A 40 THIS IS WHAT IT TASTES LIKE

Objectives: - to find recipes in which they will use organically grown products

* to realize how important is a healthy diet
* to see the difference in taste between the ingredients produced oranically and conventionally
* to start a healthier life style
* to make a short video presentation
* to present the final product to the others
* to use different programmmes to make the video

*Development of the activity*:

Step 1

The students are told the purpose of this activity: to make a healthy dish using one of the products they learnt about in the provious activities.

Step 2

The students can work alone, in pair or in small groups ( it’s their choice) . They will think about a product. Then they will write down the recipe and cook it.

They will make a short video presentation of the product, using a learnt programme.

Finally they will present the product to the others. They describe it giving reasons for their choice.