



I'm Angela Argento and in May 2022 I participated in the Erasmus project and I went to Lithuania. During the week I had the pleasure of meeting so many wonderful people from Cyprus, Portugal, Spain and Lithuania. Thanks to them I discovered new traditions, cultures, languages, lifestyles and so many other things... It was a busy but enjoyable week filled with interesting activities that I had never done before. I believe that this experience has changed me positively, in fact I have improved my linguistic and relational skills. Erasmus is an experience that cannot be explained in words, which is why I recommend everyone to participate at least once in their life!