



ISTITUTO COMPRENSIVO "D'ALESSANDRO-VOCINO" SAN NICANDRO GARGANICO – FOGGIA

ERASMUS + KA229 "We are European, We are Equal"

3RD SHORT-TERM EXCHANGE OF GROUP OF PUPILS - #EQUAL IN ITALY

24th February – 1st March 2020

PRESENTATION OF THE ACTIVITY

Teacher's Name	Maria Celeste Malerba
Title of activity	Bread: a traditional food in a healthy diet
The activity is relevant to	 Understand that traditional food is a source of healthy compounds Learn the importance of traditional food in Apulia
Methodology of activity	 Laboratory of sensory analysis on bread at the Department of the Science of Agriculture, Food and Environment (SAFE), University of Foggia Bread and living microorganisms: microbiology activity at Dept. SAFE
The aim of activity	 To discover that bread is the product of yeast To understand how to perform a sensory analysis on bread
Short description of activity	 Students carry out the activities at the Department of the Science of Agriculture, Food and Environment (SAFE), University of Foggia Students perform a sensory analysis on 2/3 different kinds of bread to recognize odour, colour, flavour and texture of bread Students watch under microscope to recognize baker's yeast
Pre-mobility material	 Research the Italian, Spanish and Greek bread recipe (everyone has to research the own country recipe) Watch about making Italian Altamura DPO (denomination of Protected Origin) bread: https://vimeo.com/118694369 https://youtu.be/IXyowkDduNo
Post-mobility requirements	Answer few questions on the activities
Anything else to add	Compare Italian, Spanish and Greek bread recipes (bring your own country recipe)