



My name: Elisa Manuppelli  
 Where I am from: N.Machiavelli, Milan  
 Age: 14

My picture:

**A normal day**      **A better day**

	Activity/Good/Product	Points
<b>Mobility</b>	travel by bus	5
<b>Electricity</b>	laptop kettle	0.2
<b>Heating</b>	gas central heating	20
<b>Consumer choices</b>	jeans, t-shirt, jacket, hoody, daily newspaper, toilette paper, kitchen roll, laundry, paper, mobile phone, shampoo and shower	42
<b>Leisure</b>	reading a book, enjoying the evening sun, chatting, playing cards	0
<b>Food</b>	fruit juice, tap water, tea, bread, frozen food, burger, cold meat, chicken, fish, seafood, ham, sushi, pesto, chocolate, olive oil, lettuce, sweet pepper, apple, strawberry, avocado, cereals, salt, yoghurt, eggs, sugar	96,5
<b>Public consumption</b>		
<b>Sum</b>		139,3

	Activity/Good/Product	Points
<b>Mobility</b>	ride a bike	0
<b>Electricity</b>	tv laptop Hi-fy sistem	1.03
<b>Heating</b>	heating with wood	0.8
<b>Consumer choices</b>	jeans, t-shirt, jacket, hoody, toilette paper	4.5
<b>Leisure</b>	playing cards, reading books, enjoying the evening sun, playing chess	0
<b>Food</b>	fruit juice, tap water, bread, burger, chicken, sushi, pasta, potatoes, strawberry, eggs	41.06
<b>Public consumption</b>		
<b>Sum</b>		46.94