

***Erasmus+project 2016-2018: Food and Health- It’s better to prevent than to cure***

in Auce, Latvia, between the 14th and 20th of May 2017.

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| **Sunday,14.05.17.** | Arrivals |
| **Monday,15.05.17.** | All students attend 1st and 2nd lessons.  Teachers have a meeting.  Presentations in the school hall:   * Homework about collaboration with regional /national organizations-presentations, * Homework about different work-outs –videos,presentations.   After presenting homework all students attend last lessons.  Teachers have a planning meeting.  Lunch  All students go home with their hosts after all lessons.  Water aerobics for teachers. |
| **Tuesday,16.05.17.** | All students attend 1st lesson.  Baking bread workshop”Bake your own loaf of bread!” at the bakery “Lāči” .  Lunch at the seaside(depends on the weather), sightseeing in Riga.  Healthy dinner at our collegue’s home |
| **Wednesday, 17.05.17.** | All students attend 1st lesson.  Workshop of healthy cakes and snacks.  Picnic.  Zumba for teachers. |
| **Thursday, 18.05.17.** | All students attend 1st lesson.  Sports activities for students.  Teachers have a planning meeting, best practise in ICT in Auce secondary school.  Mother’s Day Concert  Festive dinner-host families, students, teachers at school. |
| **Friday, 19.05.17.** | All students attend 1st lesson.  A day of succadas in Auce (local manufacturers)  Lunch  Garden - Museum of Grower and Selectionist Peteris Upitis in Dobele – degustation of succadas and healthy snacks, excursion in the lilac garden. |
| **Saturday, 20.05.17.** | Departure |