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## Documentation

**Activity:**

P10 Paralympic games

**Name of the activity:**

P10

**Country: UK****Pupils age:**

6-11

**Place:** School

(classrooms)

**Date: June 2021****Number of pupils:**

Whole school

**Subject: P.E.**

**Connection to other  
subjects: P.E, PSHD.**

### Preparatory activities:

Children watch videos of Olympic games celebrated last time, then they watch a video of another game played at the Paralympic games. Children have a discussion about the similarities and differences about these two games. Then they share their ideas with their peers.

### Activity:

P.E coach talks about different games that can be played having a handicap, he shows pictures and shows postures and equipment so they are able to play the game. Then he prepares activities where children need to do an activity without using some of their body parts.

i.e: Walk with their eyes covered in a straight line.

Throw and catch the ball sitting on the floor.

**Results:** Children share their ideas about how they felt and how difficult that activity was. They also said that there are lots of games that people with handicap can play but how much effort they put into them.

**Comments:** This activity really helped the children to have understanding of other's needs and how we can support others when needed. They also developed tolerance towards special needs children and awareness of disabilities.