

## ERASMUS +, KA229 School Exchange Partnerships

# **'S.O.S – Sustain Our Souls'**

2018-1-DE03-KA229-047309



## MINUTES OF THE 4<sup>TH</sup> MEETING

'GOING BACK TO OUR ROOTS'

&

'TECHNOLOGICAL PROGRESS IN THE REGION'

### KRAKÓW, POLAND 21-25 OCTOBER 2019



### Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup> October 2019

The participating delegation from Germany arrives on Saturday at the railway station in Kraków at 20:43. The participants from Spain arrive on Saturday at the airport of Kraków BALICE, at 23:30. On Sunday, the participants from Romania and Greece arrive at 18:35 and at 23:10, all of them at the airport of BALICE. Polish host families go to the airport and the station to pick up students and take them home. The coordinators of the project in Kraków, Iza and Marta, also go to the airport and the station to pick up teachers and take them to the Wyspiański Hotel in the center of Kraków.

### Monday 21<sup>st</sup> October 2019

#### 9:30 Welcome reception.

The project meeting officially starts in the gym of the 42 Liceum Ogólnokształcące in Kraków. The participants come into the gym: 34 students from partner countries, 33 host students from Kraków, 13 teachers from partner countries, two teachers from 42 LO. At the opening ceremony, conducted by the coordinators of the project in Kraków, the headmaster of 42 LO, Mr. Paweł Cząstka, officially welcomes the participants. Then, the invited guest, Tomasz Daros, the president of the District I Council, the councillor of the City Council and the president of the Committee of Promotion and Tourism, gives a welcoming speech to the Erasmus participants. After that, a speech is delivered by the General Coordinators of the project in Kraków, Mrs. Izabela Majerczyk-Krzemińska and Mrs. Marta Kozyra, giving more specific information about the aims of the project and the activities to be carried out throughout the week.





The project meeting started in Kraków with the participation of the following school and organization representatives:

PARTICIPANTS	ORGANIZATION	COUNTRY
Boukouvalas Christos (teacher)	1st EPAL of Trikala	GREECE
Fliouka Paraskevi (teacher)		
Falagkara Theodora (co-ordinator)		
Fragkiskos Shallari		
Thomas Megarchiotis		
Klaudio Matas		
Paul Karantakos		
Charilaos Ntintis		
Themis Zampras		
Nicoleta Marilena Militaru (co-ordinator)	Liceum de Arte "Ionel	ROMANIA
Dragos Radulescu (teacher)	Perlea"	
Alexandru Constantin		
Andradda Vlad		
Andrea Militaru		
Andrei Turcea		
Mark-Andrei Costache		
Raluca-Andrea Cirlan-Petcu		
Ana-Sanziana Hogas		
Andrei Theodor Varzaru		
Andreas Hesse (co-ordinator)	Drei-Burgen-Schule	GERMANY
Gina Viscoso (teacher)		
Luise Gunther		
Isabella Baron		
Myrtha Zulch		
Arne Wiedemann		

Eric Wiedemann		
Tim Hitschfeld		
Angela Valente(teacher)	IISS "Augusto Righi"	ITALY
Carmen Caputo (co-ordinator)		
Angela D'Oria (teacher)		
Nadia Padovan		
Domenico Petrosillo		
Simone Solito		
Gianluca di Noi		
Salvatore Giove		
Gulio Guarini		
Gabrielle Ingenito		
Ana Isabel Lopez Novo (co-ordinator)	IES Terra do Xallas	SPAIN
Cristina Duran Arufe (teacher)		
Maria del Mar Fuentes Barriero (teacher)		
Andrea Suarez Rey		
Noemi Gonzalez Pena		
Uxia Tasende Blanco		
Patricia Pose Duarte		
Mireia Perez Marante		
Sara Couto Rieiro		
Ivan Garcia Amarelle		
Izabela Majerczyk-Krzemińska (co-ordinator)	42 LICEUM	POLAND
Marta Kozyra (co-ordinator)	OGÓLNOKSZTAŁCĄCE	
Paweł Cząstka (headmaster)		
Zofia Ogórek		
Martyna Bojanowska		
Agnieszka Szałapak		
Nina Kubinek		
Filip Zięcina		
Zuzanna Pernal		
Emilia Jaworska		
Iga Giercarz		
Wiktoria Orszulak		
Bartosz Buta		
Mikołaj Nowakowski		
Andrea Lino		
Olaf Kucharski		
Aleksandra Paszcza		
Izabela Wolska -Brodzińska		
Julia Jankowska		
Anastazja Bolmatenko		
Oliwia Gromadowska		
Małgorzata Florkiewicz		
Jan Śliżewicz		
Karolina Foszcz		
Maja Ślusarz		
Filip Gil		
Magdalena Bunar		

