"European Heritage: Opening Minds for Integration and Progress" 2018-2020

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Social exclusion

is a situation in which an individual who is a member of society can not normally participate in the activities of citizens of this society as an inability to participate in economic, political and cultural life.

Reasons for social exclusion

Financial problems

-unemployment,
- poverty
-lack of means to live (homelessness)
-uneven(different) division income

Social problem

Diversified and uneven access to:

-education,
-integration,
-promotion
-prosperity

Political and cultural problem

-limited participation in decision-making processes and political life

-diversity in language, culture and religion

The effects of social exclusion:

- addictions
- depression and suicide
- violence
- removals
- sense of isolation

SURVEY ABOUT SCHOOL EXCLUSION
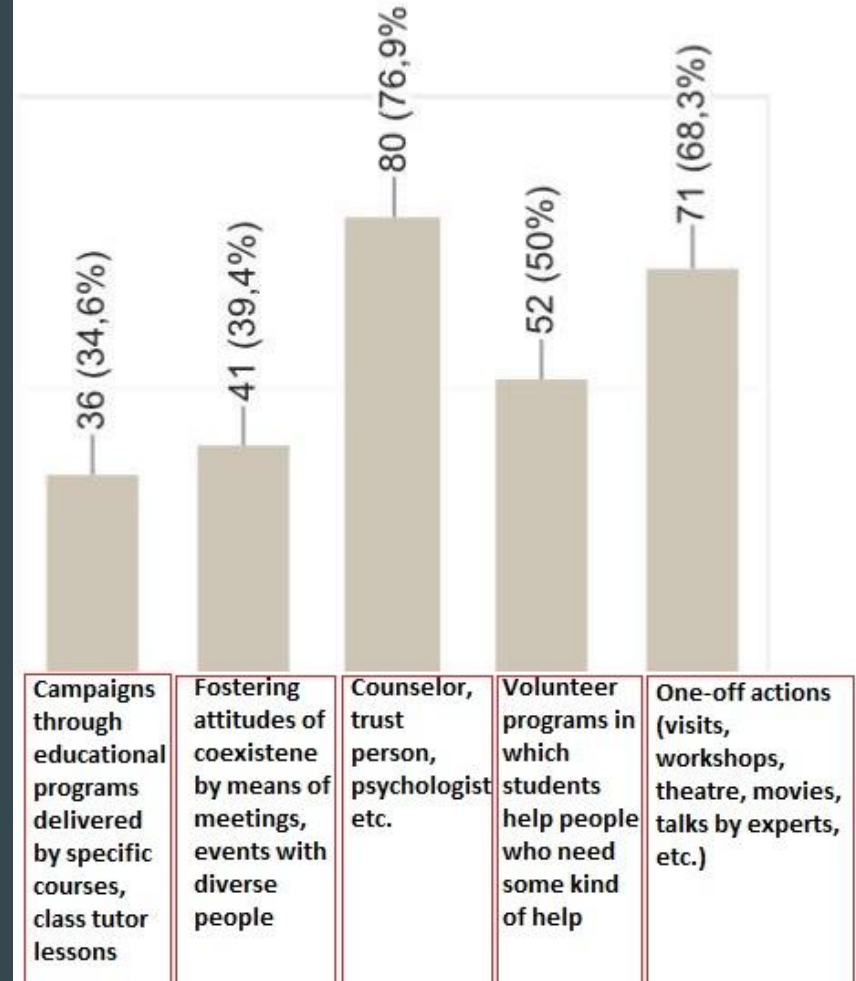in I Liceum in Grudziądz

