



## **Erasmus+ trip to Lüganuse Secondary School Estonia**

**February 2018**

## Sunday 11.02.2108

Everybody arrived at Tallinn airport at different times. The first ones to arrive were Latvians, who then had a good time shopping and they were picked up from Ylemiste shopping centre. The next ones were the Netherlands and then came Norway. They all were picked up at Tallinn airport. Some Estonian host students came along to meet their guests. We all sat on a bus and started our ride towards Lyganuse. On our way we made a stop at Viitna for eating dinner.



When the bus reached Lyganuse there were host families, who had come to meet their guests. The students were taken to their homes and the teachers were taken to Saka Cliff Hotel.



Meanwhile, the other bus headed towards Tallinn to pick up Spanish students and teachers, who arrived at Tallinn airport later. They made a dinner stop at Viitna as well and then they came to Lyganuse, the students went to their host families and the teachers were taken to Saka Cliff hotel.

## Monday 12.02.2018

The guests were taken to school at 8.00. The day started with a small welcome ceremony, where the headmaster and the coordinator made a speech and all guests got reflectors to stay visible in dark Estonian winter nights.



After that everybody went to the classroom and all participating countries had their presentations about school canteen survey.

After the presentations the guests had a tour around the schoolhouse and then we went to visit a local shop which is run by the local farmer. We had some healthy snacks there and the farmer told us about his farm, shop and showed us the bakery.

Then we had lunch at the school canteen and after that our bus was already waiting to take us to Estonian border town Narva.

In Narva we visited Narva Castle, where the guide gave us a short overview about Estonian history. All our guests had a walk around the castle and enjoyed the spectacular view to Russia.



After visiting the castle, we went to the nice restaurant, where we ate typical Russian food-dumplings and pancakes. Then we said goodbye to Narva and headed back towards Lyganuse. On our way we visited Valaste waterfall, that is the highest waterfall in Estonia.



Late in the afternoon we arrived at school again and the students went to their hostfamilies. They gathered into one host home and had a good time together playing board games and cards.

Teachers visited Vasta Manor and had a workshop about ICT, learning games and quizzes. After that we had a lovely healthy dinner made by the headmistress of that school.

## **Tuesday 13.02.2018**

At 8.00 everybody arrived at school where we had presentations and videos about one healthy dish. Then teachers had their first meeting and students prepared healthy salads, in mixed groups. Afterwards teachers and students tasted these salads and voted for the best one.



After lunch we went to a Tagavälja farm, where we fed farm animals, had a sleigh ride and did a lot of Shrove Tuesday activities. Finally we went indoors, where the hostess told us about Estonian breadmaking traditions. She demonstrated how to make this kind of black

bread. After that she started making butter from cream and the students could help her. In the end, she sliced bread and everybody could taste it with the butter and honey.



Then the students went back to their hostfamilies. After eating dinner they went to the Pyssi youth club and watched films there.

Teachers went to the headmaster`s place, where they had dinner and did some handicraft as well. Everyone could make a fridge magnet with Estonian national pattern octagon.

## **Wednesday 14.02.2018**

At 8.00 everybody arrived at school. This day we went to Tartu, one of the biggest town of Estonia. Here we had a guided tour around the old part of the town and Toomemägi. The tour ended in front of the Tartu University.



After that we had a walk to Science Centre Ahhaa. We had some time to look around there and then we had a chocolate making workshop.



Then we had again some time for having fun in the science centre.



After that we had some time for shopping and buying souvenirs and then we went to visit the Upside Down House.



We made a lot of funny photos there and then we headed back towards Lügänuše.

Students went to their host families and teachers had a delicious dinner at Saka Manor restaurant.

## Thursday 15.02.2018

At 8.00 everybody arrived at school. The students started their day with sport activities. Teachers had their second meeting, where they discussed the exchange to Spain, in May and the proceeding project.



After an early lunch we went by bus to the Estonian Mining Museum, where we had a guided tour into the mines.

The guide told us about the history of mining oil shale and took us to an old oil shale mine, where we saw different mining tools and machines that were in use about 30 years ago. We could also have a ride by underground mine train.



From the Mining Museum the bus took us to Pannjärve, where we had fun with snowtubing. Everyone got a snowtube and we had two hours for having fun . We all enjoyed it very much.



Then students went back to their hostfamilies, and most of them went bowling later in the evening. The teachers went to spend a lovely evening in the Toila Sauna Centre. After relaxing in different saunas, they had dinner in restaurant of the Centre.

## **Friday 16.02.2018**

At 8.00 everybody arrived at school. Estonians made a presentation about healthy lifestyle. The teachers had their third meeting and the evaluation of this Exchange. The students made posters about healthy lifestyle in mixed groups. While doing this they had discussions and suggestions about how to improve food and sports habits to get the best healthy lifestyle. After that the students and teachers prepared healthy snacks for the farewell party.







In the afternoon students had some time for playing volleyball in the schoolgym. Even some teachers joined in with this friendly competition.

In the evening all participants, host families and schoolchildren gathered into Püssi Culture House for a concert that was dedicated to 100th anniversary of the Republic of Estonia and for the farewell party. The students of Lügänuuse school gave a nice concert, all participants got their certificates and presents and after that everybody gathered around the snack table. For everybody`s surprise, there was a big cake and lots of delicious snacks.



At about 9 o`clock Norway and Spain sat on a bus , said goodbye to their Estonian friends and started their journey home. They went to Tallinn, where they spent the night in the hotel and in the morning they boarded the plane.

## **Saturday 17.02.2018**

At about 8 o'clock in the morning Latvia and the Netherlands gathered school to start their journey home. They said goodbye to their host families and sat on a bus. They reached Tallinn at about 10 o'clock and then they had some time to discover Tallinn. They walked around in Tallinn Old Town , went shopping and then boarded their planes . Everybody reached home safely.



Thank you all for the wonderful week. It was great to spend time with you and we hope, you got good memories and experiences from Estonia as well.