Firstly, we have made a brief presentation of the different emotions that we can feel, depending on the experiences and situations of life that we are having.

Then photographs were presented from various contexts experienced by the clients in the institution, where they had to identify the emotion that their colleague was feeling in the photograph.

1. Group work

2. Fear

3. Joy

4. Surprise/concern

After analyzing photographs in which the same activity was experienced by different clients, they verified that not everyone felt the same emotions.
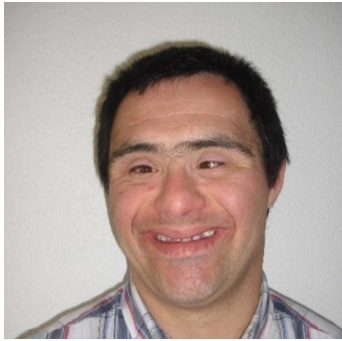
The following photographs were analyzed:

5. Joy

6. Fear

7. A lot of joy

8. Fear/concern

9. Afraid/Fear

10. Cry

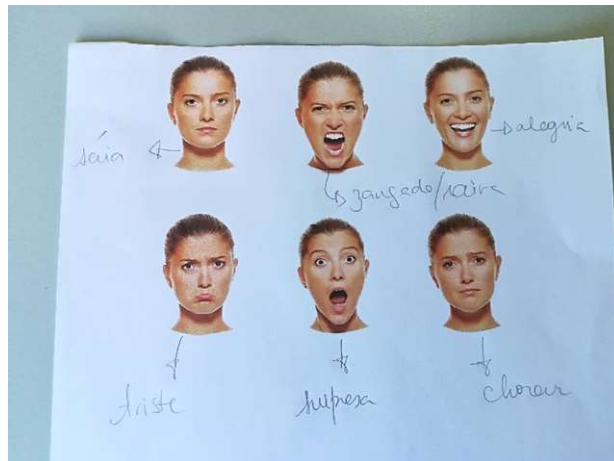11. First Emotion: Fear

12. Joy

13. Fear of heights   14. Joy/Satisfaction

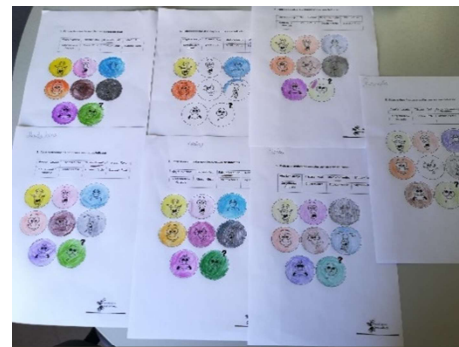Some examples of emotions and facial expressions were also given.

15. Examples of facial expressions

And identified by customers the emotions that others can feel, by completing a work card.

16. Individual work

17. Work card

Finally, emotions were collected that the customers wanted to express freely, according to episodes of their life that they wanted to report to their colleagues.
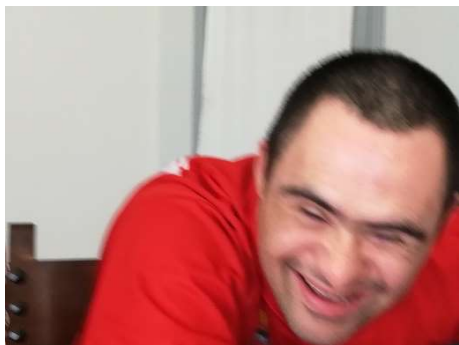

18. Sadness and anger

19. Happy

20. Angry

21. Joy/Laughter

22. Surprise / doubt