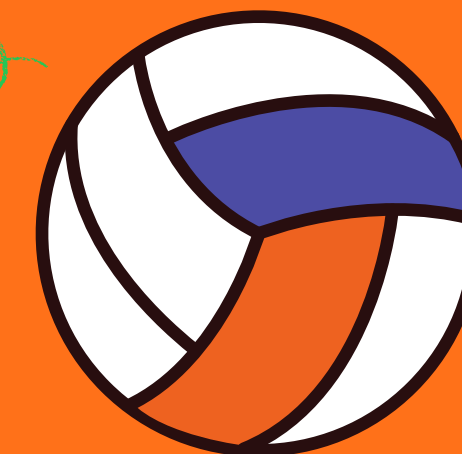
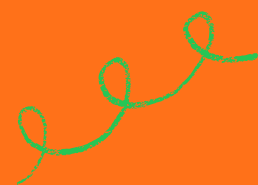


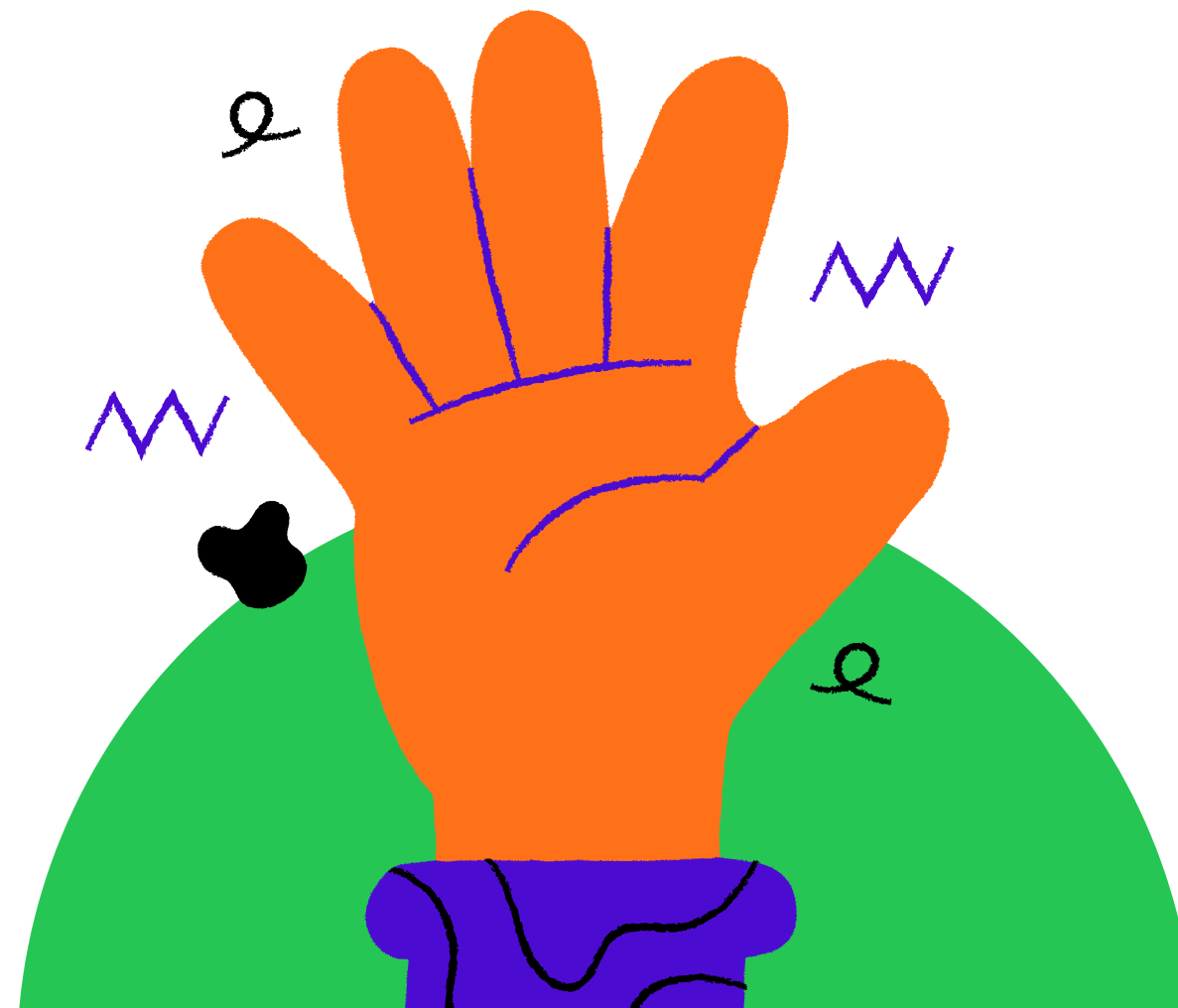
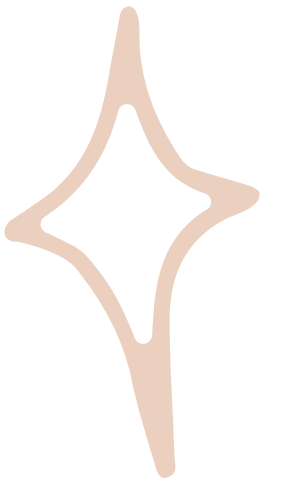
# Sport Game Notebook

