



My name: Loren Heinzle
 Where I am from: Austria
 Age: 15

My picture:

A normal day

	Activity/Good/Product	Points
Mobility	Bus 16km (11 points)	11
Electricity	2 hours Tv with VKW electricity mix (0,3 points) 6 hours computer (0,3 points)	0,6
Heating	Heating with hardwood for 5 persons 10 cubic meters per year (0,9 points)	0,9
Consumer choices	4 pairs of sport shoes (0,7 points) Flip Flop (0,3 points) 2 pairs of boots (3 points) 13 pairs of jeans (7 points) 8 pairs of shorts (0,3 points) 65 T-shirts (7 points) 6 jackets (1 point) 3 hoodies (0,1 points) Toilet paper for one day (1 point) 8 paper bags for a year (0 points) Wash the dishes (7 points) 10 pieces of paper for a day (0 points) Handy for four years (0,5 points) Laptop for six years (0,7 points) To make the laundry (15 points) Liquid detergent (2 points) Shower with shampoo (3 points)	48,6
Leisure	Read a book (0 points)	0
Food	Water 1,5 L (0 points) one brioche (3 points) 100 g bio organic cook and boiled sausage (8 points) 250g roll (3 points) 100g cookies (2 points) 2 scoops of ice cream (1 point) 40g salami (5 points) 25g soft cheese (4 points) 80ml crockery (2 points)	28
Public consumption	In Austria	31
Sum		120,1

A better day

	Activity/Good/Product	Points
Mobility	Today I was the whole day at home	0
Electricity	1 hour Tv with VKW electricity mix (0,1 points) 7 hours computer (0,3 points)	0,4
Heating	Heating with hardwood for 5 persons, 10 cubic meters per a year(0,9 points)	0,9
Consumer choices	4 pairs of sport shoes (0,7 points) Flip Flop (0,3 points) 2 pairs of boots (3 points) 13 pairs of jeans (7 points) 8 pairs of shorts (0,3 points) 65 T-shirts (7 points) 6 jackets (1 point) 3 hoodies (0,1 points) Toilet paper for one day (1 point) 8 paper bags for a year (0 points) Wash the dishes (7 points) 10 pieces of paper for a day (0 points) Handy for four years (0,5 points) Laptop for six years (0,7 points) To make the laundry (15 points) Liquid detergent (2 points) Shower with shampoo (3 points)	48,6
Leisure	Read a book (0 points)	
Food	Water 1,5L (0 points) Milk 250ml (5 points) 100g roll (1 point) 100g crockery (2 points) 100g pork meat (11 points) 150g potato (0,3 points)	19,3
Public consumption	In Austria	31
Sum		100,2