Paulina Świc	
Anna Jamróz	
Jan Przybylski	
Maksymilian Gosztyła	
Gabriela Zatoń	
Julia Downar-Zapolska	
Julianna Chrząszcz	

After the official opening the guests watch the performance of the 42 LO music band, and each participant is given their project souvenirs: a material bag with a pen, a school diary, a lanyard, the city map, the project poster and some local sweets.





10:30 short coffee break

**11:00 – 13:00** First workshop. All the partners give their presentations or show videos about their schools and their regions in accordance to the main topic of the mobility. After the presentation they are divided into multinational teams in order to work on the Kahoot questions based on the previously seen presentations or videos.





**13:00 – 14:00** Polish style lunch. All the participants have lunch at school prepared by the Polish students and their families. The lunch menu included typical Polish dishes such as vegetable salads, pies, sandwiches, pierogi, fruit or vegetable tarts, pickles, and others. Teachers are given their project souvenirs.

14:00 – 17:00 the KAHOOT game activity All the students are working on the KAHOOT game to play in their teams. Once they are ready with the questions, some students work on the outline of the game. After this has been done, the teams compete against one another. LINK do KAHOOT

### **KAHOOT** groups

GROUP 4
Andrei Turcea Romania
Klaudio Matas_ Greece
Salvatore Giove_ Italy
Myrtha Sophie Zuelch_ Germany
Paulina Świc_ Poland
Maksymilian Gosztyła_Poland
Jan Przybylski_ Poland
GROUP 5
Raluca Andreea Petcu Cirlan_ Romania
Gianluca di Mai_ Italy
Ivan Garcia Amarelle_ Spain
Julia Downar Zapolska- Poland
Wiktoria Orszulak_ Poland
Isabelle Baron_ Germany
Fragkiskos Shallari_ Greece
GROUP 6
Karolina Foszcz_ Poland
Magda Bunar_ Poland
Maja Ślusarz_ Poland
Luise Guenther _ Germany
Patricia Pose_ Spain
Giulio Guarini_ Italy
Mark Andrei Costache_ Romania
Charilaos Ntintis Greece









**20:00** Teachers' dinner at a Polish restaurant in Kraków called CHIMERA at 3 Świętej Anny Street. Teachers can try some Polish dishes such as pumpkin soup with croutons, dumplings with cheese and potato or with meat, or turkey with green peas sauce, fried potatoes and salads, or grilled trout with grilled vegetables and grilled potatoes, or aubergine with bulgur etahini dressing and beetroot salad. For dessert, there is apple pie. Price for person: 12€.



#### Tuesday 22<sup>nd</sup> October 2019

**8:45** Setting off for the open-air museum in Wygiełzów and Auschwitz-Birkenau Museum by bus. There are 60 participants (47 guests + 10 Polish students + 2 Polish coordinators + the English-speaking guide). On the way the guide introduces the participants to the history of the Auschwitz-Birkenau Museum and they are also shown a short historical film.

The first stop is at the open-air museum established in 1968 in the village of Wygiełzów, in Babice commune (Chrzanów county), which collects and makes available to visitors examples of wooden architecture typical of Western Lesser Poland. Both students and teachers can experience the unique atmosphere of Polish folk culture on a sunny autumn day.