PROJECT: LETS SHARE OUR GAMES



# Hi, kids!

# Welcome to sport activities.



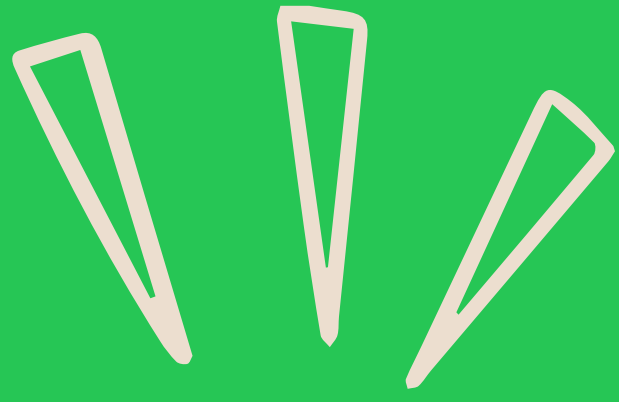
Erasmus+

# Sport Activity 1

INSTRUCTIONS FOR THE GAME

Catch - Pull the Balls





# Materials for the 1st activity

- 20 Small balls
- Empty boxes
- Two Hula-Hoop which on both sides have tied rope



# Step 1

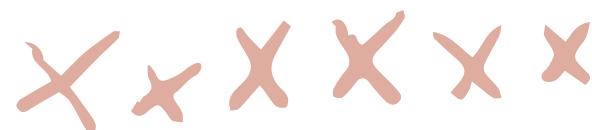


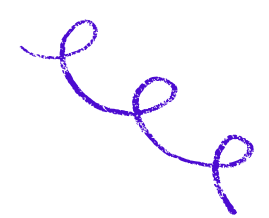
The game is competitive, the children have to be divided into two teams and each team has two children. Children can also sit on the floor (but we used a sponge circle because it was not warm weather)

# Step 2



For the children on the right we place the boxes with the balls on one side (ten balls for a child), while for the children on the left we place the empty boxes on one side. The two Hula-Hoop we placed near the children who have the empty boxes. The ropes that are on the sides of the Hula-Hoops we give to the children.

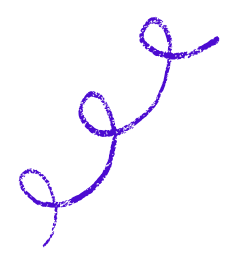




# Step 3



The children, who have the box with balls, should pull the Hula-Hoop by the rope which they hold in their hand, and then they have to place one ball inside the Hula-Hop from the balls box. And children who have empty boxes should pull the Hula-Hoop from them and take the ball and place them in the boxes next to them (empty boxes)..