1. What does your school do to prevent exclusion?
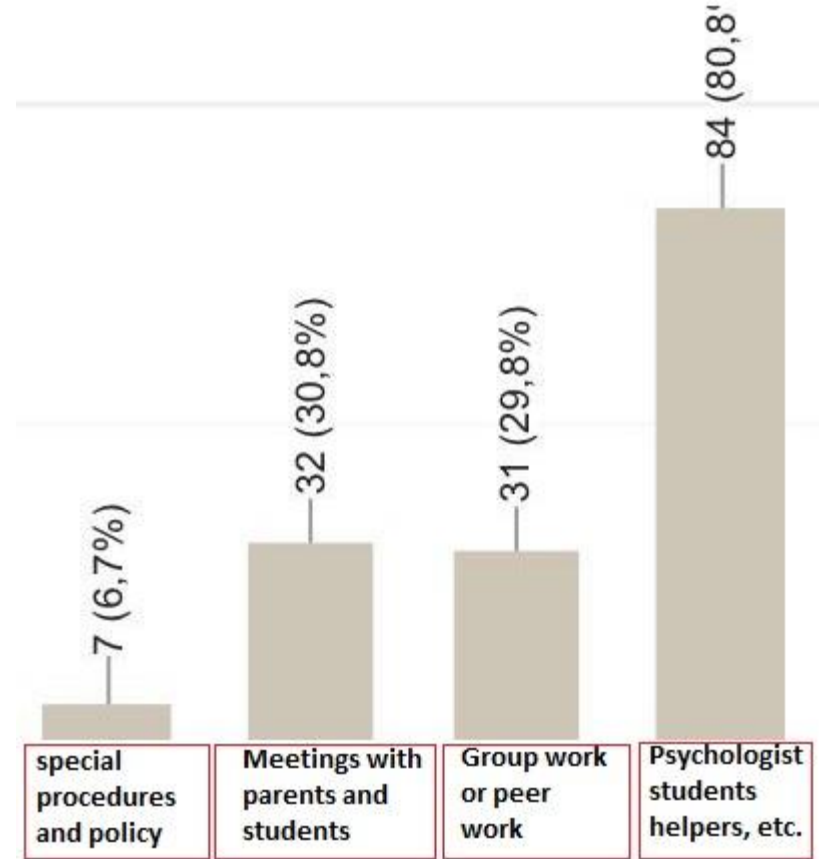
Numbers of analyzed students - 104

Results:

The majority of students - 76.9% think that there is an advisor in the school or trustworthy person who is the source of help,
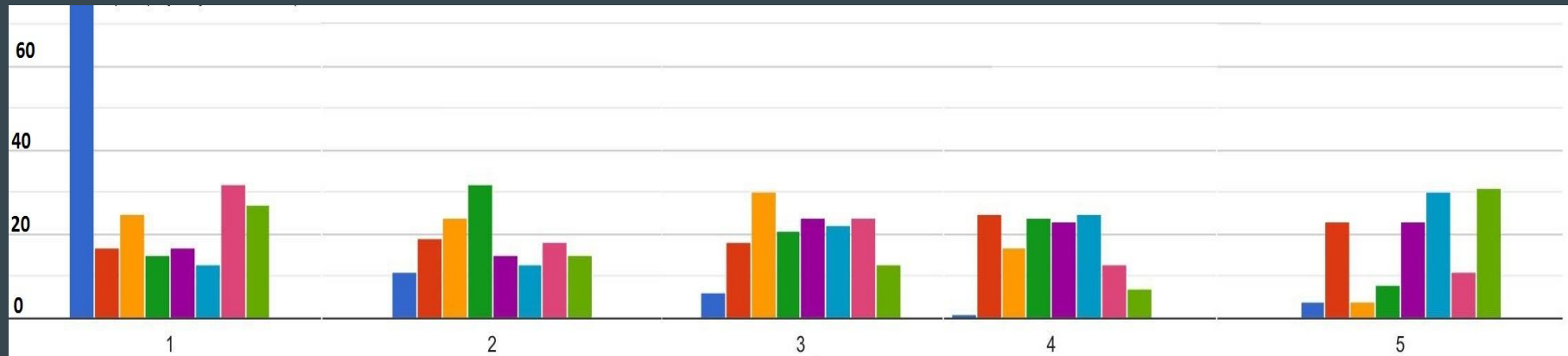
in the second place are one-off activities (visits, talks by experts , etc.) or participation in volunteer programs that help people in need.