12:00 lunch at the local inn



13:30 visit to the Auschwitz – Birkenau Museum

The participants are divided into two groups each having their own English-speaking guide. They visit Auschwitz I and Auschwitz II – Birkenau. That is a very impressive and inspirational visit to a place where one comes face to face with the horrifying things that happened in the past.

http://panorama.auschwitz.org





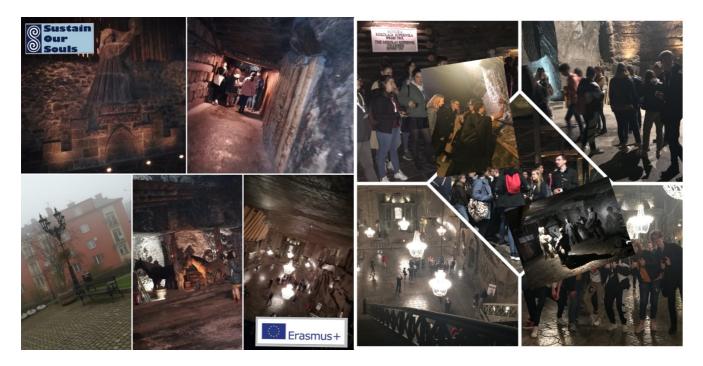
19:00 return to Kraków; free evening with the hosts

#### WEDNESDAY 23rd

8:30 meeting at the school and heading for the train station to take the train to the Wieliczka Salt Mine

**10:50 – 14:00** visit to the salt mine The journey starts at the Danilowicz Shaft. Here, the students and teachers are divided into two groups and meet their English speaking guide, who during their excursion tells them about the mine history and its secrets, about the forces of nature ruling within the depths of the mine, about the ethos of hard work performed by the generations of miners. Travelling further and further into the mine chasm the students discover unusual places and see with their own eyes the power of human hands that once excavated rock salt, as well as magnificent mining tools and machines. They also have the opportunity to see a completely different image of the mine hearing the legend about Princess Kinga and how she brought the salt treasure to Polish land. Half way along the route they see the wondrous chapel dedicated to her and the saline works of art decorating the chapel. After almost three-hour tour they have a possibility to buy some souvenirs and then they return to the surface in a lift.

After the visit to the salt mine, the whole group takes a walk to the main square of Wieliczka, and has some time off to taste local ice cream. After that, they all get back to Kraków to the school by train.



**15:00 – 17:00** at school students take part in another workshop, preparing them for the next two days of sightseeing tours. They work in multinational groups. Each group is given a set of topics to prepare. All the topics are in Polish so first they need to be translated into English by the Polish students and then the groups get to work.

#### THE TOPICS:

WAWEL: legenda o smoku wawelskim/ architektura kaplicy Zygmuntowskiej i dziedzińca zamku/dzwon Zygmunta/ polskie dynastie królewskie/ katedra a fara miejska/ kto i dlaczego w XIX wieku rozebrał stare domy i kościoły na Wzgórzu Wawelskim/ powierzchnia wzgórza a wielkość boisk piłkarskich

ULICA GRODZKA: kościół św. Andrzeja czy św. Piotr i Pawła – który starszy?/ rzeźby na kamienicach

RYNEK: obraz Hołd Pruski – z jakiej perspektywy był namalowany obraz/ symbol noża na Sukiennicach/ Ratusz 'krzywa wieża'/ kara za kłamstwo w średniowieczu

LEGENDA HEJNAŁU: kto jest na pomniku na placu Mariackim/ co to są kuny i do czego służyły

KAZIMIERZ: co to jest synagoga i czy wchodząc musimy zdjąć nakrycie głowy/ jak nazywają się płyty nagrobne na cmentarzy żydowskim/ kim są Roman Polański, Helena Rubinstein i co ich wiąże z

Krakowem/dlaczego pomnik na Placu Bohaterów Getta ma formę krzeseł, ile ich jest, w którym kierunku są ustawione.

