

My name: Samira Bösch

Where I am from: Austria

Age: 15

A normal day

	Activity/Good/Product	Points
Mobility	Taking the bus or walking	2
Electricity	TV, regular electricity. Internet Research, battery, Hi-Fi	0.5; 3; 0.1; 0.4; 1
Heating	Heating	33
Consumer choices	Sneaker; Jeans; T-shirts; jackets; pullover; Milk carton; Paper ; toilet paper; dish washing; paper (books for school; handy; Laptop; Car; laundry; showering	0.5; 20; 10; 3; 0.6; 8; 35; 1; 7 ; 33; 3; 2; 14; 15; 4;
Leisure	Reading a book; talking	0; 0
Food	Limonade; coffee; Bread; Toast; sushi; Salmon; milk chocolate; salat; apple; cheese; butter; milk	4; 0.7; 1; 3; 3; 1; 4; 1; 6; 6 Total Points: 212,1

My picture:

	Activity/Good/Product	Points
Mobility	Has to stay the same	2
Electricity	Could turn off my TV if I don't use it instead of leaving it switched on	4:5
Heating	Maybe get my dad to switch to Öko-Electricity; would help a lot	0
Consumer choices	Using my I-Pad for school, waering m,y clothes for a longer time period	76,6
Leisure	Don't really do anything so its already zero	0
Food	Maybe go vegan but I am already vegetarian and don't really have a lots of points here luckily	13
Public consumption		33
Sum		129,1