

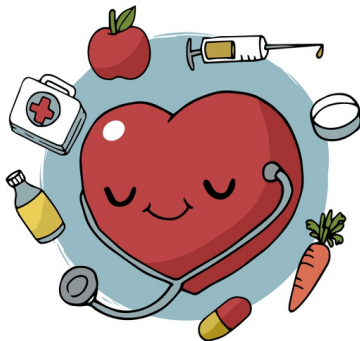
POSITIVE ASPECTS OF THE PANDEMIC

Well, although the pandemic has not been anything good, everything has been bad in reverse, I think we can always get something good out of everything bad, and these are the good things that I have taken out of the pandemic:

1. The first positive aspect that I took out of the pandemic has been that I must value the time more because we do not know when we are going to see each other again, either because they confine us or because they die



2. The second positive aspect that I take out of this pandemic is that we must give thanks for the health we have because we do not know when a disease such as the coronavirus or some other can attack us and we can die but so that this does not happen, we must protect ourselves with the rules of security



WORLD HEALTH DAY

3. Another thing that I do not know if it is a positive aspect of the pandemic but he is the one who taught me it and that since we were confined, he did not carry a daily routine and was always overwhelmed since he left everything for last, and since we returned to school after the pandemic and summer I have a daily routine in which I can organize myself better and I no longer feel so agitated

	MAÑANA	TARDE	NOCHE	FIN DE SEMANA	VACACIONES
10:00 H	Deberes escuela	Deberes escuela	Deberes escuela	Deberes escuela	Deberes escuela
11:00 H	Actividades del profesor	Actividades del profesor	Actividades del profesor	Actividades del profesor	Actividades del profesor
12:00 H	ESPANOL: Clase libre	ESPANOL: Clase libre	ESPANOL: Clase libre	ESPANOL: Clase libre	ESPANOL: Clase libre
13:00 H	JUEGO LIBRE	JUEGO LIBRE	JUEGO LIBRE	JUEGO LIBRE	JUEGO LIBRE
14:00 H	Matemáticas	Lengua, Matemáticas	Matemáticas	Lengua, Matemáticas	Matemáticas
15:00 H	Inglés	Arte, Música, Historia	Historia del mundo	Inglés	Arte, Música, Historia
17:00 H	Deportes, Juegos recreativos	Deportes, Juegos recreativos	Deportes, Juegos recreativos	Deportes, Juegos recreativos	Deportes, Juegos recreativos

NOTAS:
 Todas las actividades se realizan de forma virtual, según las posibilidades.
 Las actividades con presencia se van realizando cuando sea posible.

4. Also thanks to the pandemic and when they confined us I was able to do things that in another time I have not been able to do either due to lack of time and desire, it has been to read, I have never liked to read but since the pandemic began and they confined us I have I read three books since I had a lot of free time and not dedicate it only to using the mobile or the technology because I started reading and the truth is that that little time I liked too



5. And the last aspect that got positive from the pandemic is that I had so much free time because I also tried to eat very healthy since in confinement I did not eat very well and I also did a lot of sport so during confinement I ate very healthy food and made me shakes of many fruits and before my time to spend thirty or forty minutes of sport and during that time I became a healthy boy although now I still am but not so much