#### THE GROUPS

**GROUP 1**: Zofia Ogórek, Bartosz Buta, Ivan Garcia Amaretto, Gabriele Ingenito, Uxia Tasende Blanca, Anastazja Bolmatenko, Martyna Bojanowska, Jan Śliżewicz, Andrea Lino, Raluca-Andrea Cirlan-Petcu, Mikołaj Nowakowski, Myrtha Zulch

**GROUP 2**: Eric Wiedemann, Andrea Militaru, Adnrea Suarez, Andrei Turcea, Paul Karantakos, Costache Mark-Andrei, Olaf Kucharski, Jan Przybylski, Oliwia Gromadowska, Salvatore Giove, Julia Chrząszcz, Filip Gil, Iza Wolska

**GROUP 3**: Domenico Petrosillo, Nadia Padovan, Gabriela Zatoń, Wiktoria Orszulak, Agnieszka Szałapak, Aleksandra Paszcza, Iga Giercarz, Emilia Jaworska

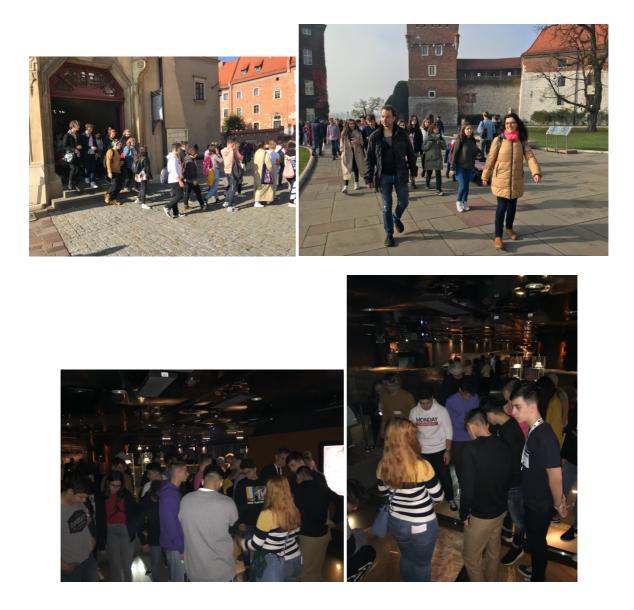
After the workshop, the students have a free evening with their host families.

#### THURSDAY 24<sup>TH</sup>

**9:00** The whole Erasmus group meets at the school. Then they walk through Planty to the Wawel Hill to meet their English speaking guides to tour them around the Wawel Castle and the Old Town. The group starts at the statue of the Wawel Dragon where they hear the legend of the dragon. Next, they walk up the hill to visit the Wawel Cathedral, the scene of the crowning of almost every Polish king and queen throughout history. They take some time at the courtyard to hear the guide talk about the architecture of the castle. After that, they walk back through Kanonicza and Grodzka Street to the main square. On their way there, they stop at the courtyard of the Jagiellonian University. The last attraction of the day is the visit to the Underground City Museum in Sukiennice (the Cloth Hall) to see the exhibition, whose aim is to present very close connection between Middle Age Cracow and Middle Age European Cities. While sightseeing the students have an opportunity to verify their knowledge from the Wednesday's workshops as the guides ask the groups the questions they were working on. As the tour at the underground museum takes turn in three groups, the students have time to eat their lunch in the main square.

The day ends by the statue of Adam Mickiewicz where the group is informed about plans for the last day of their project visit to Kraków.





#### Friday 25<sup>th</sup> October

**9:00** The Erasmus group meets on the school premises, and then travel by tram to the Jewish District of Kraków called Kazimierz.

**10:00 – 14:30** The participants have a guided tour around the district and they visit the Urban Engineering Museum. During the tours the students present the outcome of the workshops they had on Wednesday afternoon, they are given on-the-spot tasks by the guides working in the multinational teams again. At lunchtime, they taste Polish speciality called 'zapiekanka'.



**15:00 – 17:00** After the tour, the Erasmus group gets back to school to take part in the last workshop of the mobility. They are divided into multinational teams and work on the 'map' of their visit to Cracow. They have the opportunity to show their artistic talents as they work on the posters drawing/ painting their best moments of their visit to the city. The groups present their work and the farewell ceremony takes place. The students receive the certificates of attendance, and have a chance to share their experiences and say goodbye to their Polish friends.