Then the kids who have the boxes with the balls again pull the Hula-Hoop and again put the ball in the Hula-Hoop, and the kids who have the boxes with the one ball pull the Hula-Hoop...

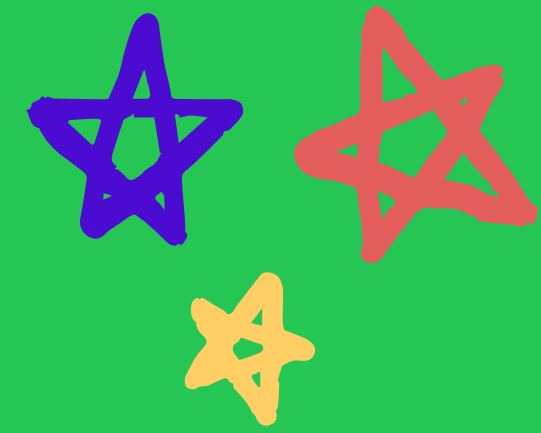
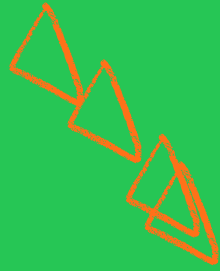


# Step 4

# Step 5 and the last one

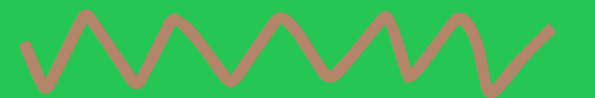


This happens until the kids who have the boxes with the balls, empty it and the balls are picked up by the other child on his/her team. The children, who reach to pass faster the balls from the box with 10 balls to the empty box, are the winners....



# How we played

We had so much fun when we practiced the game in our classroom

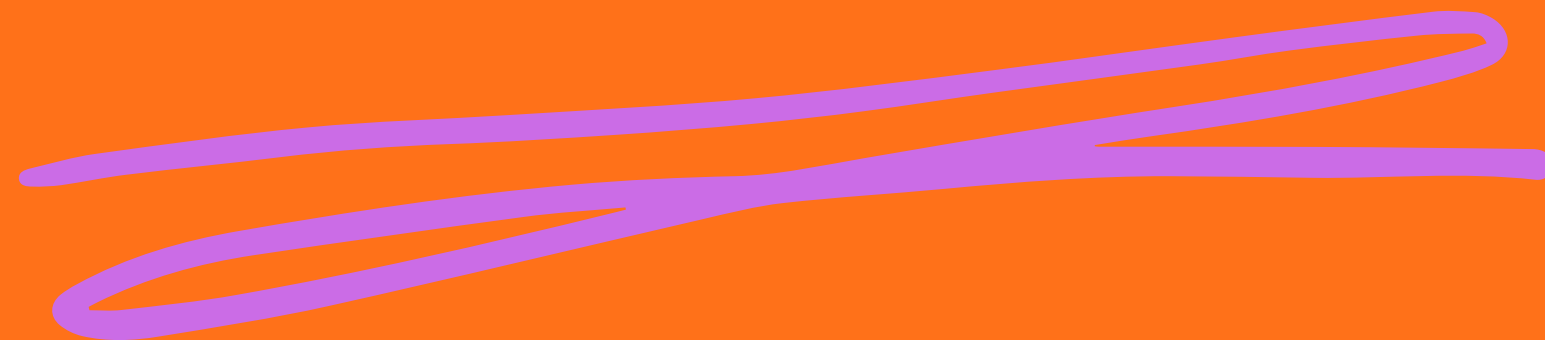


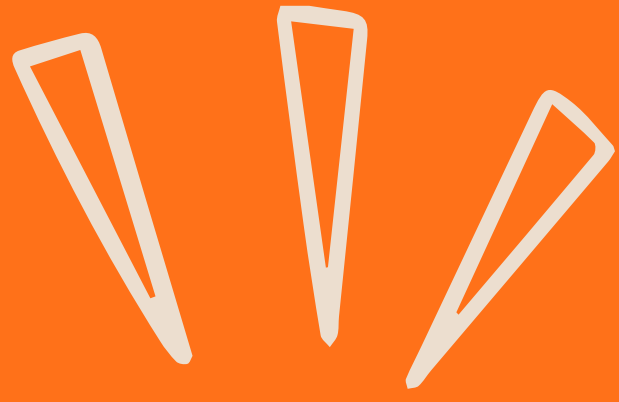


# Sport Activity 2

INSTRUCTIONS FOR THE GAME

Place the Ball





# Materials for the 2nd activity

- 10 Small balls
- Four Hula-Hoop
- Two blankets



# Step 1

Children should be stretched on blankets (each child on his / her blanket). Down at the feet of the children have one Hula-Hoop (each child have their Hula-Hoop), and on one side of them there is a Hula-Hoops inside which there are 5 small balls (5 red balls for one child and 5 yellow balls for one child). Children should not touch the ball with their hands!



# Step 2

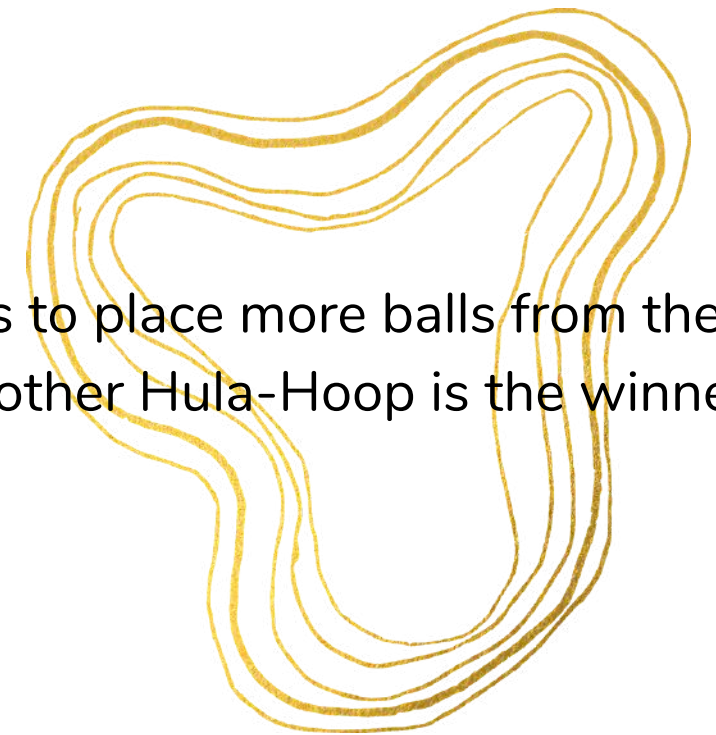
Children should take the balls with feet from the Hula-Hoop which is on their side and send it to the other Hula-Hoop, which is located below their feet.

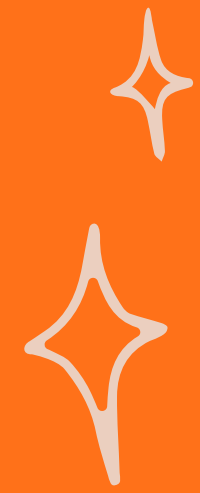


# Step 3



The child who reaches to place more balls from the side Hula-Hoop, to the other Hula-Hoop is the winner.





