

Lesson plan ref.	Course ref.
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Subject/ Course:	BODY AND ART
Topic:	THE INCLUSION
Lesson Title:	ART FOR INCLUSION
Level:	MEDIUM
Duration:	2 HOURS
Lasson Objectives	

# Lesson Objectives:

General aims of this Teaching Unit

- Promoting cooperation
- Improving mimic skills and body control
- Expressing an idea through movement
- Improving your musical skills
- Letting your imagination and creativity run

#### Specific aims:

- Being able to connect together different types of art
- Becoming aware of the importance of the single actions
- Understanding the value of working together
- Learning to pay attention to the others
- Coordinating your body and your mind
- Proving the necessity of inclusion

Summary of tasks/ actions:

PART ONE: brainstorming

Phase 1: discuss about the aim of inclusion (what does inclusion mean in everyday life? How difficult is the coexistence between different cultures?).

Phase 2: divide in groups.

Phase 3: search on the net for examples of body art works.

Phase 4: take inspiration from them and make a schedule of your own performance.

#### PART TWO: finding resources

Phase 1: search for images, music, videos which deal with inclusion in your opinion (p.e. pictures or paintings which belong to other cultures).



Phase 2: choose what you want to communicate through your performance. Phase 3: select the materials which fit the most for your message.

### PART THREE: creation

Phase 1: each group has to choose working materials as temperas, pastels, felt pens, wax pastels, gesso...

Phase 2: find a way to mix originally what you have prepared.

Phase 3: working on the same sheet of paper try to realize a work that expresses the deep meaning of inclusion. Each group has to give its contribution to this work. Don't be afraid of being creative!



## MATERIALS

- paper sheets
- coloured pencils
- wax crayons
- temperas
- felt pens

References:

 videos (<u>https://www.youtube.com/watch?v=HmxDbBNnBrg; https://www.youtube.com/watch?v=Fsr7DNBEIYk;</u> <u>https://drive.google.com/open?id=1gTGRFIYBLH0SVQsiU7KZxj9Wv5xZZnRW</u>)
music (<u>https://drive.google.com/file/d/1vPbZED57zThfE2km5Hv0hPAgfrK9I53M/view?usp=drivesdk,...</u>)

Take home tasks: