

# **DAY 3: Welcome to Helsinki!**

**the Daughter of the Baltic**

**Go to [www.menti.com](http://www.menti.com)  
use the code 3278 1660**

**HELSINGIN  
MEDIALUKIO**

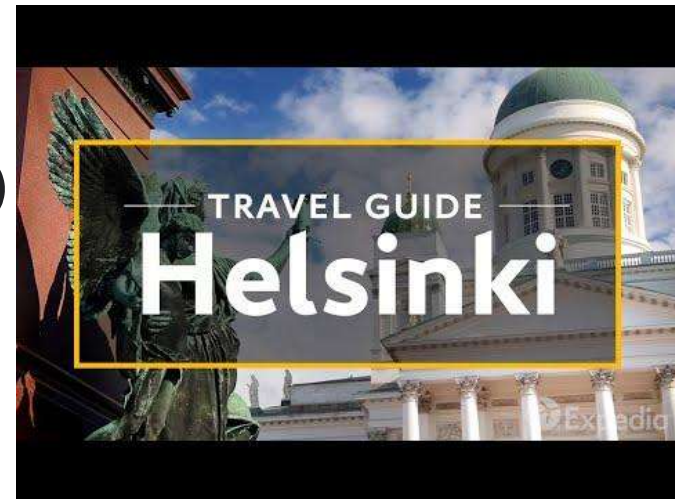


# Today's programme

<b>9-10</b>	<b>Helsinki and its attractions</b>
<b>10-10.15</b>	<b>coffee break</b>
<b>10.15- 11.00</b>	<b>Finnish art, museums and design</b>
<b>11-11.40</b>	<b>sports</b>
<b>11.40-12.15</b>	<b>LUNCH</b>
<b>12.15-14.00</b>	<b>Testing the ETG Quizzes</b>
<b>14.00</b>	<b>Farewell ceremony</b>
<b>14.30</b>	<b>Teachers' project meeting</b>

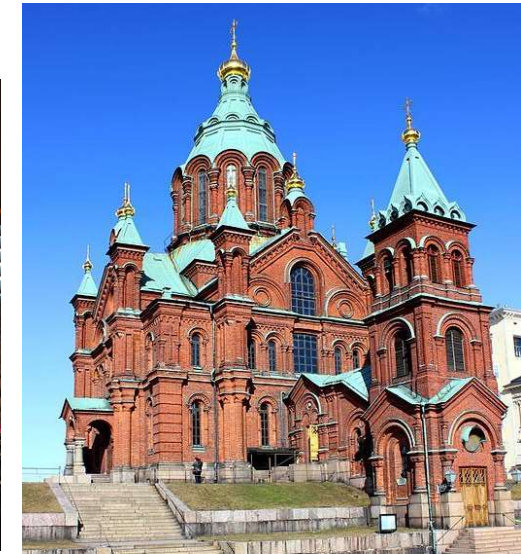
## Helsinki in brief (by Teo)

- is located on the tip of a peninsula and on 315 islands
- was established in 1550 by King Gustav I of Sweden
- became the capital 1812
  - the Emperor Alexander I of Russia wanted to bring the capital closer to Saint Petersburg
- hosted The Olympic Games in 1952
- population of Helsinki in 2020 was 655 395  
(The metro area population of Helsinki in 2020 was 1,305,000)



# TOP 10 ATTRACTIONS (Teo)

- Senate Square & Cathedral
- Uspenski Cathedral
- The Rock Church
- Finlandia Hall
- Open-Air Museum of Seurasaari
- The Central Library Oodi
- Linnanmäki Amusement park
- Korkeasaari zoo
- Olympic Stadium
- Suomenlinna







# Suomenlinna Fortress Island





# Suomenlinna Fortress Island

- is one of Finland's seven UNESCO World Heritage Sites
- was built in 1748 when Finland was still part of Sweden
  - Russians continued to build it after taking over Finland in 1809
- it takes 10 minutes by ferry to get there from central Helsinki
- is a very popular tourist attraction and picnic area
- has a supermarket, a school, a rescue station and an open prison
- has around 800 residents living there







# WINTER IN HELSINKI



# SPRING IN HELSINKI





# SUMMER IN HELSINKI





# AUTUMN IN HELSINKI



## Four seasons





# Reality





## Break time: Suomenlinna (14 min)



# Finnish art (by Toni)

## Famous Finnish painters

- Albert Edelfelt
- Helene Schjerfbeck
- Akseli Gallén-Kallela
- Hugo Simberg
- Tove Jansson



