

The first mechanism is to treat people with different skin tones the same way as others. Black people used to be considered a worse sort. They were not allowed to speak, they were treated as sick people. Currently, people with dark skin colours can work normally, are also allowed to work, they are also allowed to come to power, children can go to class with white people and learn the same thing as others.

People of different religions, for example Islam, are treated equally with people who believe in God. They have a special time to say prayers, . In restaurants, it is more and more common to see a request not to wear shirts on shoulder straps because this offends other religions.

Gender equality - nowadays, there is equality between women and men across Europe. Women can work, study, participate in elections, and even run for president, parliament, and so on. They earn as much as men, they are allowed to enter the same places,

One such mechanism is also the Erasmus+ programme, and more specifically our project. By addressing social exclusion, we help other people. We inform what to do when they feel excluded or when they see a person with this problem. Let us remember that even after an exchange, we can continue with this because it is a very important matter. The have opened our minds to help and integration, let us not stop fighting social exclusion!