



How to play “ Bairros’ game”

This game can be played by anyone aged 7 or over. It can be played alone or in teams (2 a 6 players).

- **GOAL:** to be the first player to reach the last square, where we have the symbol of the project. For this purpose, each player rolls the dice to find out who will start the game. Whoever takes the highest number wins. All players place their piece in the “starting place”. This is where the game starts. The player who starts the game rolls the dice. The indicated result is the number of pieces that the player's piece will move around the board. During the game several pieces can remain in the same space and at the same time in a round.

WINNER: First player to reach last space.

Space n.⁰² – Question number 1

Our food should be: balanced, always the same and incomplete or balanced, varied and complete?

Space n.⁰⁴ – go without playing once

Space n.⁰⁹ – Question number 2

Drinking water is: an unnecessary resource for living beings and for nature or an essential resource for living beings and for nature.?

Space n.⁰⁰¹²- Go Forward to space 16

Space n.⁰¹⁴ – Question number 3

Why is water represented in the middle of the food wheel?

Space n.⁰¹⁵- Go without playing twice

Space n.⁰¹⁸- Question number 4

Which food belongs only to legumes?

Space n.⁰ 21- Go forward twice

Space n.⁰²⁴- Question number 5

Which of these fats have animal origin?

Space n.⁰ 27- Question number 6

Food colouring is used to:

Casa n⁰28 – Go forward 5 spaces

Space n.º31 – Question number 7

Which type of sugar should we choose?

Space n.º34- Question nº 8

When food is fried

Space n.º38 – Question nº 9

Proteins exist in:

Casa nº 42 – You don't play twice

Space n.º 44 - Question nº 10

What is the main function of carbohydrates in our body?

Space nº47- Go back to space 37

Space n.º50 – WINNER

Portuguese Erasmus Team (march 2021)