# How we played

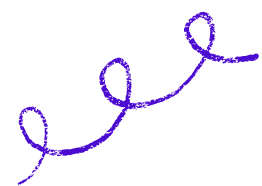
We had so much fun when we practiced the game in our classroom

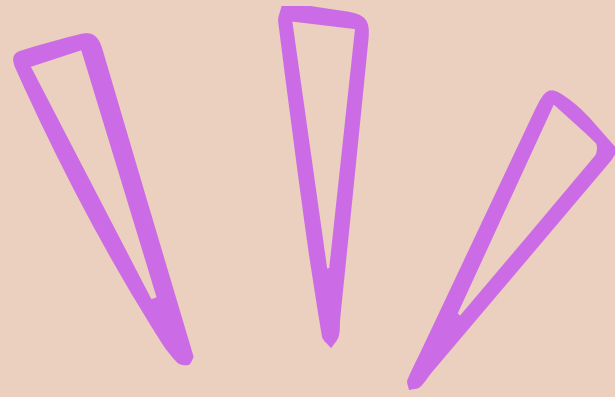


# Sport Activity 3

INSTRUCTIONS FOR THE GAME

Place the Ball





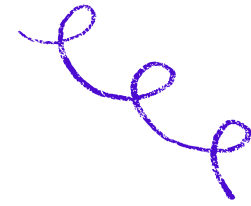
# Materials for the 3rd activity

- Small balls
- One empty boxes
- Fruits
- A bag with two holders
- Numbers from 1 to 5
- Double-sided adhesive
- Black stripe

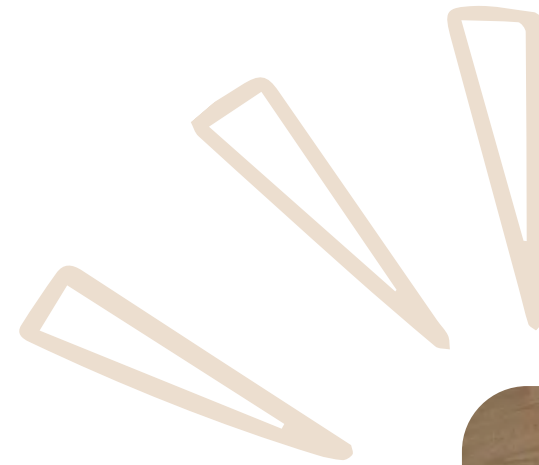




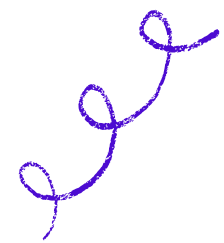
# Step 1



First the educator makes this form with black stripe and sticks it with the adhesive...



The educator also sticks the fruits above the black stripe...



# Step 2





# Step 3



The educator also sticks a horizontal line above, and in a side put the balls inside the empty boxes and the number from 1 to 5 above.

# Step 4



The child should enter in the bag with the holder, to throw in through the black stripe, and where there are fruits, to take it...

# Step 5

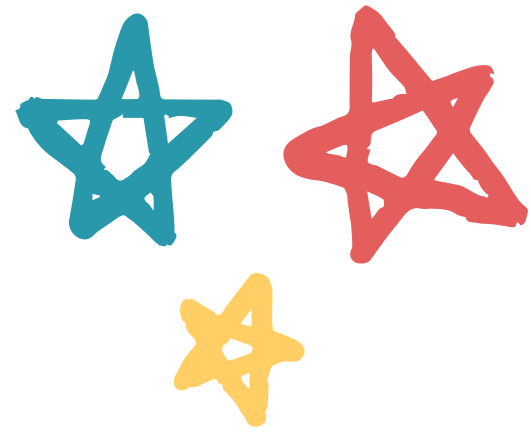


Then the child stops at the box with the balls and at the numbers that are placed above, throws as many balls as is the number (at number 1 – one ball, at number 2 – two balls, at number 3 – three balls, at number 4 – four balls, and at number 5 – five balls, in front of the number there are two-sided adhesives).

