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HEALTHY LIVING AND EQUAL OPPORTUNITIES THROUGH SPORT

STUDENTS' SATISFACTION QUESTIONNAIRE

Greece- Answers from 4 students

In order to assess the students' interest and involvement in the activities carried out in Learning Activity C2, please choose the correct option:

1 2 3 4 5

Reactions (What do you think about)

- Satisfaction level
- Effects in your future
- Usefulness of the program
- Improved interest in school activities thanks to the Erasmus + program

	1	2	3	4	5
- Satisfaction level			1		3
- Effects in your future		1			3
- Usefulness of the program		1			3
- Improved interest in school activities thanks to the Erasmus + program				1	3

Learning (What have you learnt)

- Knowledge improvement
- Interest in learning more on the theme
- Improved awareness about healthy lifestyle and inclusion and disability

	1	2	3	4	5
- Knowledge improvement			1		3
- Interest in learning more on the theme			1		3
- Improved awareness about healthy lifestyle and inclusion and disability	1				3

Behaviour (How can you change)

- Possible changes in your behaviour
- Promote daily actions to improve your way of living
- Personal effort to help people with disabilities
- Personal effort to help inclusion among our partners

	1	2	3	4	5
- Possible changes in your behaviour	1			1	2
- Promote daily actions to improve your way of living	1			1	2
- Personal effort to help people with disabilities	1				3
- Personal effort to help inclusion among our partners	1			1	2

Results (What will you do)

- Promote action among your friends
- Transfer of your new knowledge in your village/town
- Becoming active to promote healthy lifestyle and help people with disabilities
- Encouraging new projects about these themes

1			1	2
		1	1	2
	1		1	2
1			1	2

Finish the following sentences:

a/ This meeting has been for me

- ✓ a great experience , an opportunity to meet people from other countries
- ✓ a very good chance to meet new people and see a new country. Spain is very beautiful and wish to visit it again
- ✓ a chance to increase my interest for cooperation with different people
- ✓ an indescribable experience for me

b/ The things that I appreciated are

- ✓ the hospitality of the hosting country and the fact that we all belong to a global community without borders as long as we are open minded.
- ✓ All the experiences of my life good or bad are important to me, so I can say that the programme was a new experience
- ✓ The interaction between different people
- ✓ The opportunity that my teachers gave to me to be involved in this project and to participate in the mobility

c/ I learned that

- ✓ people from all over the world despite their different religions , languages and colors have a lot in common.
- ✓ Spanish people eat too much bread and ham!
- ✓ I can accept people with their personal characteristics
- ✓ Foreign languages are necessary to our lives / respect for “different” people

d/ The best thing of the meeting was

- ✓ that we could communicate in English , so even if we were from different countries and cultures, we could share our ideas speaking in English
- ✓ the excursion to Barcelona , because it was a unique place with so many interesting things to see.

- ✓ The moment when the students that I met last year in the same project , came to give me a big hug
- ✓ The time that I spent with the students of the other countries

e/ I would like to change

- ✓ nothing , as I am satisfied from this experience
- ✓ the endless walking on the mountains under the hot sun . I think it was too tiring
- ✓ the negative influence of a student who couldn't cooperate and participate in the activities
- ✓ Nothing. I enjoyed it.

f/ Now I feel

- ✓ that I broadened my horizons, I enriched my knowledge and became a better person
- ✓ good, because I keep in my mind only the good memories!
- ✓ That I have more experiences . My self esteem was increased
- ✓ Very proud of myself , because I managed to fulfill a dream

Describe our meeting we have held in 3 words (nouns or adjectives)

- ✓ Unique, fulfillment, satisfaction
- ✓ Connection, health, smiles
- ✓ Adventure, sports, group work and communication
- ✓ Motion, respect, friendships

What I would like to tell to organizers is

- ✓ They should take more sun protections during the athletic outdoor activities in order to avoid skin problems.
- ✓ A programme called "healthy living..." should have more fruits, vegetables and healthier food. Anyway it was nice in some points and not in others!
- ✓ That they should take care of the weather conditions, when they planned activities . It was a little exhausted ! From the other side we thought that we could swim....., but the pool was empty.
- ✓ They could have a better organization in some points

Thanks for your collaboration. We want to improve!