**17:30 – 19:00** After the workshop the students go home with their hosting families to spend the last evening together and the teachers and coordinators have a discussion on the mobility and establish the details of the forthcoming ones, in Romania (March) and Germany (May). The coordinators complete the evaluation sheet of the meeting prepared by the Polish teachers. The result will be presented in a separate document.

**20:00** Teachers' farewell dinner at the Polish restaurant, Chimera, together with the headmaster of XLII LO in Cracow, dr Paweł Cząstka. They all discuss the pros and cons of the mobility and things to work on and improve in the mobilities to come. Price per person 12€.

#### Saturday 26<sup>th</sup> October

Partners' departure from Dworzec Główny to Balice Airport, except for the Greek team who spend the day with their hosting families as their flight is on Sunday 27<sup>th</sup>. Romania's flight is at 17:55, Spain's at 10:45, Italy's at 13:30, and the German delegation travels back by train. Greece's flight is on Sunday at 14:00. The hosting families take the students to the train station (Spain, Italy and Germany) or to the airport (Romania). The teachers travel from the hotel to the train station by taxi.

#### DISSEMINATION OF THE MEETING

Dzielnica Vierweszas

## MIĘDZYNARODOWE SPOTKANIE W XLII LO W RAMACH PROGRAMU ERASMUS+

Od 21 do 25 października 2019 r. Daros, Przewodniczący Rady Dzielni-XLII Liceum Ogólnokształcące im. Adama Mickiewicza w Krakowie mach wymiany i współpracy młodzieży pod hasłami: "Powrót do korzeni" oraz "Postęp technologiczny jazzowego, koordynatorki projektu – w poszczególnych regionach".

Uczniowie XLII LO pracują w międzynarodowych grupach (z młodzieżą z Włoch, Niemiec, Hiszpanii, Grecji i Rumuni) realizując projekty związane z motywem programu, które są przedstawiane podczas poszczególnych mobilności.

W XLII LO gościliśmy 13 koordynatorów i 34 uczniów z krajów i szkół partnerskich.

Podczas inauguracji mobilności w Krakowie uczestników projektu powitał dyrektor XLII LO dr Paweł Cząstka, a następnie głos zabrał Tomasz

cy I, radny Miasta Krakowa oraz przeszkole oraz walorach kulturowych Krakowa. Po występie szkolnego zespołu Izabella Majerczyk-Krzemińska i Marta Kozyra – przedstawiły plan działań na najbliższe dni oraz wręczyły uczestnikom związane z projektem gadżety, m.in. mapy, notatniki, długopisy, identyfikatory oraz regionalne słodkości.

Projekt ERASMUS+ kierowany jest do nauczycieli oraz uczniów szkół średnich. W naszej szkole w latach 2018-2020 jest realizowany pod hasłem "Sustain Our Souls" i zwiazany z dziedzictwem kulturowym oraz historią krajów/regionów bioracych w nim udział: Grecji, Hiszpanii, Włoch, Rumunii, Niemiec i Polski. Wysokość dofinansowania projektu dla naszej

szkoły to ok. 27 tys. euro. Od rozpoczęcia projektu odbyły się spotkania, wodniczący Komisji ds. Promocji i Tu- tzw. mobilności, w Grecji, Hiszpabyło gospodarzem spotkania w ra- rystyki, który opowiedział o naszej nii i we Włoszech. Kolejne zaplanowano w Rumunii (w marcu 2020 r.) oraz w Niemczech (w maju 2020 r.); na każdą mobilność jedzie sześcioro uczniów oraz dwóch nauczycieli.

To ogromne przedsięwzięcie o charakterze edukacyjnym pozwala uczniom nie tylko poszerzać ich wiedze na temat krajów partnerskich, ale także doskonalić umiejętności interpersonalne i świadomość interkulturową. To także świetna okazja do rozwijania umiejętności posługiwania się językiem angielskim.

Koordynatorki projektu z XLII LO prof. Izabella Majerczyk-Krzemińska i prof. Marta Kozyra



#### POSTER OF THE MEETING

