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| ***Business related to sustainable tourism*** | | | | | |
| ***Type/category of sustainable tourism business*** | ***Cyprus*** | ***Portugal*** | ***Spain*** | ***Italy*** | ***Lithuania*** |
| *Accommodations* | *-Kir Yannis, it has traditional rooms accompanied by family restaurants* | *-Six Senses Valley, a hotel that grows vegetables and fruits for themselves and local communities, as a way of helping people become more eco-friendly.* |  | *Villa Carlino, a countryside home where travellers can find good food and shelter, provided by Dr. Cani.* | *-Yurts, made of natural materials (wood and wool), so they harmoniously blend into the natural landscape.* |
| *Traditional foods* | *-Arkatena, a circular bread made with leaven using the foam produced from chickpea fermentation called Arktis.* | *-Francesinha, a special kind of sandwich usually consisting of sausage, ham, cow beef, cold cuts and covered with melted cheese and special Francesinha sauce.* |  | *-Cannoco is the typical Sicily sweet made with ricotta*  *-Fruta martorana is a sweet made with sugar and almonds* | *Cepelinai are potato dumplings made from grated and riced potatoes.* |
| *Outdoor activities* | *-Sparte, in the Platres village, people can climb on trees and balance on ropes, that promotes physical activity and a connection with nature.* | *-Biclas and Triclas, a company that provides bikes as a way of getting to know the city while also helping reduce the number of cars circulating and improving people´s health with physical activity.* |  | * *Adventure park in Madonie, an innovative adventure park which is eco-friendly and offers a lot of routes and camping sites.* | *Treetop walking in Anyksciai, surrounded by the branches of evergreen spruce and pine trees, the circular walk stretches for 300 meters.* |

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