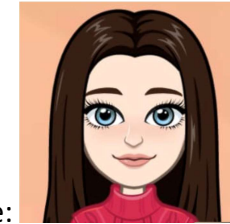


My name: Camilla Rovesti Serio
 Where I am from: Milan, Italy
 Age: 15



My picture:

A normal day

	Activity/Good/Product	Points
Mobility	5 km ride with Toyota Yaris 1.33 VVT-i 6 Speed and 2 persons	4
	3 km of walking	0
Electricity	3 ride/s with the elevator	0.6
	Use of laptop with 5 operating hours per day in the grid of European powermix	2
	daily points for 3000 kWh annual electricity consumption and 4 persons and CO2 emission of [CO2kWh] g per kWh	14
	20 web search per day (optimistic estimate)	0
	Electricity consumption by using an appliance 5 hours and using the European powermix.	7
	2 hours discharge of an AA size battery with 50 mA of type Single use lithium	0.7

A better day

	Activity/Good/Product	Points
Mobility	Ride 5 km by bicycle	0
	5 km ride by Coach	3
Electricity	Use the stairs	0
	Use of laptop with 5 operating hours per day in the grid of European powermix	2
	Electricity consumption by using an appliance 4 hours and using the European powermix	6
	daily points for 3000 kWh annual electricity consumption and 4 persons and CO2 emission of [CO2kWh] g per kWh	14
	1 hour discharge of an AA size battery with 50 mA of type Single use lithium	0.3
	20 web search per day (optimistic estimate)	0
Heating	Daily points at annual consumption of 10000 kWh from district-heating network of District heating network Vienna and 4 persons in your household	13

A normal day

	Activity/Good/Product	Points
Heating	Daily points at annual consumption of 10000 kWh from district-heating network of District heating network Vienna and 4 persons in your household	13
Consumer choices	4 pcs Jeans Levis 501 per day with an average use of 18 months	4
	2 machines laundry per week whitout softener and with washing line, washed and ironed	20
	8 pieces Femal T-shirt (from asia) per day at average period of use of 15 months	1
	4 pcs Hoody for Women daily value for a life span of 15 months	0.3
	1 times having a shower with shampoo	3
	toilet paper, 1 role Three coat soft and safe used in 1 days	3
	Daily value of a mobile phone if used 8 years.	0.2

A better day

	Activity/Good/Product	Points
Consumer choices	1 machines laundry per week whitout softener and with washing line, washed and ironed	10
	4 pcs Jeans Levis 501 per day with an average use of 18 months	4
	8 pieces Femal T-shirt (from asia) per day at average period of use of 15 months	1
	4 pcs Hoody for Women daily value for a life span of 15 months	0.3
	1 times having a shower with shampoo	3
	toilet paper, 1 role 100% recycling used in 1 days	1
	Daily value of a mobile phone if used 8 years.	0.2
Leisure	Reading a book - no matter for how long	0
	Enjoying the evening sun - no matter for how long	0
	15 minutes chatting	0
Public consumption		
Sum		

A normal day

	Activity/Good/Product	Points
Leisure	Reading a book - no matter for how long	0
	Enjoying the evening sun - no matter for how long	0
	15 minutes chatting	0
Food	2000 ml tap water	0
	100 g Brown bread	0.9
	80g noodles	0.5
	20 g of Sliced Tomato & Basil pesto	1
	10 ml olive oil Messina UNION (300 km road transport)	0.1
	10 g Himalaya salt	0
	Seasonal Strawberry 100g	0.2
	50 g Chicken meat(Conventional Agriculture)	3
Public consumption		
Sum		78,5

A better day

	Activity/Good/Product	Points
Food	2000 ml tap water	0
	100 g Brown bread	0.9
	80g noodles	0.5
	500g seasonal Tomatoes	0.4
	10 ml olive oil Messina UNION (300 km road transport)	0.1
	10 g Himalaya salt	0
	Seasonal Strawberry 100g	0.2
Public consumption		
Sum		59,9