

BILDUNG

why is building important?

HOW DOES IT NOT FOSTER BILDUNG

- kills our creativity
- introduces limitations
- a lot of stress
- it imposes learning of subjects that do not interest us

HOW DOES IT FOSTER BILDUNG

- help us gain knowledge about different subjects/topics
- teach us how to manage our time
- help us socialize
- responsibility of our choices

IN CONTEXT OF TODAY'S EDUCATION

AT HOME

- improve your behavior
- learn how to solve conflict
- learn how to create a comfortable environment for other people
- learning how to take responsibilities for your actions
- learning how to care about others /selflessness
- creating our own hierarchy of values

AT WORK

- how to cooperate with co-workers
- gaining ability to cope with stress
- learn how to respect other people regardless of different perspectives
- improve our time management
- predicting possible effects of our actions

WHERE ARE WE EXPOSED TO BILDUNG?

IN SOCIETY/OUR EXPERIENCES

- gaining knowledge how to become social person
- learning from failures
- showing tolerance to others
- ability to recognize toxic environment
- ability to express ourselves in a different ways

PLACES WHERE WE DEVELOP OUR INTERESTS

- learning discipline
- learning how to lose
- how to create a compatible team
- healthy relationships with others
- time management

WHAT DOES IT MEAN?

The opportunity to grow/evaluate

Capacity to recognize what is right and what is wrong

increasing our knowledge

the ability to cooperate with others

THE ORIGIN

Germany (Self cultivation)

learning how to obtain new skills

improve ourselves

finding new hobbies/interests

gaining experience

Accept **responsibility** for your actions
Be **accountable** for your results
Take **ownership** of your mistakes