olarak gençlerimizi her projede her alanda destekliyoruz ve onlar HAS'ı oldukları için gerçekten çok şanslılar. Bu sadece bir okul gezisi değil, emek işi ve her aşaması, öncesi ve sonrasıyla ilmek ilmek örülmüştür. Bir sonraki macerada görüşmek üzere...



## Extra-mobility activities

YOGIES is not only about mobility meetings. The project's spirit touches our everyday school activities. That means that lectures on topics such as drug use, law awareness, social issues and generation gap take place and our students take part in activities related to YOGIES.



Seminar on unhealthy behaviour  
at IIS Raffaello



Visit to old people's home,  
Gymnázium Karviná

## Links

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YOGIES main page: <http://www.yogieserasmusplus.com/>

Facebook: <https://www.facebook.com/yogieserasmusplus/>

E-twinning: <https://twinspace.etwinning.net/6482>

Text: Michal Ledwoń, Gymnázium Karviná

Photos: Mikhail Shabakhin, Has Okulları, et al.

**See you in Stakliškės!**