

# Finnish traditional foods

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# Rye bread recipe

½ tablespoons yeast

2 cups warm water

½ tablespoons caraway seeds

½ cup rye flour

3+ cups all-purpose flour

Cornmeal for dusting

¼ tsp cornstarch + ¼ cup water



[Tämä valokuva](#), tekijä Tuntematon tekijä, käyttöoikeus: [CC BY-SA](#).

# Easter Pudding recipe

4 cups water

½ cup dark molasses (at room temperature)

½ teaspoon salt

1 cup dark rye flour

2 tablespoons grated orange peel

¼ cup seedless raisins

Powdered sugar (lots)

Cream/milk (lots)



# Finnish traditional drinks

**MILK**



**MEAD**



# FINNISH FOODS

**RICE PIE**



**FINNISH FISH PASTY**



Salmiac is stronger than licorice.



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