**Evaluation report Exchange the Netherlands 12-18 November 2017**

**Sunday:** Everybody arrived at Schiphol and we were all picked up by bus. The Dutch students came along and met their guests at the airport. We drove to Emmeloord where the students were met by their host families. The teachers went to the hotel and had a nice dinner.

**Monday:** Everyone arrived at school at 8.30 where the headmaster had a welcome speech. She presented the Dutch educational system and told us the history of Noordoostpolder. The Dutch students showed their guests around the school and the teachers also got a guided tour of the school. After a short break we had the presentations about fast food. Then we had a healthy lunch. During the afternoon we had a guided tour through Noordoostpolder and Urk. We visited a chicory farm and after that we drove to Urk which is an old fisherman’s town and former island. On Urk we tried kibbeling and herring, typical Dutch food. On our way back, we drove along Schokland and then back to school. The students were picked up by their host families. In the evening the teachers prepared a healthy dinner at a colleague’s place.

**Tuesday:** We arrived at school at 8.30. The guest students followed the first and second lesson with their Dutch host student. The teachers had the first meeting. We had an exchange of best practices, T&L about Quizlet, Google forms, Openshot, eTwinning, updated the digital platforms for dissemination on Twin Space. Our project received a diploma from eTwinning. After a break, the students held their presentations about the survey on lifestyle of elderly people. Then the teachers had a healthy lunch and the students brought lunch from home. When we had finished the lunch we went ice-skating in Heerenveen. The host parents were also involved in this activity. Everyone enjoyed this sport. The students went home to their host families, and the teachers had a dinner.

**Wednesday:** We went by bus to Enkhuizen, where we first had a nice walk through the town and then visited the Zuiderzee museum. On our way to Amsterdam we had a typical Dutch lunch. Arriving in Amsterdam, we started with a canal tour and got a good impression of the city. Afterwards we had a walking tour to the city centre, and then we had some free time. We finished this day by taking the ferry across the IJ, where the bus was waiting for us and drove us back to Emmeloord. The students were picked up by their host families, and the teachers had a nice dinner.

**Thursday:** We arrived at school at 8.30. The guest students followed the first and second lesson with their Dutch host student. The teachers had the second meeting, talking about the exchange to Estonia, and we got a digital presentation from a biology teacher about how to use Ipads in class. We also talked about the project preventing alcohol and drug abuse done by all schools in the Noordoostpolder. After a short break, the students followed different practical lessons and made alternative protein snacks. The teachers also visited different lessons and then had a wonderful healthy lunch made by students. In the afternoon there were different sports activities: football, free running, dancing, fitness and squash. In the evening most of the students met each other and had fun, and the teachers prepared a delicious dinner at school.

**Friday:** We met at school at 9.30 and drove to a regional biological farm, where they produce sustainable food. The students were free to go home after this activity, to prepare food for the farewell dinner. The teachers had lunch made of products from the farm. Back at school the teachers had the third meeting writing the evaluation and discussing the next exchanges in Estonia and Spain. In the evening all host families, students and teachers got together at school having a great farewell dinner and everyone involved in this exchange received a certificate.

**Saturday:** The bus drove all the guests to the airport.