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**ISTITUTO COMPRENSIVO "D'ALESSANDRO-VOCINO"  
SAN NICANDRO GARGANICO – FOGGIA**

**ERASMUS + KA229 "We are European, We are Equal"**

**3RD SHORT-TERM EXCHANGE OF GROUP OF PUPILS - #EQUAL IN ITALY**

24<sup>th</sup> February – 1<sup>st</sup> March 2020

PRESENTATION OF THE ACTIVITY

Teacher's Name	Anna Conte
Title of activity	Water sports
The activity is relevant to	Healthy living
Methodology of activity	"Water workshop" to experience new situations in order to create games of movement, perception, space exploration
The aim of activity	<ul style="list-style-type: none"><li>- Introduce students to water sports</li><li>- Discover the value of the game / sport as an educational fact</li><li>- Provide children with moments of confrontation with their peers</li><li>- Convey the positive values of sport and the concept of competition</li><li>- Promotion of a healthy lifestyle</li></ul>
Short description of activity	Students from the three countries spend one afternoon in the swimming pool, assisted by the PE teacher Miss Costanza Piccirella and a swimming instructor, playing water sports and competitions in the swimming pool "Piscina Provinciale San Nicandro Garganico".
Pre-mobility material	To get familiar with different swimming styles <a href="https://youtu.be/nAPI9lWjgL8">https://youtu.be/nAPI9lWjgL8</a>
Post-mobility requirements	Answer a few questions about the activities carried out in the swimming pool
Anything else to add	Bring a swimming costume, a towel and slippers, a swimming cap and goggles.