36 (34,6%)	41 (39,4%)	80 (76,9%)	52 (50%)	71 (68,3%)
Campaigns through educational programs delivered by specific courses, class tutor lessons	Fostering attitudes of coexistene by means of meetings, events with diverse people	Counselor, trust person, psychologist etc.	Volunteer programs in which students help people who need some kind of help	One-off actions (visits, workshops, theatre, movies, talks by experts, etc.)

2. How does the school deal with an actual problem of discrimination such as racism, gender discrimination or bullying?

- This graph shows that it is very important, both at school and at home. Operation in accordance with a special procedure is not effective in comparison to the other opportunities.
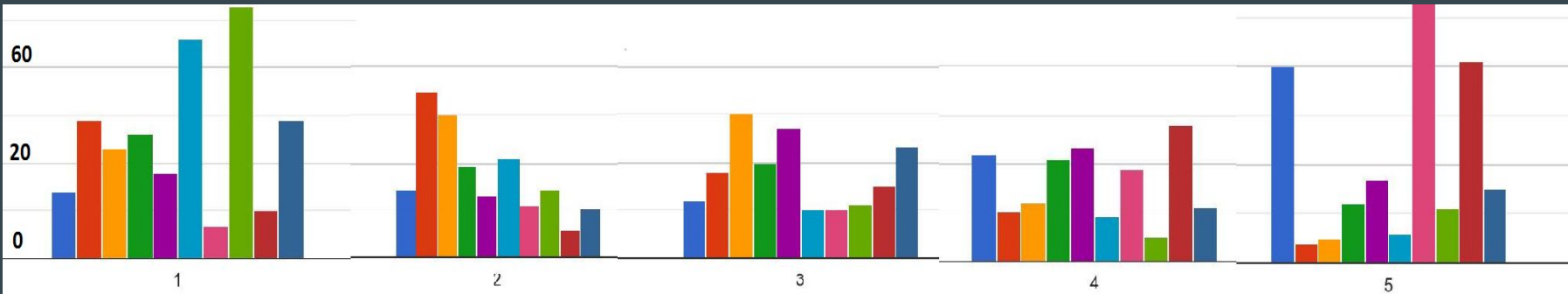

| special procedures and policy | Meetings with parents and students | Group work or peer work | Psychologist students helpers, etc. |

7 (6,7%)   32 (30,8%)   31 (29,8%)   84 (80,8'

Differences of gender (male-female)

Sexual preferences (heterosexual, homosexual, bisexual, transgender)

Cultural, social or "racial" traits (colour of skin, language, cultural, social traits or behaviours)

Physical disabilities or cognitive differences (gifted or with learning difficulties)

Economic differences (richer, poorer, etc)

Appearance

Political or religious views

Others

3. Opinion, what major factors make some of your schoolmates excluded from the rest? Rate according to the importance you deem from 1 to 5.

