

An overhead photograph of a school cafeteria table. Several children are seated around the table, eating lunch. Each child has a white plate of spaghetti with meat sauce, a banana, and a small round roll. There are also small plastic cups of water on the table. The children are wearing various casual clothing like hoodies and t-shirts. The table is covered with white paper placemats. The text 'SCHOOL LUNCH IN MY SCHOOL' is overlaid in large white letters across the center of the image.

SCHOOL LUNCH IN MY SCHOOL

By Irene Topani

THE MENU

The most common menus in our canteen are pasta with tomato sauce, meat, vegetables and baked potatoes. Here are some different menus:



MENU 1

- pasta with tomato sauce
- green beans
- fish sticks
- an apple
- bread

MENU 2

- pasta with tomato sauce
- baked potatoes
- a cutlet
- pear juice
- bread



HERE IS OUR COMPLETE SCHOOL MENU:

There are two types of menus in our canteen: for winter and spring. This is the winter one

Città di Valmontone
www.comunevalmontone.rn.gov.it
Il Comune è la Municipalità del Comune di Valmontone

MENU INVERNALE

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Società di Servizi

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	PRIMA SETTIMANA	SECONDA SETTIMANA	TERZA SETTIMANA	QUARTA SETTIMANA	QUINTA SETTIMANA
LUNEDÌ	Tortellini bianco e salsa Filetto di passera Carote Frutta Fresca Pane	Risotto al pomodoro Hamburger di vitello Piselli in umido Frutta Fresca Pane	Minestrone con pasta Cotoletta di pollo Fagiolini Frutta Fresca Pane	Pasta al pomodoro Rolle di tacchino Spinaci Frutta Fresca Pane	Gnocchi al pomodoro Arista di suino Patate Yogurt Pane
MARTEDÌ	Gnocchi al ragù Mozzarella insalata Yogurt alla frutta Pane	Pasta olio e parmigiano Frittata Carote al vapore Succo di frutta Pane	Mezza maniche al pomodoro Filetto di merluzzo panato Spinaci Succo di frutta Pane	Pasta olio e parmigiano Polpette in umido Insalata mista Frutta Fresca Pane	Pizza Prosciutto cotto Bietta Frutta Fresca Pane
MERCOLEDÌ	Riso con zucca Scaloppine al limone Piselli in umido Frutta Fresca Pane	Lasagna al forno Prosciutto cotto Bietta all'olio Frutta Fresca Pane	Pasta olio e parmigiano Spezzatino di pollo Piselli Frutta Fresca Pane	Pasta e fagioli Frittata Patate prezzemolate Frutta Fresca Pane	Pasta burro e parmigiano Fusilli di pollo Piselli Frutta Fresca Pane
GIOVEDÌ	Pasta e lentichie Frittata Fagiolini all'olio Frutta Fresca Pane	Paninette al pomodoro Filetto di merluzzo Fagiolini Frutta Fresca Pane	Risotto al pomodoro Arista al forno Insalata mista Frutta Fresca Pane	Pasta al pomodoro Bastoncini di merluzzo Fagiolini all'olio Frutta Fresca Pane	Minestrone con pasta Frittata Insalata Frutta Fresca Pane
VENERDÌ	Pasta al pomodoro e basilico Rolle di tacchino Pюре di patate Frutta Fresca Pane	Pasta con zucchine Spezzatino di tacchino Insalata Frutta Fresca Pane	Pasta e ceci Formaggio tenero Bietta all'olio Frutta Fresca Pane	Pasta al forno Mozzarella Carote al vapore Yogurt alla frutta Pane	Risotto con zucca Bastoncini di pesce Fagiolini Frutta Fresca Pane

07/01/14

*Calligrafia 18 gennaio 2014
Viale la Libertà 201
NOMEA - P. S. aff. 10/14*

I THINK...

I think our school serves good meals, even if sometimes they are not very popular with students. Despite everything I like our school lunch and above all I like to share it with my classmates.



COVID-19 AND THE SCHOOL LUNCH

Before the coronavirus pandemic, about 8 months ago, the lunch was served in the canteen where we could choose our seats, eat at 6 seater tables and have lunch with the other classes. Now we can't do it anymore, we all have lunch in our own classrooms and at our own single-seat desks.



I WOULD LIKE THERE WAS...

I wish there was pizza, a cheeseburger, chips and a piadina (an Italian wrap)