## Architects

- Alvar Aalto (Finlandia Hall)
- Eliel Saarinen (National Museum of Finland, Helsinki Central railway station)

## Composers

- Jean Sibelius
- Kaija Saariaho

## Sculptors

- Emil Wikström (the Lantern Carriers on the front of the Helsinki Central railway station)
- Björn Weckström (Lapponia jewelry)

## Authors

- Mika Waltari (The Egyptian)





# Finnish design (Toni)

- practicality
- simplicity
- durability
- timelessness

**MARIMEKKO** IITTALA

**FISKARS** **ANGRY BIRDS**

[All time top 12 Finnish products](#)



## Marimekko and Aalto vase success stories



Kone elevators and escalators



Nokia cell phones



**NOKIA**  
Connecting People



# Museums in Helsinki

Nationalmuseum (Finnish culture and history)

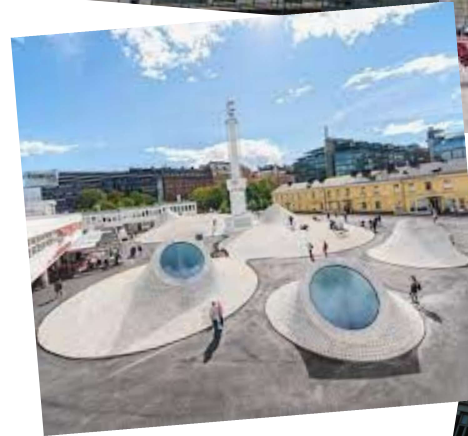
Ateneum (Finnish National Gallery)

Amos Rex ( experimental contemporary art,  
modern classics and ancient cultures)

Designmuseum

Museum of Contemporary Art Kiasma

Suomenlinna virtually



# Finnish sports

- Pesäpallo is our national sport (It is a combination of traditional ball-batting team games and American baseball)
- The Finns love all kind of sports (athletics, winter sports, motor sport



- Finland is three time World Champion in Floorball
- and to be fit we created Nordic walking



## Finnish superstars at the moment:



**Power forward Lauri Markkanen (23 years),  
NBA: #24 Chicago Bulls**



**Tennis player Eemil Ruusuvuori  
(21 years), worldwide ATP ranking 86.**



F1 Driver **Valtteri Bottas** (31 years), F1: Mercedes, 2nd 2020



## Ice Hockey

Goalkeeper **Kevin Lankinen** (25 years),  
NHL: #32 Chicago Blackhawks



Goalkeeper **Tuukka Rask** (33 years),  
NHL: #40 Boston Bruins

Winger **Kaapo Kakko** (19 years),  
NHL: #24 New York Rangers



Center **Aleksander Barkov** (25 years),  
NHL: #16 C Florida Panthers





Centre-Forward **Teemu Pukki** (30 years),  
Championship: #22 Norwich City



**Sami Välimäki** (22 years), World Golf  
Ranking 69.



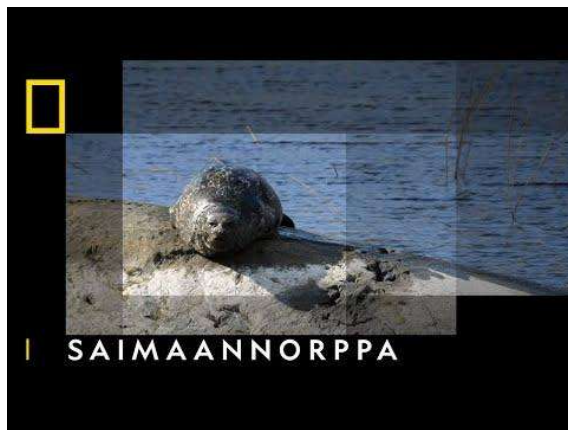
## Break time: Weird and funny Finnish sports

- wife carrying world championships
- Boot throwing championships
- Air guitar championships
- swamp soccer



## Matters of interest

**Saimaannorppa - The Saimaa ringed seal** lives in fresh water and is one the most endangered seals in the world ( total population about 400 individuals)



See the different Finnish animals live duoring spirng and summer:

<https://wwf.fi/luontolive/norppalive/>:

**Northern lights - Aurora Borealis**, a result of disturbances in the magnetosphere caused by solar wind

