



ERASMUS +

# Lifeguard



## Required Studies

- **Standard First Aid certifications**

## Working Hours:

- **37 hours a week**

## Skills for the job

- **16 years old of age**
- **physically fit**
- **be able to swim 50-100 meters less than a minute**
- **Responsibility**

## Pros and Cons

- **Brings you close to the nature (sea)**
- **You can take a refreshing dip during your break.**
- **Have the opportunity to aid young kids and adults in the process of becoming stronger swimmers.**
- **This job is like a daily training**
- **You meet and communicate with many people every day**
- **Part of this job is the higher risk of dehydration.**
- **UVA and UVB are unhealthy for the skin (cancer)**
- **Is a part-time job (only for the summer).The only exception is to work in a warming pool.**
- **Stressful job because of the dependence of one's life on you**

Basic Salary : **6.000€ and 12.000€ per year**