# How we played

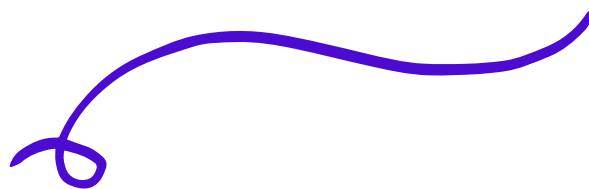
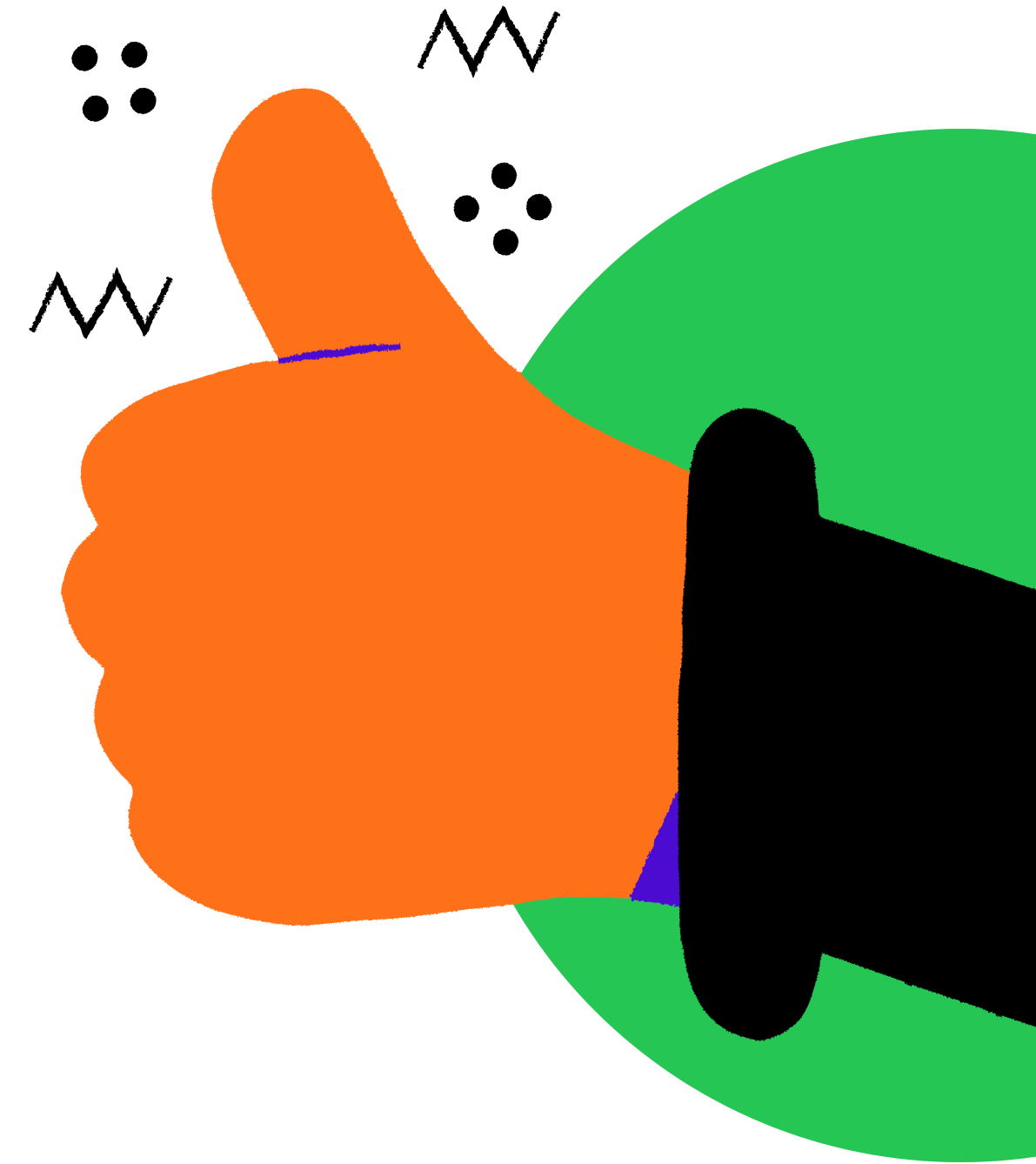
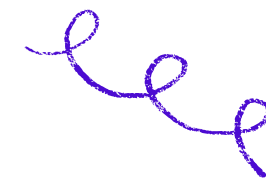
We had so much fun when we practiced the game in our classroom