We can see that each value with the highest notes is different, which shows the lack of the leading factor
and it shows that there are many serious factors that affect social exclusion.
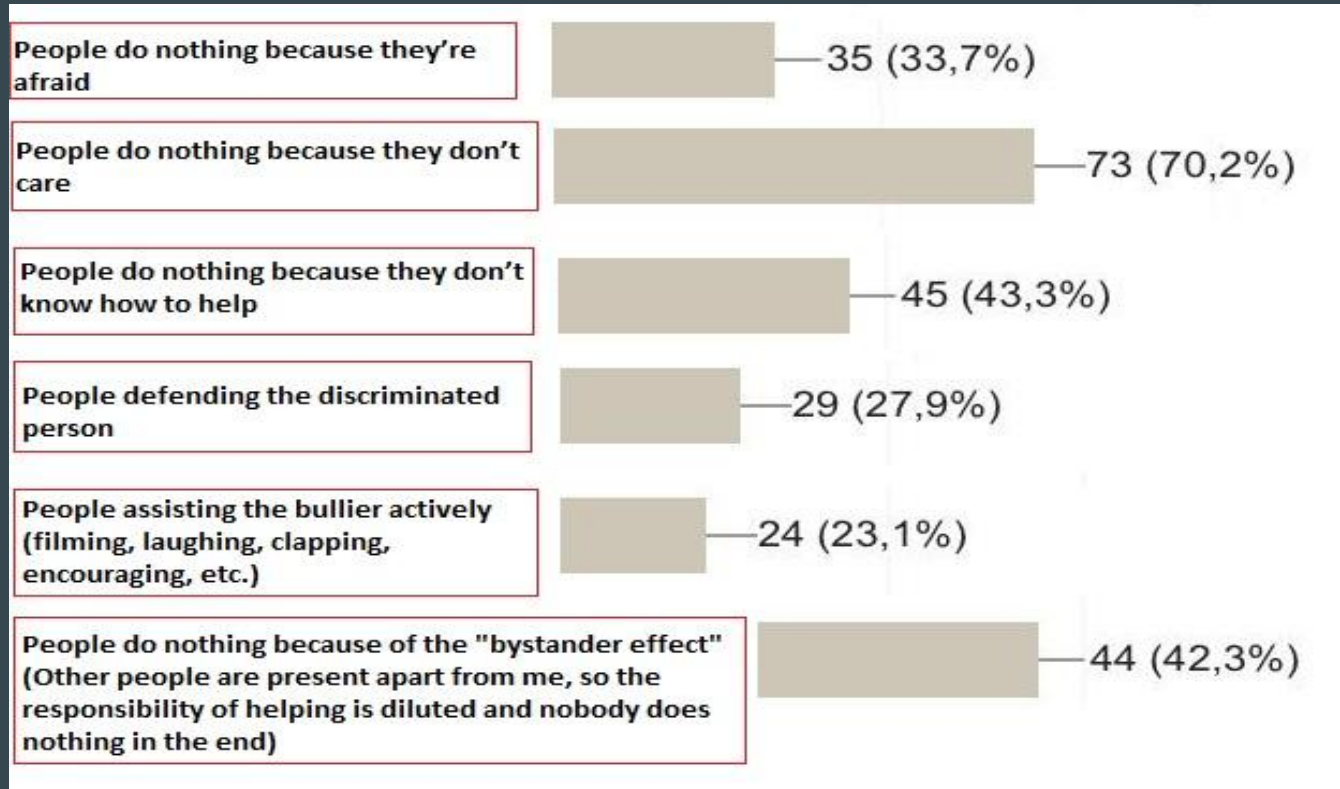
Legend:
- Loneliness and depression
- Bullying
- Leaving school early or changing schools
- Auto mutilation
- Addictions (such as alcohol, drugs, etc.)
- Escape from home or disappear
- Lack of self-confidence
- Suicide
- Problems with relations
- Others

4. What impact or main consequences did exclusion have on those you ever saw excluded /the excluded schoolmates. Rate according to the importance you deem from 1 to 5.

The results show the very negative effects of social exclusion, which are serious and drastic. They affect us in a destructive way in the physical and mental sense. We should react and counteract this.

5. Which reactions did you see in cases of discrimination at school?

People do nothing because they're afraid	35 (33,7%)
People do nothing because they don't care	73 (70,2%)
People do nothing because they don't know how to help	45 (43,3%)
People defending the discriminated person	29 (27,9%)
People assisting the bullier actively (filming, laughing, clapping, encouraging, etc.)	24 (23,1%)
People do nothing because of the "bystander effect" (Other people are present apart from me, so the responsibility of helping is diluted and nobody does nothing in the end)	44 (42,3%)

As we can see, people are running away from the problems of others, according to 70% of people who look only at themselves and their own needs. Many people would like to help, but they do not know how to counteract this problem. Only 23% indicated help for a discriminated person.

Do not be indifferent

We must have consciousness of behavior that can cause social exclusion for another person. It gives huge negative effect- destroys the psyche and life.

Let's try to do something for these people and help them, if we can not offer help, give them protection and support at a particular person.

Possibilities of help

Professional help

Support groups

Trustworthy persons

Foundations for peoples in need

Thanks to support we can create good things

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Thank you for your attention