

My name: Irem

Where I am from: Austria

Age: 14

My picture:

A normal day

	Activity/Good/Product	Points
Mobility	Drive a car – 15km – 3 persons, Walk – 2km	8
Electricity	Laptop – 2h, Annual electricity consumption – 4500 kWh – 3 persons, Computer – 1h, Battery – 4h	9,03
Heating	Gas central heating – 3 persons	27
Consumer choices	Jeans – 1 peace – 8 months , T-shirt – 1 piece – 4 months, Hoody – 1 piece – 10 months, Tetrapak – 4 pieces, Kitchen roll – 1 piece, Toilette paper – 2 days, Doing the Dishes in the Dish-Washer, Paper – 10 pieces, Mobile phone – 2 years – 3 pieces, Laundry – 3 wash cycles per week – with softener and dryer, Shampoo and shower - 3	128,9
Leisure	Chatting,	0
Food	Fruit Juice – 500 ml – apple juice, Mineral water – chilled – 1l, Frozen pizza margherita – 1000 gram, Ice cream – 2 scoops, Bag of crisps – 1, chocolate – dark chocolate – 50 gram, bananas – 100 gram, Milk – 200 ml, butter – 0,5	96,6
Public consumption	Austria	31
Sum		300,53

A better day

	Activity/Good/Product	Points
Mobility	Drive a car – 5 km – 3 persons, Walk – 4 km	3
Electricity	TV – 2h, Laptop – 2h, Battery – 3h	5,4
Heating	Gas central heating – 3 persons	27
Consumer choices	Jeans – 1 piece – 10 months, Hoody – 1 piece – 6 months, Kitchen roll – 1 piece, Toilette paper – 1 day, paper – 3 piece, Smartphone – 1 year – 1 peace	9,2
Leisure	Chatting	0
Food	Mineral water – chilled – 0,5l, 1 croissant, Grapes – 300g gram, Cookie – 200 gram, Cereals – 400 gram	19
Public consumption	Austria	31
Sum		94,6