# Homework!

Together with your teachers and your friends  
try this sport activities at your classroom







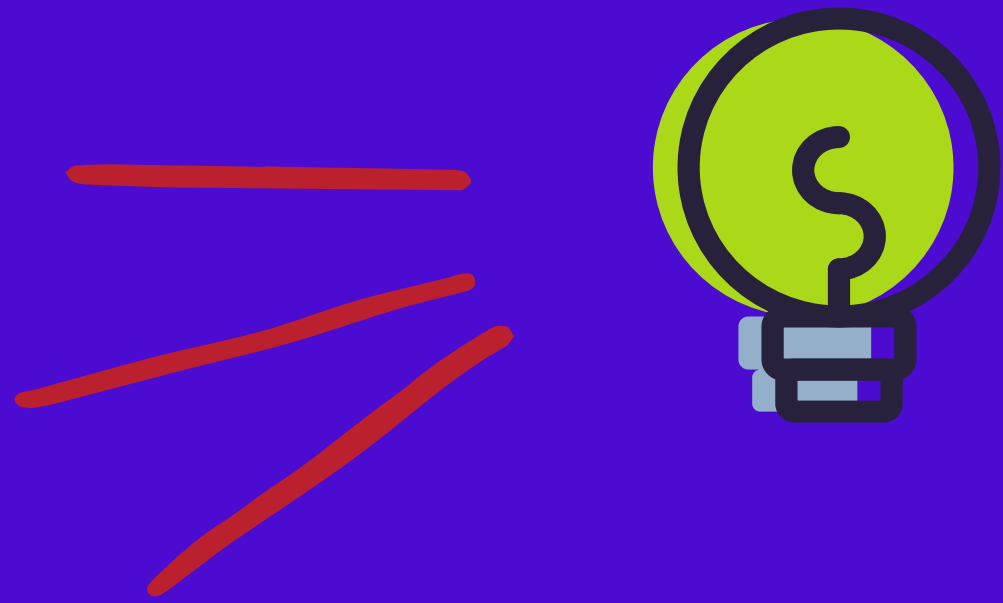
# About the Project



The goal of the project "Let's share our games!" is to explore, select and describe different kinds of interesting games from seven European countries. Let's present and share the game of play and the rules of specific ones that can be practiced by all preschools. The world is changing and updating even faster than before. Anyone who does not want to lag behind these changes should hurry to change their thinking, knowledge, and value orientation. European cooperation in the field of education must be tailored to the needs of the new generation of children. It should be strengthened, give clear development guidelines and visible results in order to provide fresh ideas and a benchmark.

The project consists of many different activities prepared by partner schools coming from North Macedonia, Bulgaria, Latvia, Lithuania, Greece, Italy and Romania. Upon completion of the project, the knowledge gained from the combination of learning activities and games for educational purposes is the first asset to be maintained. Teachers, for their part, will add these competencies to their daily teaching methods. In this way the innovative results of the project will be integrated into the pedagogical activity of the participating institutions and will serve as a good role model, inspiring other professionals in the field of education.





**Check** our  
videos with  
different  
sport  
activities



Erasmus+ Activities - Sport Games  
on YouTube channel of Breshia

1. <https://www.youtube.com/watch?v=bNxIkJzPsuA&t=25s>

2. [https://www.youtube.com/watch?v=H\\_FZDYiXClo](https://www.youtube.com/watch?v=H_FZDYiXClo)

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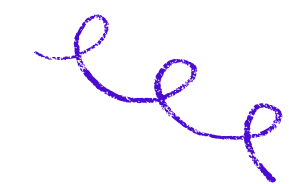
JOUDG Breshia

Director

Ajrije Dachi

Activities & Design

JOUDG Breshia team



**JOUDG Breshia**

**8 September**  
**1250 Debar, North Macedonia**  
**[www.breshia.net](http://www.breshia.net)**



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