

My name: Giada La Valle
 Where I am from: Italy
 Age: 15

My picture:

A normal day

A better day

	Activity/Good/Product	Points
Mobility	travel by car	5
	drive a car	3
	walk	
Electricity	TV	1
	using elevator	0.2
	laptop	0.3
	specified electricity consumption	0.9
Heating	gas central heating	16
Consumer choices	leather shoes	0.5
	flip flop	0.3
	jeans	5
	shorts	0.2
	T-shirt	2
	jacket	1
	hoody	0.3
	mobile phone	0.5
Leisure	playing cards	/
	enjoying the evening sun	/
	reading a book	/
	chatting	/
Food	tap water	
	tea	0.7
	bread	0.8
	croissant	3
	frozen pizza margherita	7
	pork	11
	beef	29
	pasta	0.6
	pesto	6
	potatoes	0.2
	tomatoes	2
	bananas	0.6
	cereals	2
	yoghurt	2
milk	2	
Public consumption	/	/
Sum		103.1

	Activity/Good/Product	Points
Mobility	ride a bicycle	/
	walk	/
Electricity	specified electricity consumption	0.6
	laptop	0.2
	TV	1
Heating	gas central heating	16
Consumer choices	leather shoes	0.5
	flip flop	0.3
	jeans	5
	shorts	0.2
	T-shirt	2
	jacket	1
	hoody	0.3
	mobile phone	0.5
Leisure	playing cards	/
	enjoying the evening sun	/
	reading a book	/
	chatting	/
Food	tap water	/
	tea	0.7
	bread	0.8
	pork	11
	beef	29
	pasta	0.6
	pesto	6
	potatoes	0.2
	tomatoes	2
	bananas	0.6
	cereals	2
	yoghurt	2
	milk	2
	Public consumption	/
Sum		84.5