



MOBILITY C2 – Albufeira, PORTUGAL – 20 to 24th JANUARY

Meeting's minutes

20th January

1. Welcome ceremony in EB Guia.
2. Presentations prepared by participating countries on “Food habits”.
3. Workshop: “Healthy Breakfasts”
4. Physics and Chemistry Experiments for Elementary School students conducted by 9th grade students.
5. Natural Sciences, Physics and Chemistry experiments and Guided tour of school.
6. Meeting among the teachers who participated in the mobility in Portugal.
7. Contest 54321...Take-off! Launching of water rockets.
8. Workshop “Making water rockets”.
9. “Stargazing” – Observing the night sky and Science Café. (Due to weather conditions this activity had to be cancelled.)

21st January

1. Welcome ceremony in ESA.
2. “Smoothies with Heart” - Smoothie bikes Portugal.
3. Visit to “Moinho do leitão”.
4. Workshop “Making bread”.
5. Visit to Cerro do Ouro.
6. Workshop “Stuffed figs and Fig Stars”.
7. Visit to the "Avezinha" newspaper museum- news coverage.

22nd January

1. Welcome ceremony and guided tour of school DMF.
2. PE activities: traditional games and practice.
3. Visit to Faro Cathedral and Cathedral Museum.
4. Visit to Municipal Museum of Faro and Old city - historic centre.
5. Visit Faro (freetime to discover the city)

23rd January

1. Physics, Chemistry and Natural Science experiments.
2. Arts activities outdoors.
3. Lecture "Nutrition and academic performance".
4. Lecture "Eating disorders".
5. Field activity: walk "Arrifes" activities include orientation, observation of levels of pollution, and pick up of litter to recycle.
6. Welcoming ceremony at the city Hall.
7. Golf at Pine Cliffs Sheraton (1h30).
8. Photo walk in Falésia Beach.
9. Traditional dinner with regional animation – official ceremony.

NOTE: In the meeting that took place on the 20th January, it was decided to cancel activities 1-5 to comply with the request of most of the participating teachers, who felt the need for a free morning/afternoon.

24th January

1. Massage.
2. Physics, Chemistry and Biology Experiments.
3. Activity "Communicate in German".
4. Activity "Communicate in Spanish".
5. IT activities.
6. Guided tour of school.
7. Presentation of work done in Portugal.
8. Preparing Mobility in Spain.
9. Evaluation of mobility in Portugal.
10. Workshop "Healthy Snacks".
11. Tasting "Healthy Snacks".
12. Visit to Portimão. (Due to weather conditions this activity had to be cancelled.)
13. Free time to discover local Highstreet shops. (Due to weather conditions this activity had to be cancelled.)
14. Souvenirs; local sweets/Conventual pastry. (Due to weather conditions this activity had to be cancelled.)
15. Souvenirs; visit to "Algarve Shopping Centre". (This activity replaced activities 12-14 which had been cancelled because of the weather.)