



BACKGROUND

This cross-disciplinary project, which will take place from September 2018 to June 2020, will link 4 schools in 4 different European countries: Lycée Alfred Mézières in France, Ventspils 3.vidusskola in Latvia, Mário Sacramento Secondary School in Portugal, Colegiul National Mihai Viteazul in Romania.

TARGET GROUPS

- ◆ **Direct Target Group:** Students (15-17 years old)
- ◆ **Indirect Target Group:** Teachers and educators, parents, etc.

The language of communication will be English.

PROJECT AIMS

The project objective is to compare the situation in four European countries, to promote **gender inclusion** by fighting against female - male stereotypes and to develop action plans within the schools.

The first teacher meeting was in Romania, in September 2018, to decide the basis of the programme.

Four learning activities will take place, involving short-term exchanges of groups of pupils.

Learning activities:

- Portugal: women and the family (birth-control, housework sharing, domestic violence), from 26/11 to 30/11/18
- Latvia: women and the workplace (employment, salary, sexual harassment), from 25/03 to 30/03/19
- Romania: women and culture & sport (October 2019)
- France: women and politics (March 2020)



PROJECT ACTIVITIES

Four domains will be studied in detail during the learning activities (women and the family / women in the workplace / women in sports and culture / women in politics), while one topic will be tackled during the whole project inside each school: women in schools (equality in education). Each country will work on this topic in their school, thus impacting the whole school.

During each learning activity, the participants will be able to do a comparative analysis, attend a conference on the topic, visit a place linked to the project, discuss and debate on the topic. It will also be the opportunity for them to discover the cultural and historical heritage of each area as well as the language of the country.

The discussions will lead to the creation of resolutions that will be given to the European Parliament's commission for women's rights and gender equality (FEMM) in Brussels.

MOTIVATION

The topic of gender equality is one of the founding values of the European Union. Our project enables to compare and contrast the current situation of women in the EU, as well as to fight female-male stereotypes. The European approach of our project thus has a purpose.



STUDENT'S FEEDBACK

Our Erasmus+ trip was a great opportunity for me to practice my English in the everyday life. From now on, Portugal will be a country that I really care in my heart. The inhabitants are very warm and kind people. Aveiro's specialties taste so good and unlike the others French people, I loved the "Ovos moles". During my trip, I was very well welcomed and I saw that there was no discrimination and that there was a lot of trust between each Portuguese – values that I like. Moreover, the activities were well animated, we all enjoyed them and the school was so beautiful, very classy and huge. Besides, it allowed to us to think about genders in equality: we had to develop our ideas about three topics: abortion and birth control, sexual harassment and domestic violence, sharing housework. All of those subjects involved women, in that way, we could debate in English about each topic. (Aicha)

Portugal E+ experience meant a lot for me. Not only the project itself, but the people I've met and the experience I've had. It was awesome to discover cultures that I hadn't had the occasion to discover before and to debate a subject that I'm really interested in: the women in family. I couldn't have asked for a better host. I felt like home there even if I've known them for such a short time. They were sweet, opened, kind and they treated me like a family member. The activities helped me to understand why is the woman so important in our daily life, being interesting and interactive. I recommend Erasmus from the bottom of my heart (RUXANDRA)

If we want to make a real change and try to fix some of the world's problems it's necessary that every generation gets involved in solving them as best as they can. This type of international projects help us acknowledge some of these important issues and gives us a wider outlook on the situation in other countries too. Besides discussing some of today's important problems, this project has given me the opportunity to bond with people from different countries and also discover a beautiful city, Aveiro, and its culture, not as a tourist, but as a local for which I am very thankful! (Andra)



CONTACT US

