KALOKAGATHIA

Healthy soul in healthy body

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Documentation

Activity: P10

Pupils age: 11-14

Number of pupils: 30

Name of the activity: Paralympic games

Place: Kowala School

Subject: Paralympic games **Country:** Poland

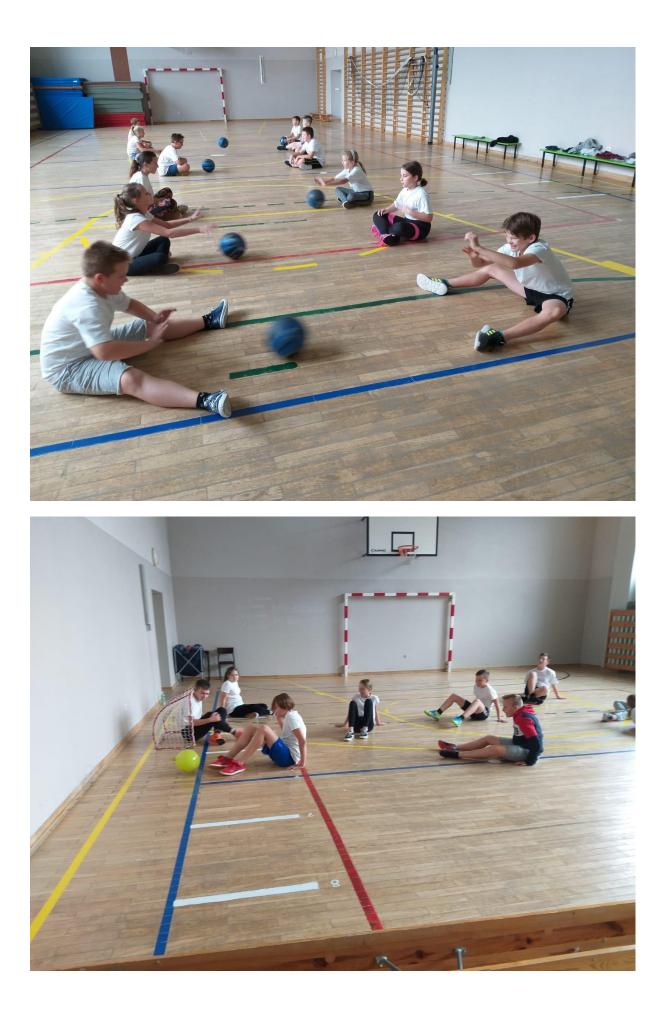
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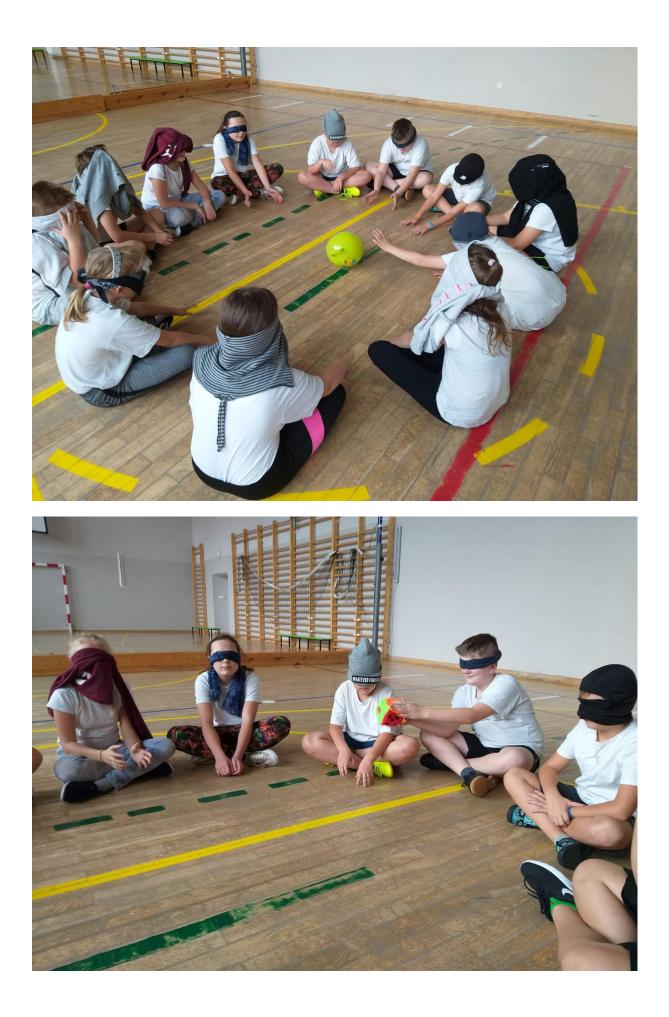
Connection to other subjects: P.E. Social studies

Preparatory activities: Trying to imagine having a physical handicap.

As there are some students with special needs in our school, we found that activity extremely important.

Activity: In this sports event we simulated a situation of having some physical handicap (blind, deaf, missing legs etc.).Children experienced the feeling of being physically limited.





Subsequent activities: Playing games without using the sight and arms and/or legs.

Results: Improved knowledge about disabilities and empathy.