



together you can do anything



you are free you can do anything

### What does Bildung mean?

- to learn what is right and wrong
- the search for one's own roots
- how to learn to be good in a team
- how to deal with conflicts
- how to conquer your fears
- how to come to rest
- to know who you are (it has something to do with personality)
- how to learn new things
- how to concentrate
- how to learn to accept oneself
- how to learn to laugh at yourself
- thinking outside the box

### When to get Bildung?

- Everyone can receive Bildung, the children's years are particularly formative but adults are still learning too. Anyone can provide Bildung and you can get Bildung anywhere.

# BILDUNG



you are an individual

### Where do you get Bildung?

- from humans: through the upbringing of their parents, children are taught certain values, they also look at the actions of their role models and are taught by their siblings what is wrong and what is right, for example.
- from experience: you learn your strengths and weaknesses, you can face your fears and learn from your mistakes
- in clubs (sport clubs): you learn how to work together in a team, how to concentrate on difficult tasks, how to structure yourself when you have a full day (for an example a competitive athlete).
- in the church: you learn how to stick together, believe in something, be able to hold on to something and to have a conviction.

Your roots are your origin and your anchor

face your fears. you are brave.



Bildung develops under the influence of the environment and the influence and example of people.

